

# 2013 Active Adult Health & Wellness Fair



**Wednesday, May 15th  
9:30 am - 1:00 pm**

Unleash the power of your age with a mile long walk through beautiful Kelley Park, engage in fun fitness demonstrations at the Health Fair, gather invaluable resources from vendors, enjoy lunch, and get the chance to win great door prizes.

Pre-registration is required.

Free parking for this event is provided in the dirt LOT 1 off Phelan Road. Disabled parking is available in the paved LOT 2, located off Senter Road.



*Parks, Recreation and  
Neighborhood Services*



OLDER AMERICANS MONTH 2013



Department of  
Aging and Adult Services

For more information or to pick up a registration form, please contact your local San Jose Senior Center or Molly Medeiros at 408-535-3579 [molly.medeiros@sanjoseca.gov](mailto:molly.medeiros@sanjoseca.gov)

Participant Registration Form

# 2013 Active Adult Health & Wellness Fair

## 50+ Wellness Fair and Fun Walk

Presented by the City of San José & County of Santa Clara

Wednesday, May 15, 2013 - 9:30 a.m. to 1:30 p.m.  
SAN JOSE HISTORY PARK, 1650 Senter Road, San José

FREE ADMISSION WITH REGISTRATION: Please fill out form below  
(Lunch for the first 500 registered participants)

NAME \_\_\_\_\_ TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ TELEPHONE \_\_\_\_\_

Please check here if you need a vegetarian meal

Return completed form to San Jose City Hall, 9<sup>th</sup> Floor, 200 East Santa Clara Street, San José CA 95113  
or to your local City of San José Senior Center.

For more information call Molly Medeiros (408) 535-3579 or email [molly.medeiros@sanjoseca.gov](mailto:molly.medeiros@sanjoseca.gov)

**Please read and sign the following:**

I, the undersigned, in consideration of participation in the Wellness Fair & Fun Walk, agree to indemnify and hold the City of San José harmless, and release the City of San José from any and all liability for any injury which may be suffered by myself arising out of or in any way connected with the participation in this event except as arises out of the sole willful act or sole active negligence of the City of San José, its officers, agents or employees.

I understand that the City of San José may photograph or videotape the event or activities in which I am participating. I give my permission for the City to use photographs or videotape of me for the purposes of promoting the City of San José and its services/programs. I give my permission with the following understanding: No compensation of any kind will be paid to me at this time or in the future for the use of my likeness. I HAVE READ THE ABOVE AGREEMENT AND FULLY UNDERSTAND THAT I ASSUME ALL RISKS FOR INJURY RECEIVED.

Signature \_\_\_\_\_ Date \_\_\_\_\_



Department of  
Aging and Adult Services

It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination on the basis of race, color, religion, sex, national origin, ancestry, physical or mental disability, age, sexual orientation, gender identity, marital status, medical condition (cancer related, AIDS, HIV) or other non-merit factors. It is also the City's policy to afford people with disabilities access to City services, programs and facilities.



Parks, Recreation and  
Neighborhood Services



# 2013

## ACTIVE ADULT HEALTH & WELLNESS FAIR

**MAY 15 2013**

**9:30AM - 1:00PM**

**HISTORY SAN JOSE**  
CORNER OF SENTER AND PHELAN ROADS  
PRE-REGISTRATION IS REQUIRED.

### UNLEASH THE POWER OF YOUR AGE

with a mile long walk through beautiful Kelley Park, engage in fun fitness demonstrations at the Health Fair, gather invaluable resources from vendors, enjoy lunch and get the chance to win great door prizes.

In celebration of Older American's month, the City of San José's Parks, Recreation and Neighborhood Services is proud to announce the return of the Active Adult Health and Wellness Fair. Older Americans are productive, active and influential members of our society and should be recognized as such. This year's celebration encourages older Americans to stay engaged, active and involved in their own lives and in their communities.

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Approved for Posting by Acting Director of PRNS