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Drunk Driving: Know the Real Costs

*in adolescent substance abuse treatment / drinking / e-news
by lindsay ridgeway may 6, 2015 0 comments*

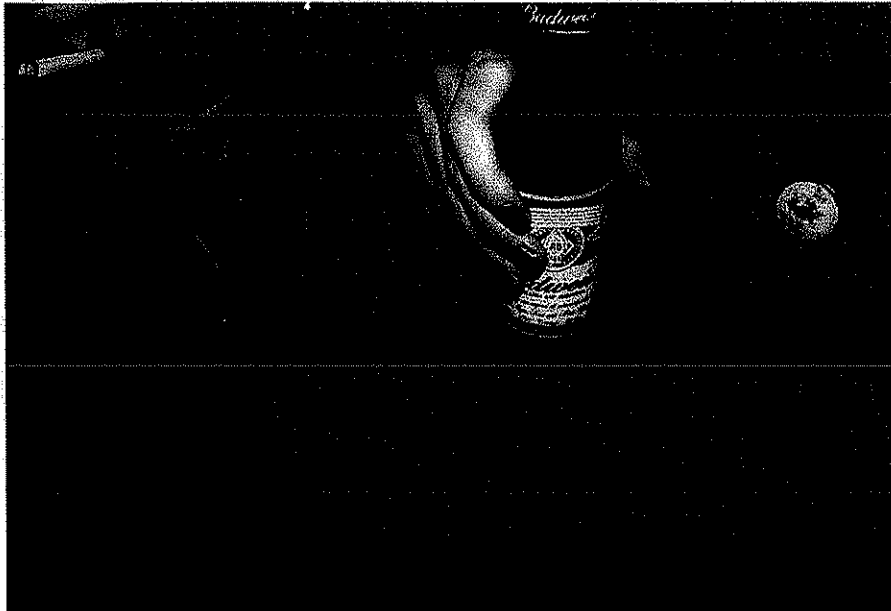
Author: Monica Ippolito, Marriage & Family

Therapist Intern, Adolescent Substance Abuse Treatment

Program As we leave Alcohol Awareness Month (April), it is
fitting to review and clarify California's laws on Driving Under

the Influence (DUI). When a police officer pulls you over or you drive through a DUI checkpoint, you will be asked several questions and are [...]

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National trends for substance use among adolescents parallels local youth opinions

*in alcoholism / drugs & alcohol / electronic cigarettes / marijuana / smoking / teenage smoking by lindsey leason
january 13, 2015 0 comments*

image: Shay "Cigarettes and Alcohol" By: Monica Ippolito ACS Outpatient Counseling Services Intern Recently the National Institute on Drug Abuse released a study that the University of Michigan conducted in their Monitoring the Future Study on what trends are popular among middle and high school students across the country. The study looked at usage of [...]

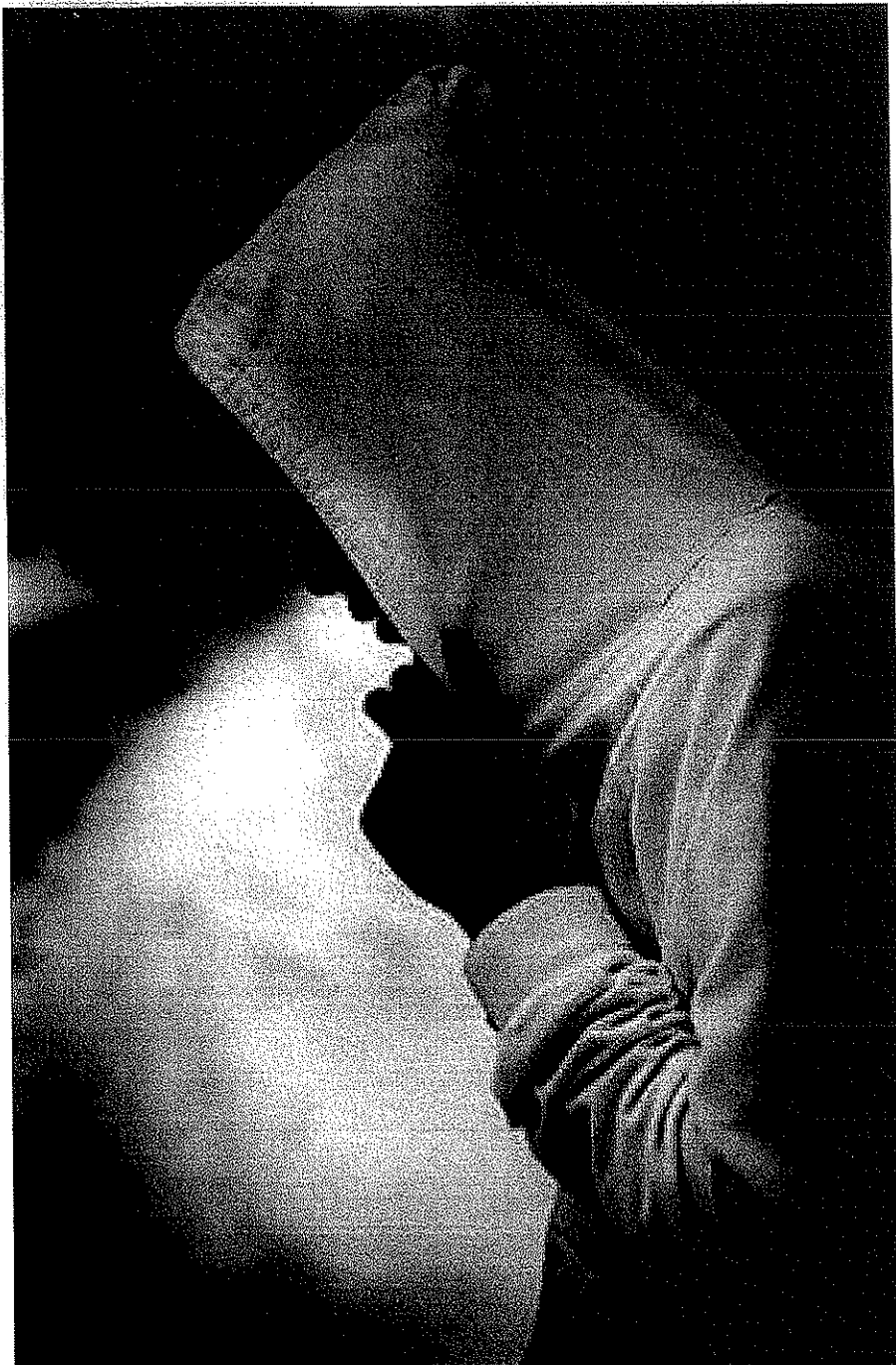
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Co-Occurring Disorders: Treatment

in alcoholism / co-occurring disorders / cocaine / depression / drinking / drugs & alcohol / heroin / marijuana / mental health / mental illness / molly-ecstasy / other / post traumatic stress disorder / prescription drugs / recovery / sleep / stress / treatment by acsteens july 15, 2014 0 comments

By: JoAnn Kukulus, M.S. Clinical Psychology BBS Registered Intern at Adolescent Counseling Services Part II of blog series on Co-Occurring Disorders Read Part I: Co-Occurring Disorders: Diagnosis Regardless of which issue presented first, mental health or alcohol/substance abuse, recovery depends on acknowledging and treating both the alcohol/substance abuse and the mental health issue. The most [...]

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Co-Occurring Disorders: Diagnosis

*in alcoholism / co-occurring disorders / cocaine / depression / disorders / drinking / drugs & alcohol / marijuana / mental health / molly-ecstasy / other / recovery / risky behaviour / self-harm / stress by acsteens
july 8, 2014 1 comments*

By: JoAnn Kukulus, M.S. Clinical Psychology BBS Registered
Intern at Adolescent Counseling Services Increasingly at

Adolescent Counseling Services, we are encountering clients who are struggling with both alcohol or substance use/abuse and mental health issues such as depression, anxiety, bi-polar disorder, and the effects of trauma (PTSD). The intersection of these conditions is rapidly gaining [...]

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What Does an Alcoholic Look Like?

in alcoholism / drugs & alcohol / recovery / substance abuse by acsteens june 10, 2014 0 comments

By Liza Source: NotMyKid.org I recently had the opportunity to sit down with a lovely woman by the name of Brenna. As she sat in the black leather chair, her legs casually swung causing a small ripple through her long grey skirt. She wore a genuine smile and her brown eyes were peaceful. What you [...]

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Teens and Parties

in drinking / drugs & alcohol / parent tips / parent-teen communication / parenting / setting boundaries / teaching mindfulness / teen partying by acsteens march 20, 2014 0 comments

By: JoAnn Kukulus, MS, MFTI ACS Intern When our children were young, we parents had a hand in just about everything they did. We took on the responsibility of organizing and structuring their time in such a way that we knew what they were doing each minute of each day. If we couldn't actually oversee the [...]

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Warning about new drug “DOC” after teen overdoses

in drugs & alcohol / other / uncategorized by acsteens march 18, 2014 0 comments

Source: <http://sanfrancisco.cbslocal.com/> A warning letter to Mountain View High School parents said it's believed the substance is a synthetic drug known as "DOC" (2,5-Dimethoxy-ChloroAmphetamine), which is similar to LSD and combines hallucinogenic and amphetamine chemicals. The drug has been around since the early 1990s but may be relatively new on the high school scene. Police say [...]

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My Teen Does Not Think Marijuana is Dangerous- What Do I Say

in drugs & alcohol / marijuana / medical marijuana / parenting / smoking by acsteens december 5, 2013 0 comments

Source: Yourteenmag.com Expert: Mark McConville Ph.D.
QUESTION: My teen does not think that marijuana is dangerous. He thinks it should be legal and as far as he is concerned, everyone he knows uses it with any detrimental effort. So why shouldn't he? What can I do to convince him otherwise. Yours is an increasingly common challenge for [...]

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Walking While Intoxicated Causes One-Third of Pedestrian Fatalities

in drinking / drugs & alcohol by acsteens august 7, 2013 0 comments

Source: USA Today Joan Lowy, The Associated Press 8:35 p.m. EDT August 5, 2013 WASHINGTON (AP) — Just as drinking and driving can be deadly, so can drinking and walking. Over a third of U.S. pedestrians killed in 2011 had blood alcohol levels above the legal limit for driving, according to government data released Monday. [...]

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Solvent Abuse-What is It?

in drugs & alcohol / solvent abuse by acsteens july 26, 2013 1 comments

In ACS' Adolescent Substance Abuse Treatment Program (ASAT) it is common to hear teens share about the different substances they use to get "high". Top among these substances are items that can easily be found around the house- solvents/inhalants. Household solvents can be very dangerous if used to get high and the highest risk group [...]

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ADOLESCENT SUBSTANCE ABUSE TREATMENT (ASAT)

Studys Show Substance Abuse Use Higher in Teens with Mental Health Issues

*in co-occurring disorders / drugs & alcohol / mental health /
smoking / teenage smoking / uncategorized by acsteens
february 14, 2013 0 comments*

Two studies have recently come out showing a higher prevalence of substance abuse and cigarette use amongst adolescents with mental health disorders. The first study published in the Journal of the American Academy of Child and Adolescent Psychiatry revealed a significantly higher prevalence of substance abuse and cigarette use by adolescents with attention deficit hyperactivity [...]

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Synthetic Marijuana Causes Serious Health Problems

in drugs & alcohol / marijuana / synthetic marijuana / uncategorized by acsteens december 6, 2012 1 comments

Post from CBSnews.com By:Michelle Castillo A new report shows synthetic pot sent 11,406 people to the emergency room in 2010. The number pales in comparison to the 461,028 people who went to the ER for marijuana-related causes in 2010, but it's still a large number that's concerning officials. One-third of the people who went to [...]

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“Medicine Abuse Project” -New Campaign to fight Prescription Drug Abuse

in drugs & alcohol / prescription drugs by acsteens september 26, 2012 0 comments

Prescription drug abuse in America is becoming increasingly alarming by the minute. According to the National Institute on Drug Abuse (NIDA), there were approximately 7 million people in the U.S. who reported nonmedical use of psychotherapeutic drugs in 2010. Pain relievers remain as the most widely abused medications, followed by tranquilizers, stimulants, and sedatives. Among [...]

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Use of Pot in Teen Years Linked to IQ Decline by Age 30

in drugs & alcohol / marijuana / medical marijuana / uncategorized by acsteens august 30, 2012 0 comments

As recent studies have shown that marijuana use is extremely popular with adolescents, more so than alcohol and tobacco, further research, just released in the Proceedings of the National Academy of Sciences, finds that habitually smoking marijuana before age 18 showed an eight-point drop in IQ between the ages of 13 and 38, a considerable [...]

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Medical Marijuana Sharing Amongst Adolescents

in marijuana / medical marijuana / substance abuse by acsteens august 14, 2012 0 comments

As medicinal marijuana is more available in some states, via legal marijuana dispensaries, a new study from the University of Colorado School of Medicine found that it is very common for adolescents in substance abuse treatment programs to use medical marijuana recommended to someone else (also known as "diverted" medical marijuana). The study, "Medical Marijuana [...]"

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How to Keep Your Teen's Safe in the Summer

in drugs & alcohol / mental health / parenting / teen motivation by acsteens july 18, 2012 0 comments

Summer time for a teen can be a great time to unwind from a stressful school year, get a part-time job for extra spending money, or prepare for future challenges such as; college prep tests, college applications, AP classes or driving tests. For some teens it can also mean a plentitude of idle time without [...]

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Health care costs drop if adolescent substance abusers use 12-step programs

in drugs & alcohol / prevention / recovery / uncategorized by acsteens may 31, 2012 0 comments

A recent study by researchers at the University of Wisconsin School of Medicine and Public Health, published in the journal Drug and Alcohol Dependence, shows that the use of 12-step programs, such as Alcoholics Anonymous, by adolescents with a history of drug and alcohol abuse not only reduces the risk of relapse but also leads [...]

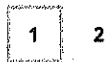
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Marijuana is Most Popular With Teens, How to Notice the Signs of Use

in drugs & alcohol / marijuana / parent tips / parenting / prevention / recent trends / substance abuse by acsteens april 12, 2012 0 comments

Since marijuana use among teens is thought to be more widespread than alcohol, About.com has posted some very informative statistics about marijuana use amongst teens. These statistics come from trusted government studies and prevention organizations and they tell a powerful story about when our children begin using substances like marijuana. Here are just a few: [...]

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