



BHB Older Adult Committee FY16 MHSA Annual Update Planning Meeting

JULY 13, 2015, 9:00AM-10:30AM

DOWNTOWN MENTAL HEALTH CENTER

1075 E. SANTA CLARA STREET, 2ND FLOOR, TRAINING ROOM #3



Revised 7/8/2015

FY16 MHSA Annual Update Planning Meeting Agenda

- I. Planning and Timeline
- II. Meeting Overview
- III. Adult and Older Adult Division
- IV. Integrated Behavioral Health Division
- V. Additional Information
- VI. Comments and Questions



FY16 MHSA Annual Update Planning Meeting Planning and Timeline

- County's MHSA FY15-17 Three-Year Plan approved in fall of 2014
- Counties are required to provide an annual update to the County's plan
- FY16 MHSA Annual Update instructions www.mhsoac.ca.gov
- Community Planning Process Timeline - Refer to handout



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FY16 MHSA Annual Update Planning Meeting Overview

By programming division:

1. Program/Service Description
2. Program/Service Outcomes
3. FY16 Initial Recommendations
4. MHSA Funding: FY15 Approved and FY16 Proposal



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FY16 MHSA Annual Update Planning Meeting

Adult and Older Adult Division: Older Adult Programming



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CSS OA01 Plan: Older Adult Full Service Partnership Program/Service Description

- Intensive wraparound services for older adults designed to meet comprehensive needs of unserved or underserved seriously mental ill older adults.
- Total # of Clients Served Annually: 40
- # of Programs: 2
- Total MHSA Funding: \$390,074



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CSS OA02-04 Plan: Older Adult Behavioral Health Services Outpatient Redesign

Program/Service Description

- Improved design for age-appropriate access, engagement, screening, assessment and level of care for older adult clients using a broad continuum of care from community mental health education for older adults to intensive mental health treatment, including psychiatric care.
- Total # of clients served annually: 225 individual receive services, in addition seniors participants of the City of San Jose Senior Nutrition programs received mental health education at 112 lunch time presentations.
- # of Programs: 3
- Total MHSA Funding: \$1,687,541



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INN-04 Plan: Elders' Storytelling Project

Program/Service Description

- Innovation (INN) project develops and tests a model to increase quality of services for isolated, moderately depressed older adults, who primarily speak either Spanish or Vietnamese. The project provides a culturally-based "storytelling" approach and utilizes the traditional role of elders to transmit culture to develop and present their life story in the presence of family and community.
- Total # of clients served annually: 85 clients
- # of Programs: 1 (language specific services are provided for Spanish speaking and Vietnamese speaking elders)
- Total MHSA Funding: \$480,385



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A/OA Division Program/Service Outcomes

- **Identified Outcomes:** Increase access to mental health treatment for older adults in locations of their choice, such as the home for 49 adult and 298 older adults with mental illness in FY14.
- **Data:** The ethnic breakdown of the clients served is as follows: 32.5% Asian/Pacific Islander, 4% African, 18% Latino, 5% other, 27 % unknown, 32.5% European, and no Native American.
- **Evaluation:** The Elders' Storytelling Project is being evaluated by an outside evaluator.
- **Initial Findings :** Older adults with a mental illness positively respond to mental health treatment in their home.



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A/OA Division FY16 Initial Recommendations

Program changes related to outcomes and findings:

- Increase focus within all existing programs for language and cultural competency and increase outreach, engagement, and age-specific direct services for the following unserved or under served groups with mental illness:
 - Isolated seniors, especially those that are homebound
 - High-risk older adults with serious mental illness and medical conditions and with family, housing and financial challenges that exacerbate their mental health needs
 - LGBTQ Older Adults who require specialized mental health services



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A/OA Division FY15 Approved and FY16 Proposal

Initial Recommendations as of June 2015:

Component	FY15 Approved	FY16 Proposal	Change
CSS	\$2,077,615	\$2,052,359	(\$25,256)
PEI	\$-	\$-	\$-
INN	\$480,385	\$280,225	(\$200,160)
WET	\$-	\$-	\$-
CFTN	\$-	\$-	\$-
Total*	\$2,558,000	\$2,332,584	(\$225,416)
% Change			-8.8%

*MHSA Work Plans: CSS Plans OA01, OA02-04, INN projects INN-04

FY16 Proposal includes:

- Placeholder for FY16 Contractor Cost of Living Adjustment (COLA) pending completion of County labor negotiations.
- County personnel budget adjustments based on current cost projections from the County's Office of Budget Analysis.



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Integrated Behavioral Health Division: Older Adult Programming



PEI P4 Plan: Primary Care / Behavioral Health (PC/BH) Integration for Adults and Older Adults

Program/Service Description

- Services include: screening for BH issues; providing PEI services to adults/older adults and treating collaboratively with PC; providing County staff support to PCBH program operations and line staff; and offering training by UMASS & IMPACT to PCBH clinical staff.
- Number Served
 - VMC operated Program > 5,200 PEI patients annually across 6 clinics
 - PCBH CBOs contractors > 770 PEI patients
 - PEI- A/OA CBO contractors - 105 individuals through 3/31/15 (contracted to serve 73 individuals for FY15)
- # of Programs: 4
- Total MHSA Funding: \$5,239,006



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IBH Division Program/Service Outcomes

- **Outcomes:**
 - PCBH: PHQ9-Patient Health Questionnaire scores. CBO/County exceeded outcome objectives of at least 25% of PCBH patients achieving clinically significant improvement, as measured through the PHQ9 (a min.5 pt reduction)
 - PEI A/OA - meeting process outcomes of serving target population for a period not to exceed one year
 - Training Outcomes
 - 100% of all BH Clinicians trained in Problem Solving Therapy (PST) certified by their trainers
 - UMASS Pre & Post results: Staff have improved understanding of PCBH
- **Evaluations:** Mid-year data is presented above; FY annual data pending analysis
- **Findings:** While the PCBH are achieving or surpassing their goals, there is still more refinement needed to improve interdisciplinary collaboration in Primary Care.
 - PEI-A/OA- Need to align all PEI A/OA contractors to serve OA only, and identify outcome metrics by December 2015



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IBH Division FY16 Initial Recommendations

- PCBH – Maintain Funding for FY16
- PEI Adult/Older Adult –
 - Recommend Maintain Funding for this One-Time funded program in FY16
 - Align all CBO contracts to serve Older Adult only and define outcome metrics by December 2015
- Staffing: Maintain funding to support ongoing refinement of VMC PCBH program



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IBH Division FY15 Approved and FY16 Proposal

Initial Recommendations as of June 2015:

Component	FY15 Approved	FY16 Proposal	Change
CSS	\$-	\$-	\$-
PEI	\$5,239,006	\$5,085,183	(\$153,823)
INN	\$-	\$-	\$-
WET	\$-	\$-	\$-
CFTN	\$-	\$-	\$-
Total*	\$5,239,006	\$5,085,183	(\$153,823)
% Change			-2.9%

*MHSA Work Plans: PEI P4 Plan

FY16 Proposal includes:

- Placeholder for FY16 Contractor Cost of Living Adjustment (COLA) pending completion of County labor negotiations.
- County personnel budget adjustments based on current cost projections from the County's Office of Budget Analysis.



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FY16 MHSA Annual Update Planning

Comments / Questions

Your Voice Matters!



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FY16 MHSA Annual Update Planning Meeting Additional Information

- Please provide input/feedback through the use of the provided comment form
- For additional questions about the planning process: please contact Jeanne Moral, MHSA Coordinator, at 408-885-6867; jeanne.moral@hhs.sccgov.org
- MHSA Email Distribution List - If you are currently not part of the County's MHSA email distribution list and would like to be included please send email request to alexandra.weight@hhs.sccgov.org



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