

# April 2012 Senior Wellness Initiative Group

MON	TUE	WED	THU	FRI
2	3	4	5 Salsa Dance Group 1:30-2:30pm	6
9	10	11 Sewing Group 11- 1pm Rm 205- A	12 Salsa Dance Group Practice 1:30-2:30pm	13
16	17 Walking Group 12:30 -1:30pm meet at 111 -B	18 Sewing Group 11- 1pm Rm 205- A	19 Salsa Dance Group 1:30- 2:30pm	20
23	24 Social Sup- port Group 1-2pm Rm. 111-A	25 Beading Group 11- 12pm Rm 205 -A	26 Salsa Dance Group Practice 1:30-2:30pm	27
30 Board Games Group 1- 2pm 111-A				

Funded By:



**Please RSVP with  
Veronica at 408-  
975-2730 ext. 307**

All seniors 60  
and above years  
old are invited  
to attend, free  
of charge.