

Environmental Influences on Youth Substance Use

According to the California Healthy Kids Survey conducted from 2009-2011, substance use of any amount for youth in 7th through 12th grades is 35%. With the proliferation of marijuana dispensaries, corresponding advertising, and easy access to marijuana, usage among youth has increased.

Gabrielle Antolovich, Voices United, will present the latest research that indicates youth, substance use and mental health issues are more intertwined than previously understood. She will also provide an overview of evidence-based approaches, how objectives/assessment work, and how youth can be involved in changing their environment to reduce youth access to alcohol and other drugs.

This presentation provides an outstanding resource for schools, parents, youth, practitioners, and communities and can be adapted by teachers as Service Learning Projects, by Mental Health Workers as empowering exercises and by parents as bonding experiences.

What: Presentation to Santa Clara County Mental Health Board's Family, Adolescent and Children's Committee

When: Thursday, September 12, 2013 (2 - 3:30 pm)

Where: Downtown Mental Health Center, 1075 E. Santa Clara Street, San Jose 2nd Floor, Training Room 3