

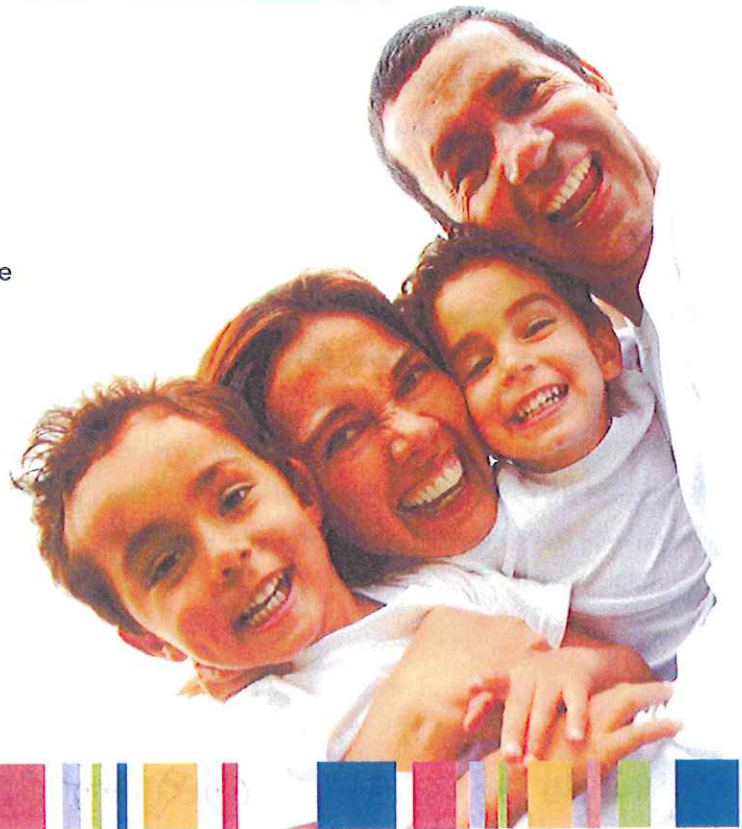
Family Resource Centers provide many FREE programs, services, and activities for families with children, birth through age 5.



FIRST 5 Learning Together Initiative: A Place-Based Approach

Family Resource Centers

- Fun and educational parent/child activities
- Child art enrichment activities
- Information on community resources
- Application assistance for Medi-Cal, Healthy Families, and Healthy Kids insurance programs for children
- Developmental Screenings for children under 6 yrs of age
- Parent Workshops and Seminars
 - » Preschool and kindergarten readiness
 - » Nutrition, health and wellness
 - » Positive Parenting Program (Triple P)
 - » Parent Leadership (Abriendo Puertas/Opening Doors)
 - » Child language and literacy development (SEEDS)
- And much more!!



Family Resource Center Sites



MACSA (Mexican American Community Services Agency)
Family Resource Center, Bldg. K-1
385 I.O.O.F Avenue, Gilroy, CA 95020
(408) 846-5999

Captain Jason Dahl Family Resource Center, Bldg. P-1
3200 Water Street, San José, CA 95112
(408) 361-4281

Sacred Heart Community Service
1381 South 1st Street, San José, CA 95110
(408) 278-2176

Somos Mayfair
370-B South King Road, San José, CA 95116
(408) 251-6900

Santee Family Resource Center, Rm. 23
1313 Audubon Way, San José, CA 95122
(408) 420-1932

IHC (Indian Health Center) Family Resource Center, Ste. #140
25 North 14th Street, Ste. 140, San José, CA 95112
(408) 445-3400


SJB Northwood Family Resource Center, Bldg. 700
2760 East Trimble Road, San José, CA 95132
(408) 684-4785

The Health Trust Family Resource Center
46 Race Street, San José, CA 95126
(408) 380-8600

Catholic Charities Family Resource Center
4 Wabash Avenue, San José, CA 95128
(408) 380-8600

Mercy Street Family Resource Center
748 Mercy Street, Mountain View, CA 94041
(650) 967-4813

Fairwood Family Resource Center, Bldg. 203
1110 Fairwood Avenue, Sunnyvale, CA 94089
(408) 684-4785



Los Centros de Recursos Familiares ofrecen programas, actividades, y servicios GRATUITOS para las familias con niños recién nacidos hasta los 5 años de edad.



Iniciativa Aprendiendo Juntos FIRST 5: Un lugar central familiar

Los Centros de Recursos Familiares

- Actividades educativas y divertidas para los padres y niños
- Actividades del enriquecimiento de las artes para los niños
- Información sobre recursos comunitarios
- Asistencia de inscripción en el programa de seguro médico para niños Medi-Cal, Healthy Families, y Healthy Kids.
- Evaluaciones del desarrollo para niños menores de 6 años
- Talleres y seminarios para los padres
 - » Preparación preescolar y del kindergarten
 - » Nutrición, salud y bienestar
 - » Programa Crianza de Niños Positiva (Triple P)
- Liderazgo de Padres (Abriendo Puertas / Opening Doors)
- Desarrollo del lenguaje y lectura temprana (SEEDS)
- ¡¡Y mucho más!!



Sitios de los Centros de Recursos



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