

OFFICE OF FAMILY AFFAIRS



Kamillah Gallofin, Lead Mental Health Peer Support Worker

Diana Guido, Mental Health Peer Support Worker

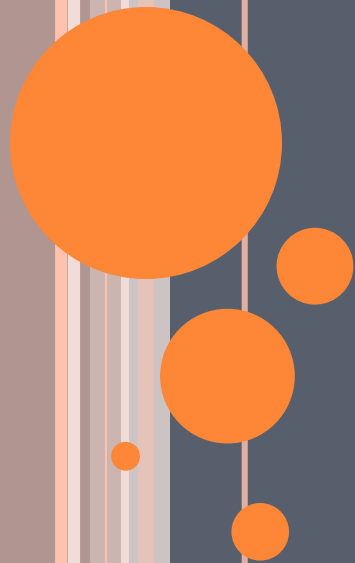
Juan Perez, Mental Health Peer Support Worker

Maria Gonzalez, Intern

Jeannette Ferris, Senior Mental Health Program Specialist

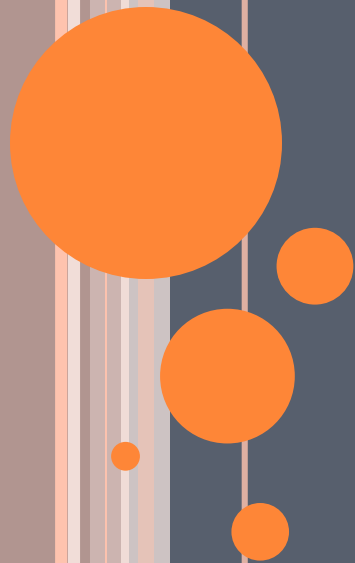
MISSION STATEMENT

To empower family members and their loved ones, who are receiving services in the Santa Clara County Mental Health system, with accessible education, support, and resource opportunities.



FAMILY AFFAIRS GOALS

- ❖ Reduction of subjective suffering from mental illness
- ❖ Increase natural networks of supportive relationships
- ❖ Increase in self-help and consumer/family involvement



FAMILY AFFAIRS – FY 15 OBJECTIVES

- ❖ In FY 15 Family Affairs staff will start providing education, information and peer support in BAP.
- ❖ In FY 15 Family Affairs staff will continue providing peer support in Urgent Care
- ❖ By the end of FY15 two Wellness Recovery Action Plan (WRAP) groups per quarter will have been completed (1 English and 1 Spanish)
- ❖ Updating and revising marketing materials

FAMILY AFFAIRS SERVICES

- ❖ Provides one on one support
- ❖ Provides information and education
- ❖ Offers family support/WRAP group.
- ❖ Advocate for clients in the mental health court system
- ❖ Help families navigate the MH system
- ❖ Links families and individuals to services
- ❖ Provides a warm hand off to drug and alcohol services

PROCESS MEASURES – FY 15

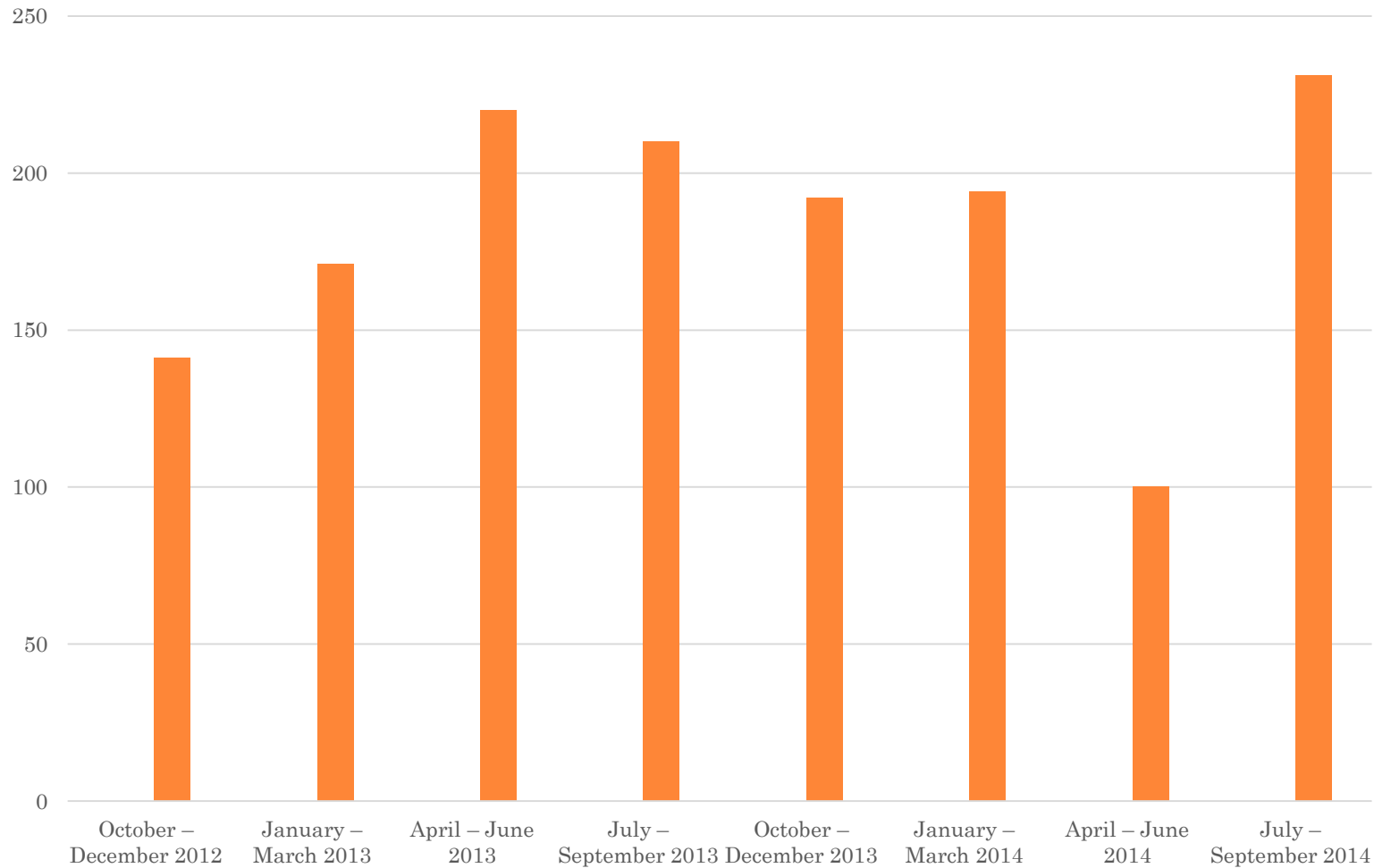
- ❖ Follow up telephone calls and/or surveys at 2 weeks & 2 month intervals.
- ❖ Develop a data tracking system to capture outcomes
- ❖ WRAP evaluations & Pre and Post test (will revise to reflect family focus)

FAMILY AFFAIRS OUTCOMES

- ❖ Families will have improved knowledge regarding navigation of the Public Mental Health System
- ❖ Family members will have increased access for support from a peer perspective
- ❖ Families will have a Wellness Recovery Action Plan (WRAP) that will aid them during difficult times

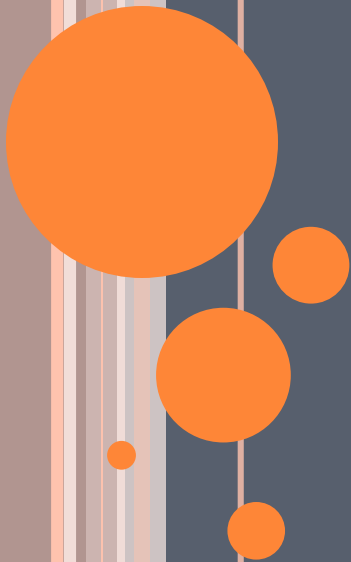
UNDUPLICATED NUMBER OF FAMILIES SERVED

OCTOBER 2012 – SEPTEMBER 2014



NUMBER OF FAMILIES ASSISTED

- ❖ Monthly average 70
- ❖ Total to date 1671





EVERY WEDNESDAY NIGHT

Family WRAP Group

6:30 to 8:00 pm

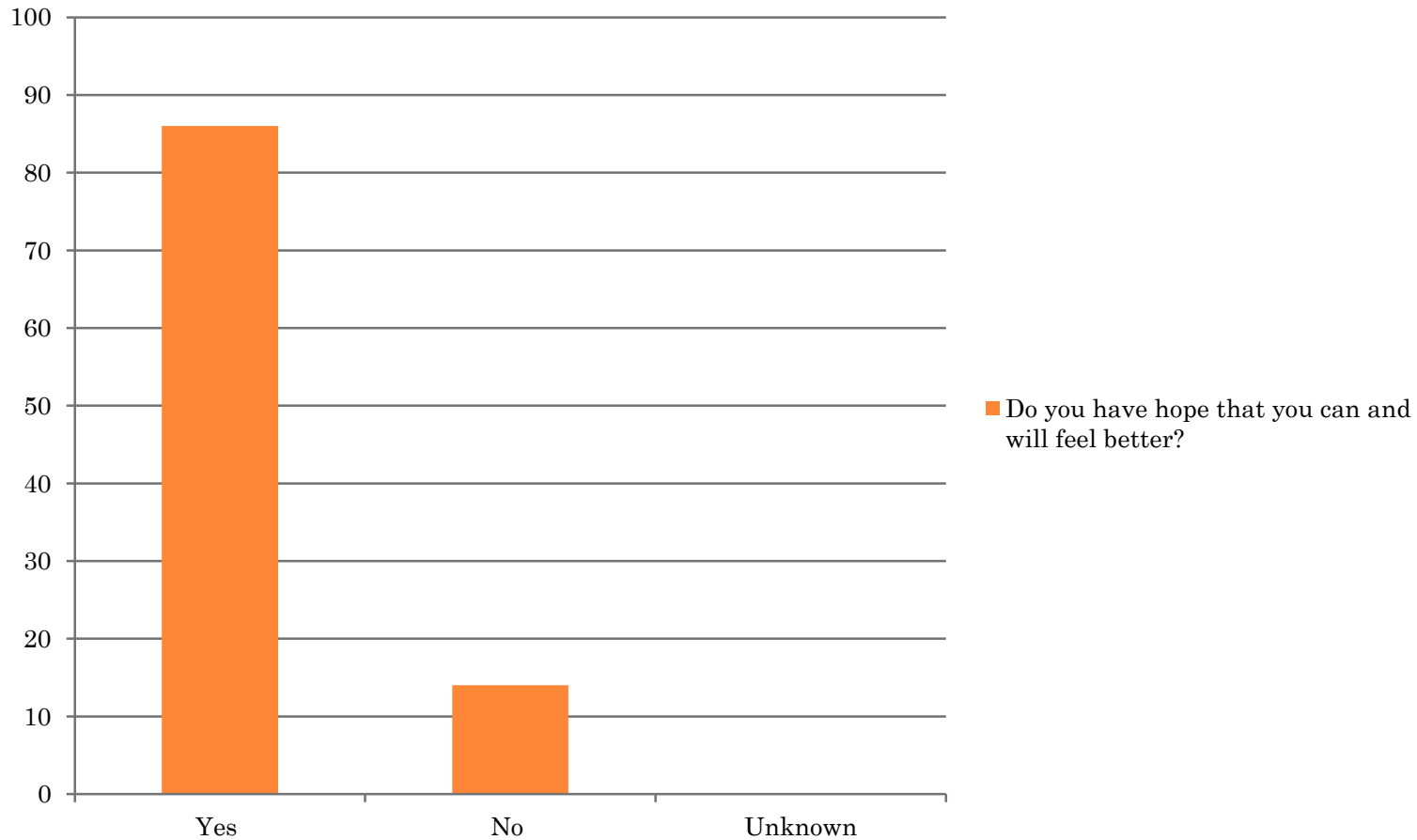
2221 Enborg Ln.
San Jose, CA

Central Wellness &
Benefits Center



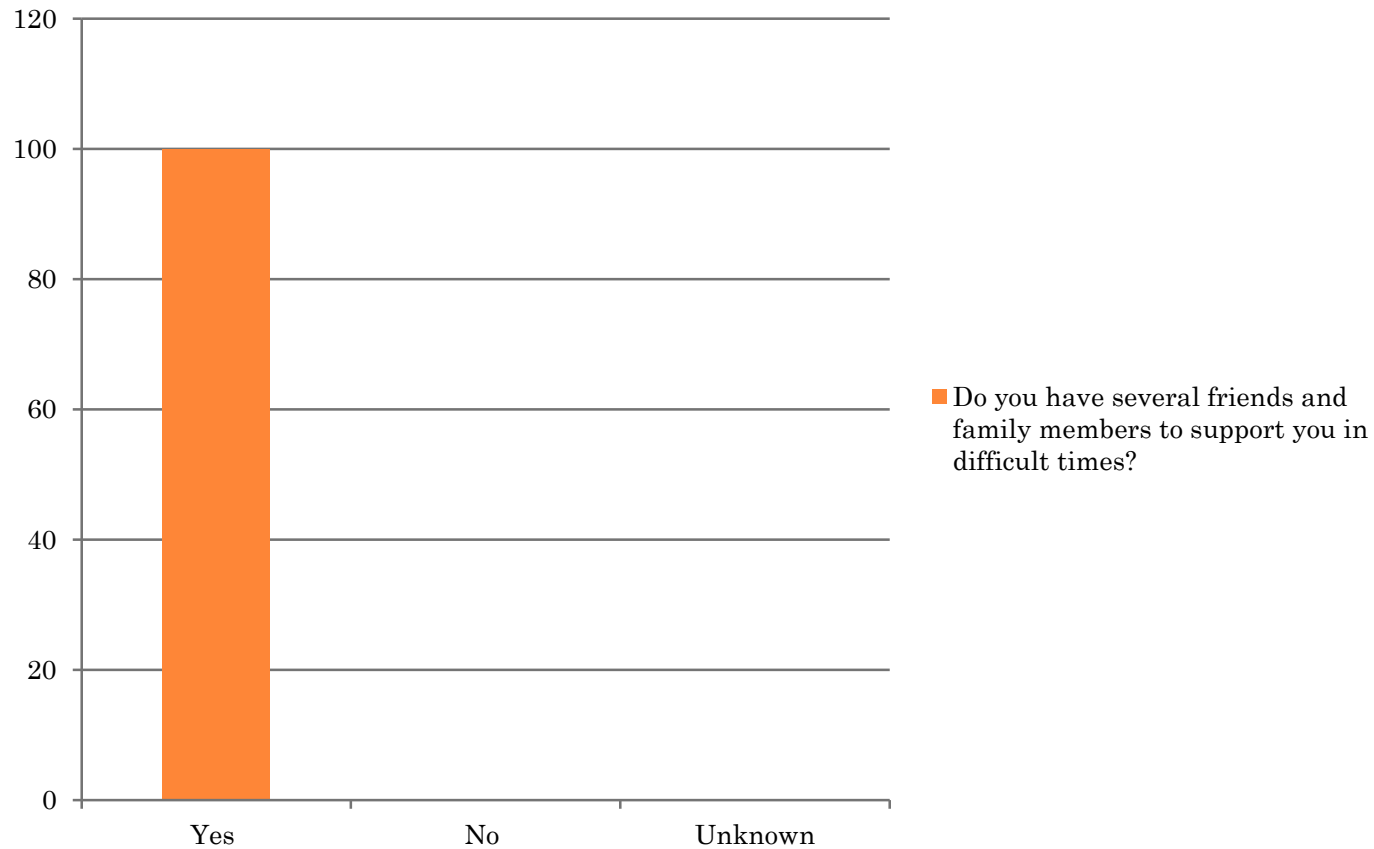
POST SURVEY RESULTS FAMILY WRAP GROUP DECEMBER 2013 N=7

Do you have hope that you can and will feel better?



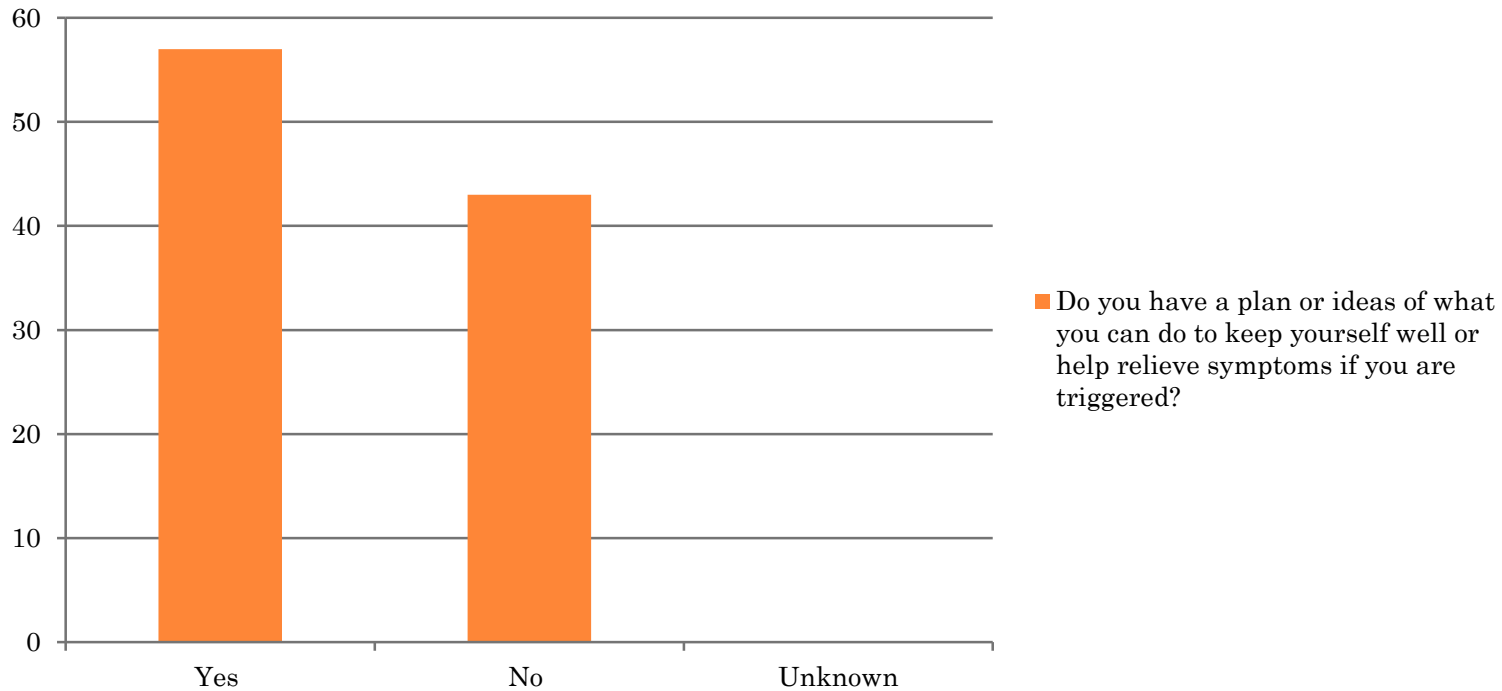
POST SURVEY RESULTS FAMILY WRAP GROUP DECEMBER 2013

**Do you have several friends and family members
to support you in difficult times?**



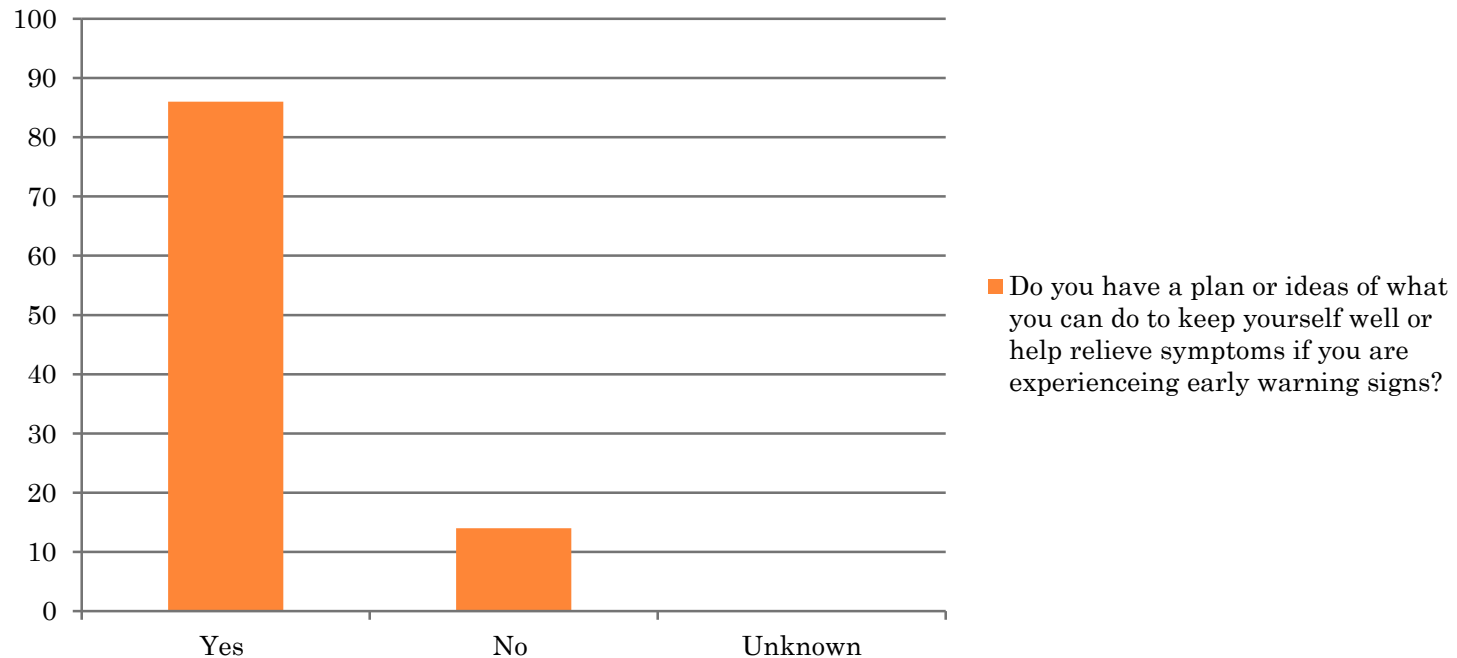
POST SURVEY RESULTS FAMILY WRAP GROUP DECEMBER 2013

Do you have a plan or ideas of what you can do to keep yourself well or help relieve symptoms if you are triggered?



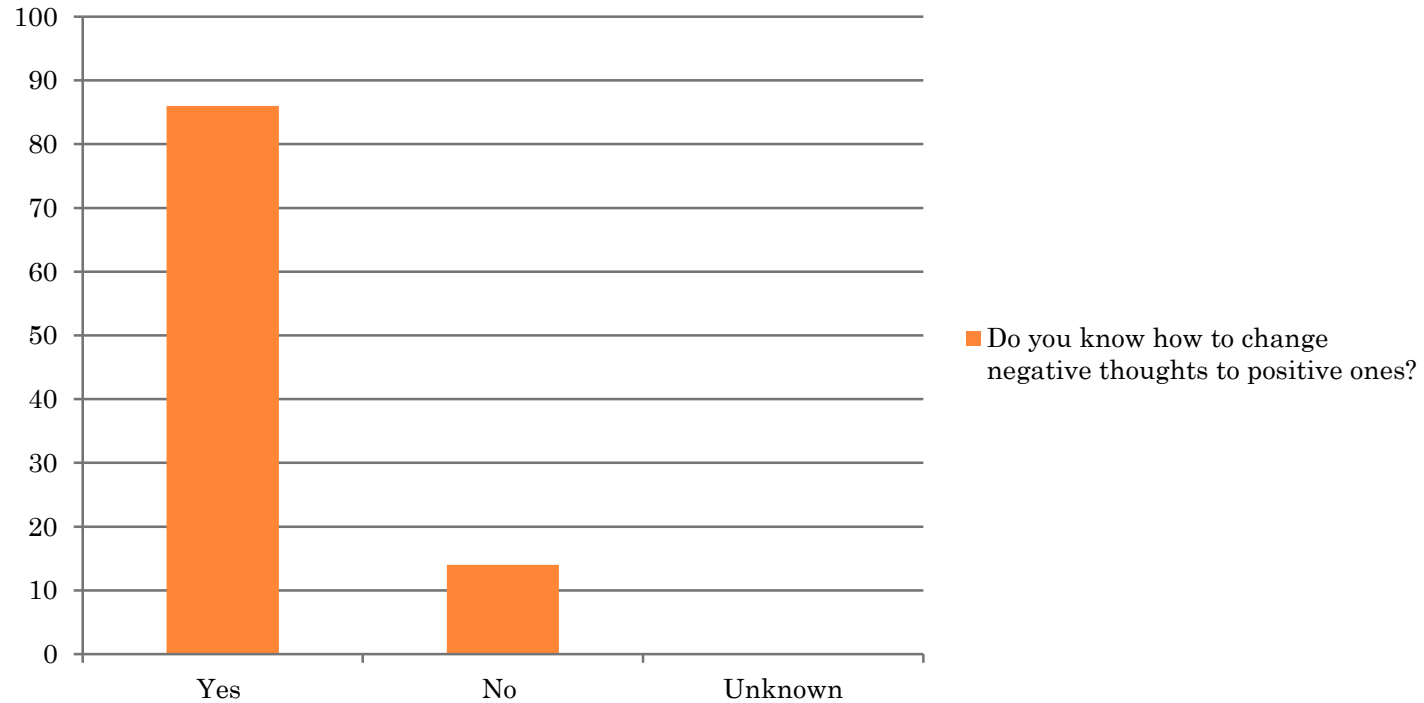
POST SURVEY RESULTS FAMILY WRAP GROUP DECEMBER 2013

Do you have a plan or ideas of what you can do to keep yourself well or help relieve symptoms if you are experiencing early warning signs?



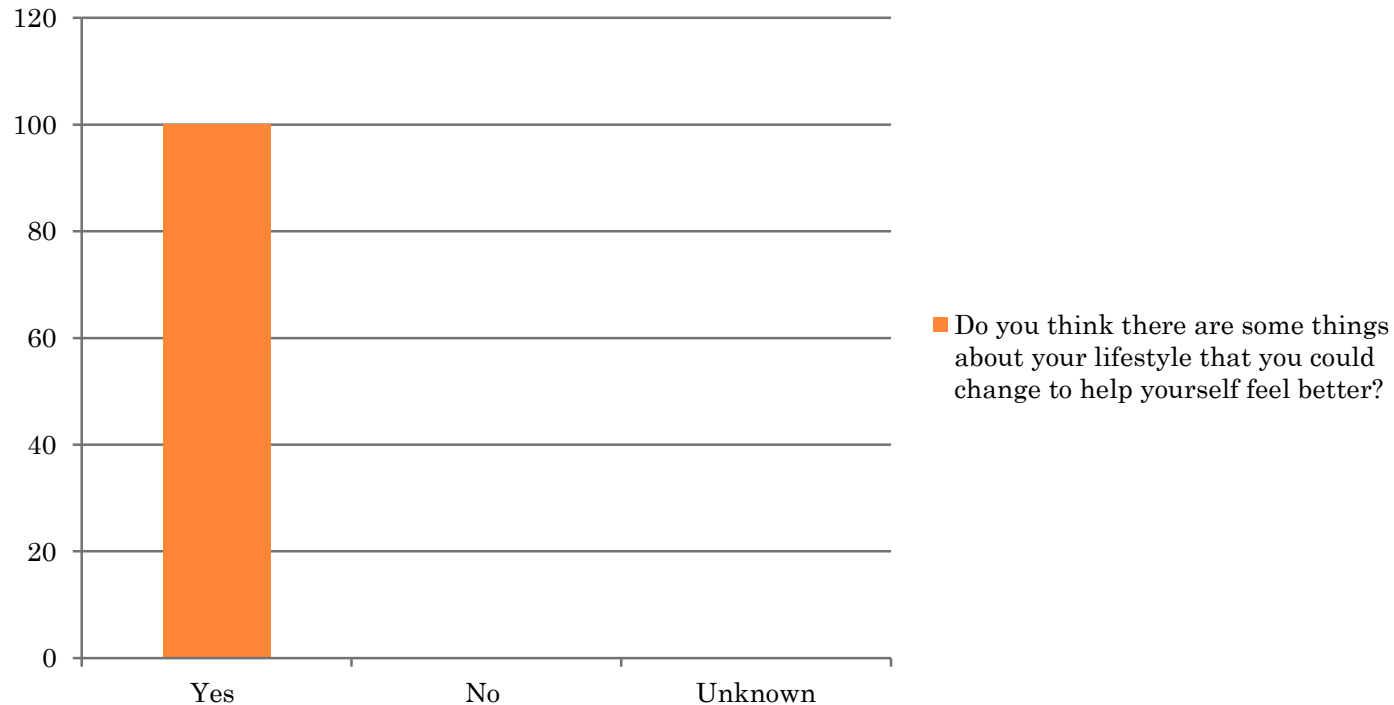
POST SURVEY RESULTS FAMILY WRAP GROUP DECEMBER 2013

Do you know how to change negative thoughts to positive ones?



POST SURVEY RESULTS FAMILY WRAP GROUP DECEMBER 2013

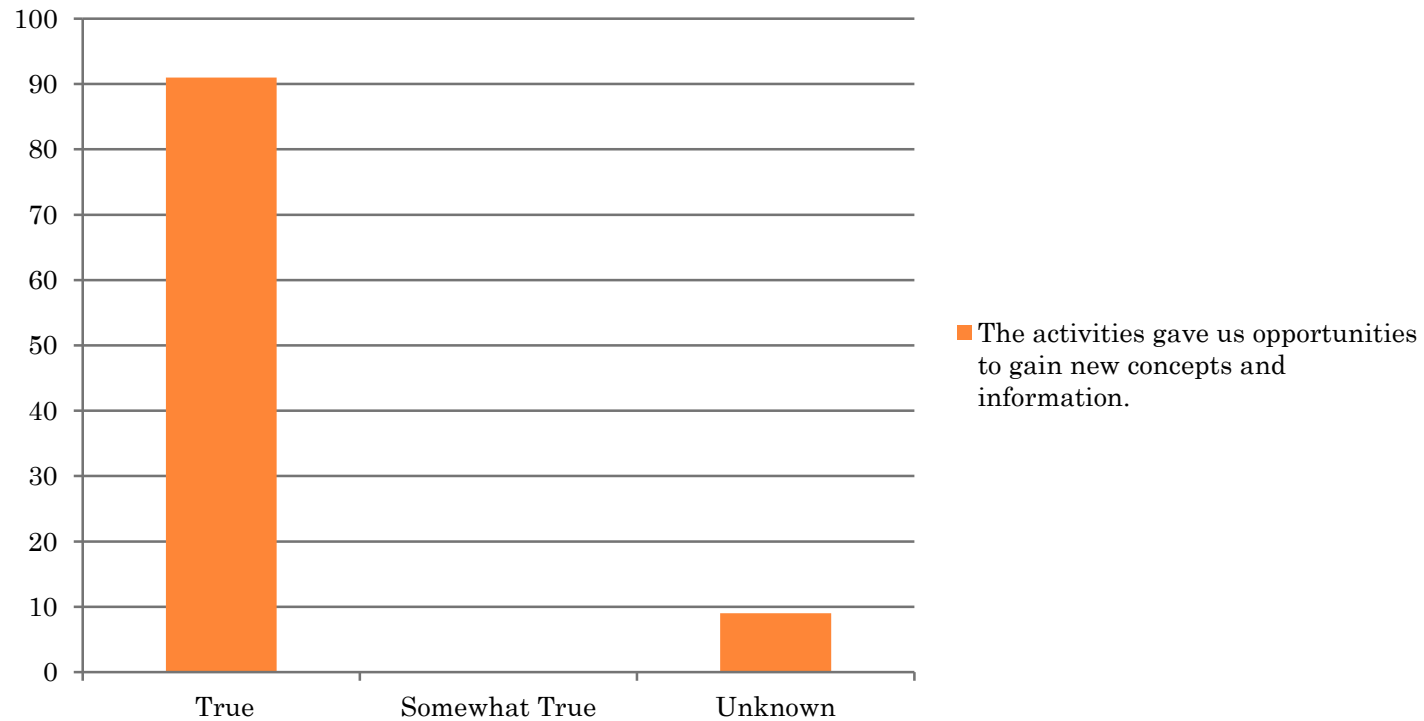
Do you think there are some things about your lifestyle that you could change to help yourself feel better?



WRAP EVALUATION RESULTS

APRIL 2014 N = 11

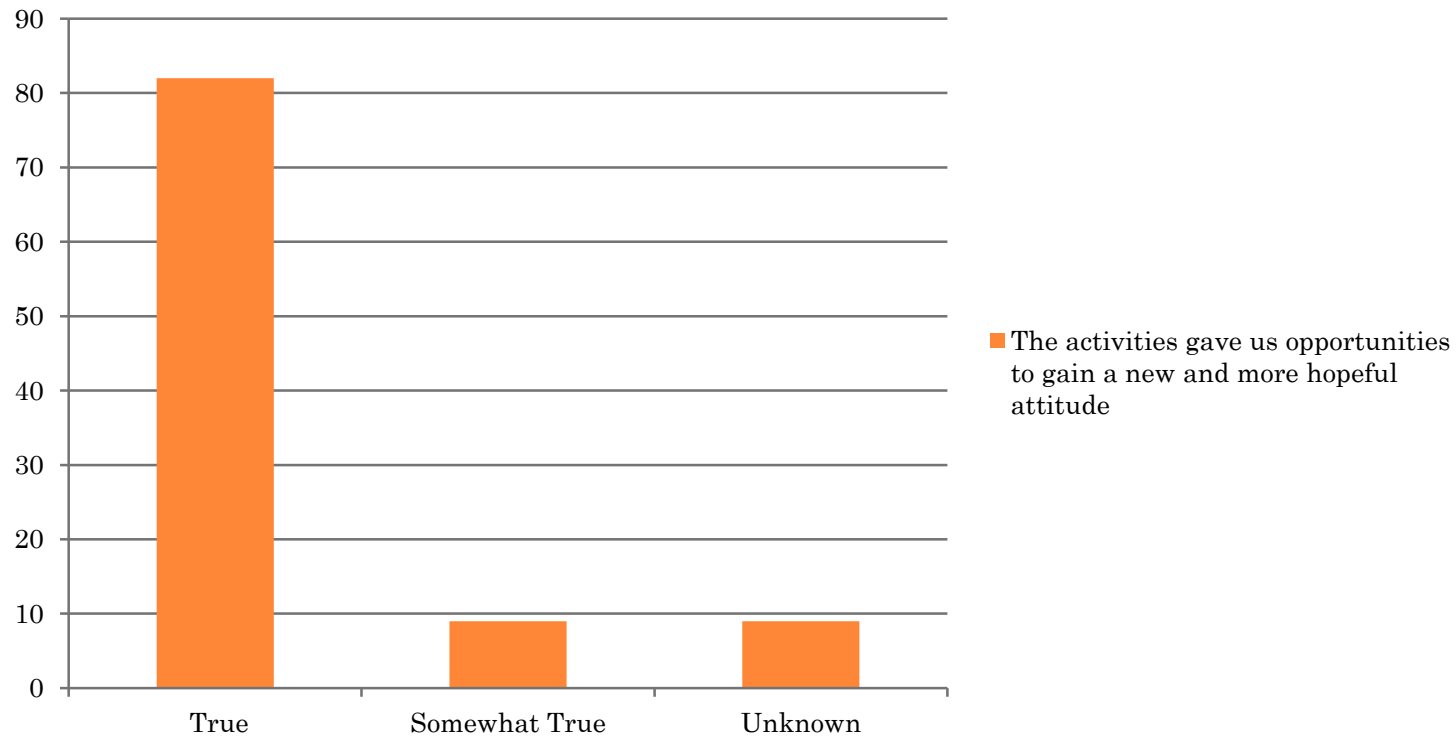
The activities gave us opportunities to gain new concepts and information.



WRAP EVALUATION RESULTS

APRIL 2014

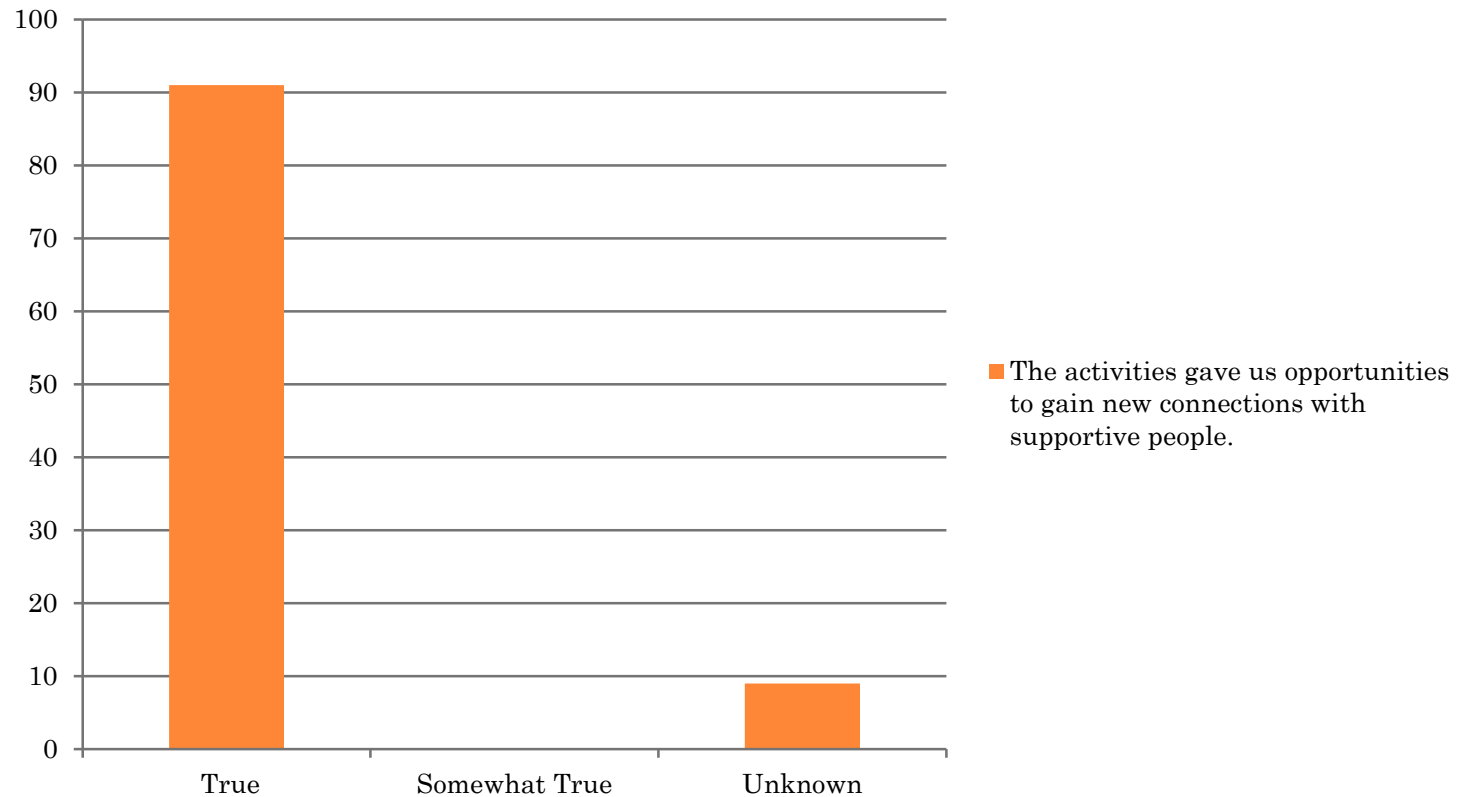
The activities gave us opportunities to gain a new and more hopeful attitude



WRAP EVALUATION RESULTS

APRIL 2014

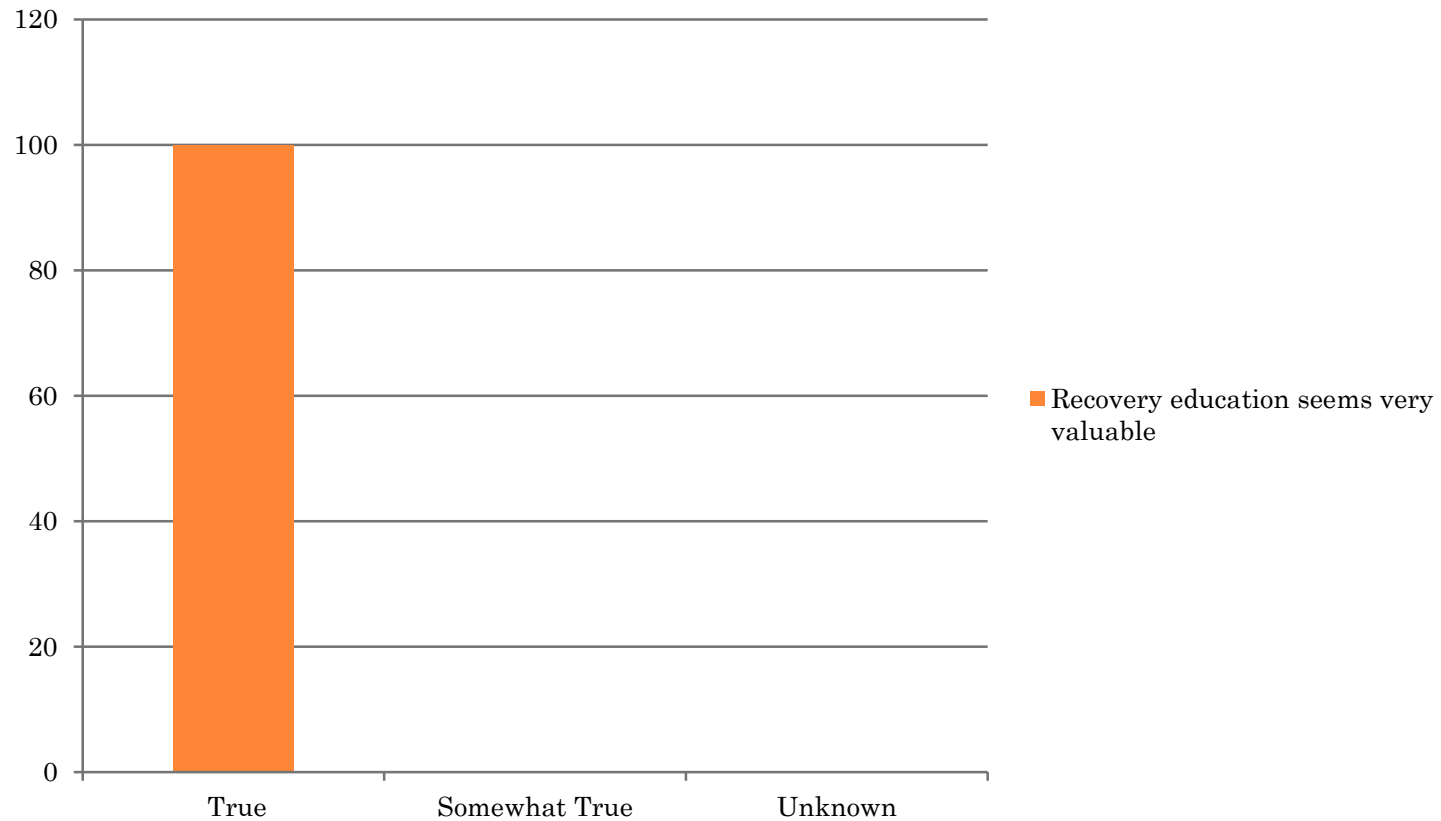
The activities gave us opportunities to gain new connections with supportive people.



WRAP EVALUATION RESULTS

APRIL 2014

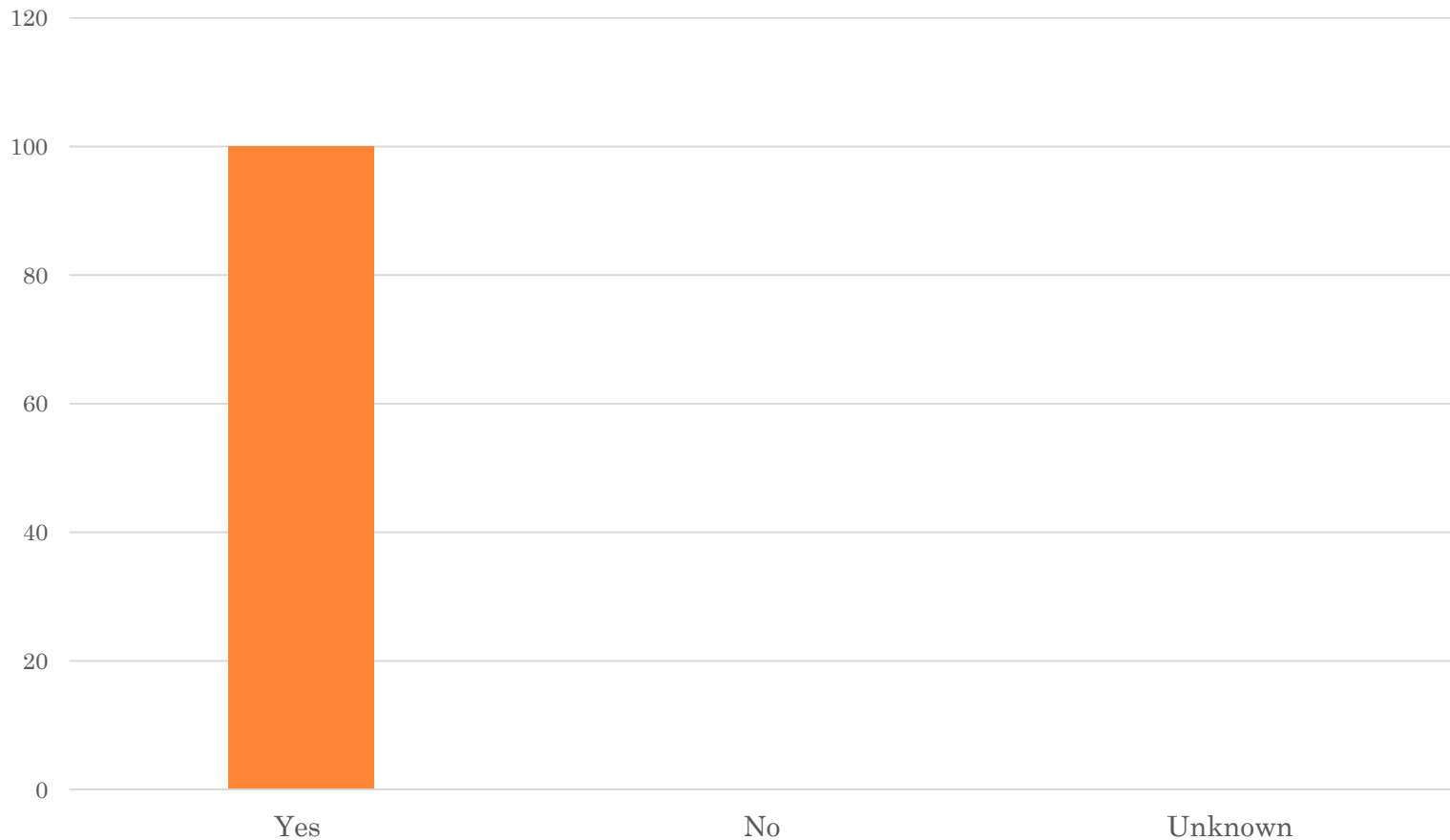
Recovery education seems very valuable



WRAP EVALUATION RESULTS

OCTOBER 2014 N = 8

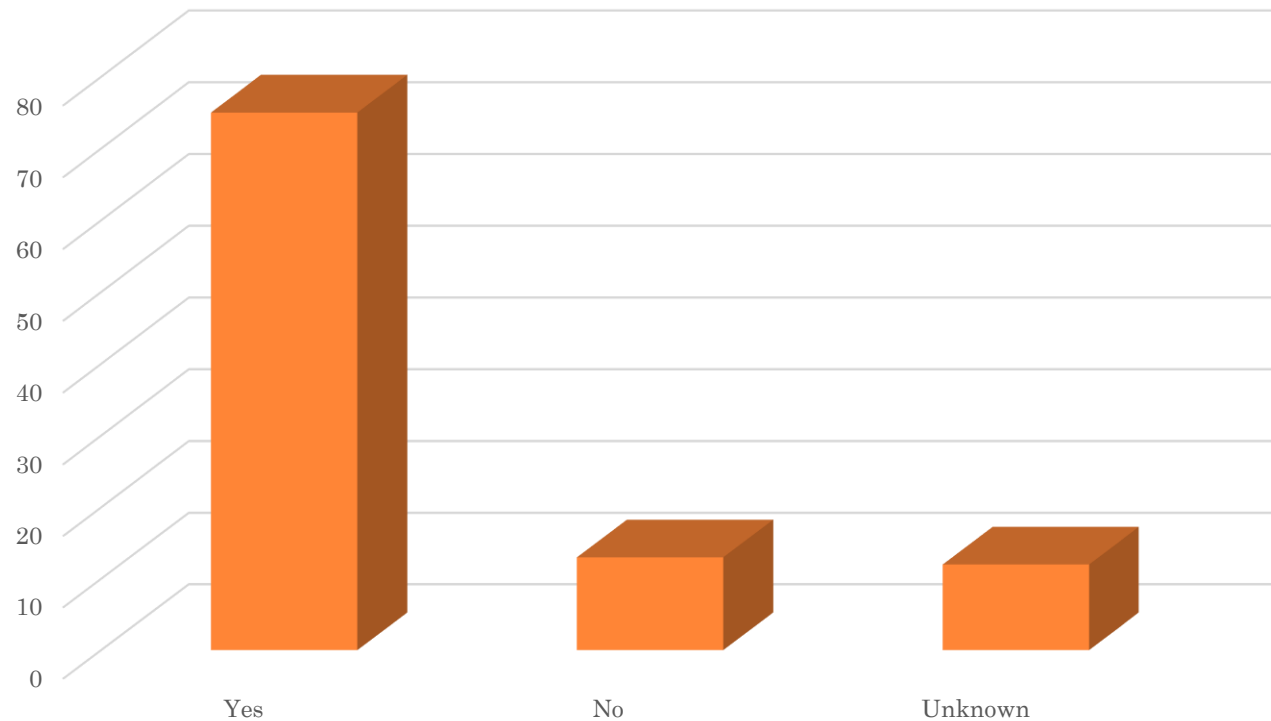
Did you acquire new knowledge and information from the WRAP support group sessions?



WRAP EVALUATION RESULTS

OCTOBER 2014

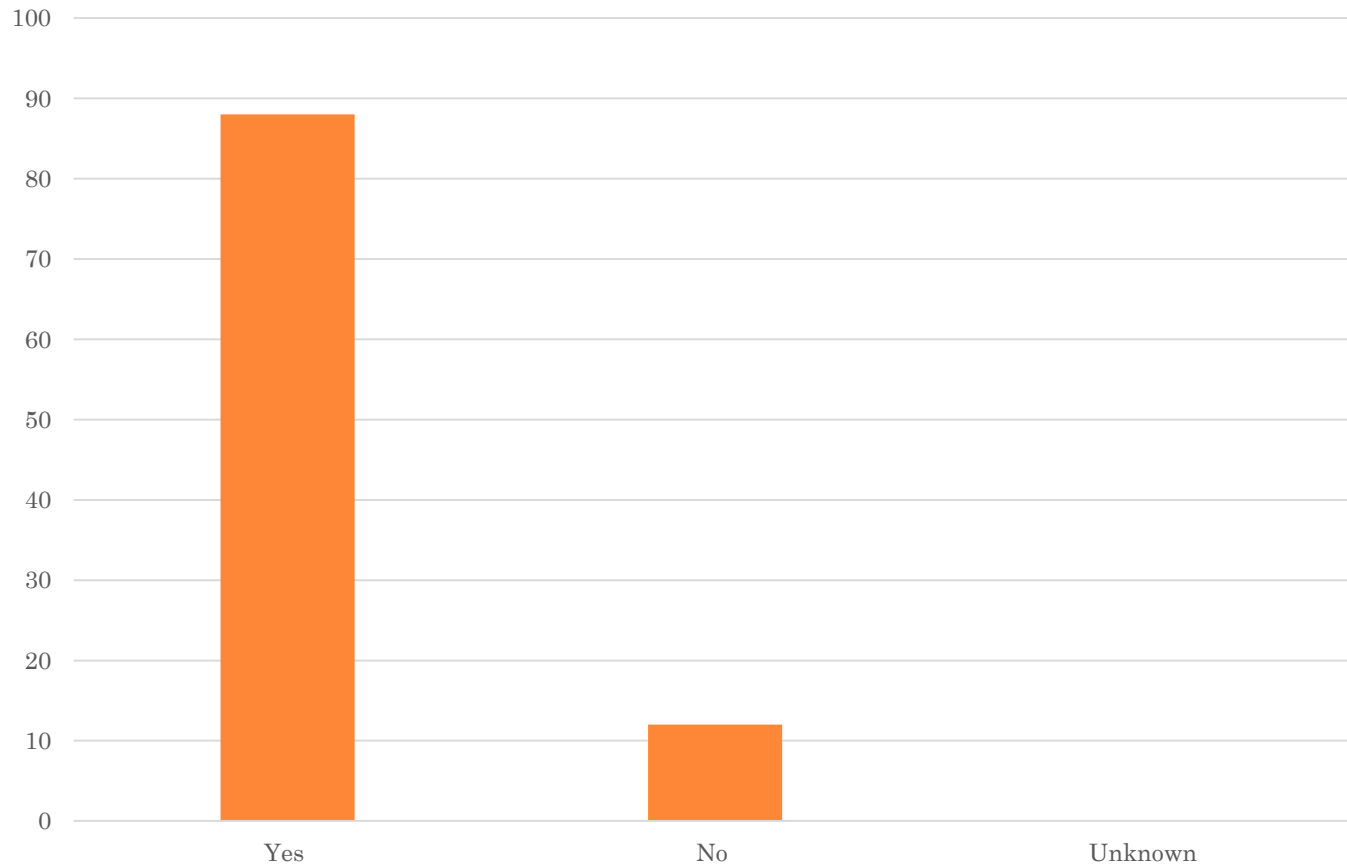
After finishing the WRAP Support Group Session do you feel more hopeful about you or your family member's wellness and recovery process?



WRAP EVALUATION RESULTS

OCTOBER 2014

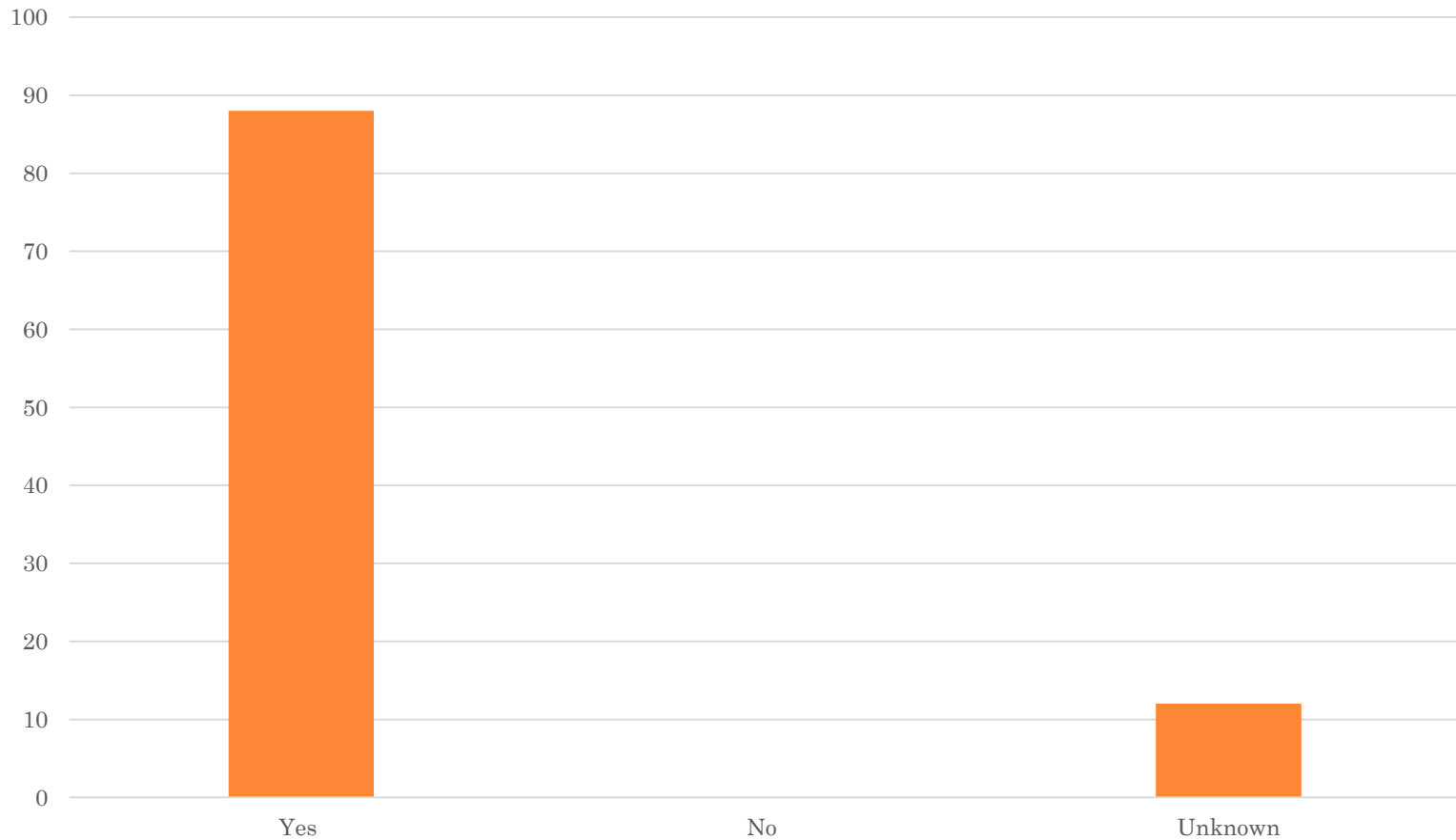
Was the WRAP Group Session able to provide you information on how to access mental health services?



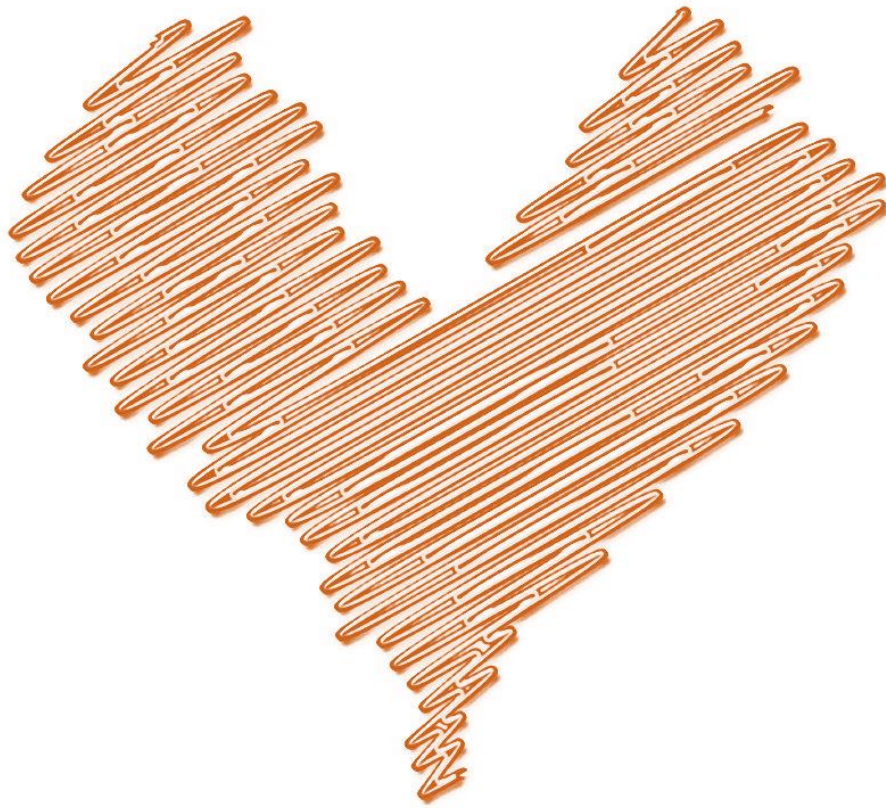
WRAP EVALUATION RESULTS

OCTOBER 2014

Did the WRAP Group Session give you skills to increase and develop your supportive relationships?



NO ONE SHOULD GO THROUGH MENTAL ILLNESS ALONE



Through their support and help Family Affairs Staff strives to improve Family Members quality of life.

