



Mental Health Services Act Initial (FY10-11) Innovation Plan April 16, 2010

On November 2, 2004, California voters passed Proposition 63, now referred to as the Mental Health Services Act (MHSA), establishing new tax revenues to expand and improve local public mental health systems. The California Department of Mental Health (DMH) divided implementation of new MHSA funds into five components: 1) Community Services & Supports (CSS); 2) Prevention & Early Intervention (PEI); 3) Workforce Education & Training (WET); 4) Capital Facilities & Technological Needs (CFTN); and 5) Innovation (INN). In order to access MHSA funds, counties must submit plans under each component for approval. The planning process must be inclusive of each county's diverse stakeholders.

Over a 15 month period, the Mental Health Department (MHD) worked with local stakeholders, including consumers and family members, to develop the County's initial INN Plan. The plan will be posted for 30 days for public review and comment from April 16 to May 16, 2010. The Mental Health Board (MHB) will convene a public hearing for the Initial INN Plan (and FY10-11 Annual Update) on May 18, 2010 from 6:00PM to 7:00PM at the VMC-Valley Specialty Center, Basement, Room #BQ160, 751 South Bascom Avenue, San Jose, 95128. All interested stakeholders are encouraged to attend the public hearing.

Pending approval by the County Board of Supervisors, the MHD will submit the final version of the INN Plan to DMH and the Mental Health Services Oversight and Accountability Commission (OAC) by June 30, 2010. Please review the attached plan and submit comments to Ky Le, MHSA Project Manager, at 408-885-7543 or ky.le@hhs.sccgov.org. You may review the INN Plan online at www.sccmhd.org/mhsa/inn.

INN projects are novel, creative and/or ingenious mental health practices/approaches that contribute to learning, and that are developed within communities through a process that is inclusive and representative, especially of unserved, underserved and inappropriately served individuals. An INN project is defined as one that contributes to learning rather than a primary focus on providing a service. By providing the opportunity to "try out" new approaches that can inform current and future practices or approaches in communities, an Innovation contributes to learning in one or more of the following three ways:

- Introduces new mental health practices/approaches including prevention and early intervention that have never been done before, or

- Makes a change to an existing mental health practice/approach, including adaptation for a new setting or community, or
- Introduces a new application to the mental health system of a promising community-driven practice/approach or a practice/approach that has been successful in non-mental health contexts or settings

The Initial INN Plan consists of eight distinct work plans which are described below. For FY10-11, the MHD requests approximately \$3.3 million in MHSA funds to implement the Plan.

Work Plan		Work Plan Description	Key Learning Objective(s)
1.	<p>Early Childhood Universal Screening</p> <p><i>\$250,000/year for two years.</i></p>	<p>This project attempts to increase young children's access to screening and early intervention for social and emotional delays and developmental concerns by piloting a computer-based screening tool in three outpatient clinics. Two Ages and Stages Questionnaires will be used. Parents/guardians would complete the tool prior to meeting with their child's pediatrician as part of their routine well-baby/well-child check.</p>	<p>The project tests whether the use of an electronic version of a standardized developmental screening tool instead of a paper-based version results in increased utilization of recommended universal screening practices.</p>
2.	<p>Peer-Run TAY Inn</p> <p><i>\$400,000/year for three years</i></p>	<p>The project expands and adapts peer mentoring approaches in a voluntary 24-hour care setting designed to promote recovery for high risk transition age youth. Peer mentors, with support from adult staff, will be responsible for decision-making required to run the "inn" and provide services. Programs offered at the inn will be informed by wellness and recovery approaches.</p>	<p>The project will help determine whether peer-informed therapeutic approaches and peer-led decision-making, provided in a non-traditional 24-hour care setting, is effective in increasing engagement of and positive life outcomes for youth.</p>
3.	<p>MH Disorders in Adults with Autism & Developmental Disabilities</p> <p><i>Yr 1: \$135,000</i> <i>Yr 2: \$315,000</i></p>	<p>This project conducts a needs assessment to understand the scope and complexity of treatment for clients with autism or developmental disabilities and co-occurring mental health disorders. This project also identifies a new or synthesized approach to treatment, and pilots an intervention.</p>	<p>The project will improve the Mental Health Department's understanding of the population's needs, and will test out new approaches for meeting those needs.</p>

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4.	<p>Merging the Old with the New</p> <p><i>\$400,000/year for two years</i></p>	<p>This project capitalizes on a traditional strength of older adults as the transmitters of cultural knowledge and values to increase access and engagement. Clients who are currently receiving services as well as those not known to any system of care may be referred; no formal mental health diagnosis is required. The core service will be provided by a community worker or trainer through a 12-week curriculum to facilitate a process in which the older adults transmit cultural knowledge and values through interaction with family members or others.</p>	<p>This project determines whether new case-finding approaches and alternative culturally-based therapeutic techniques improve engagement, access, and quality of life for underserved older adults with emerging mental health symptoms.</p>
5.	<p>Multi-Cultural Center</p> <p><i>\$500,000/year for three years</i></p>	<p>This project establishes a culturally- and linguistically- appropriate “wellness center” that is designed to welcome members of multiple underserved communities and their families and friends into alternative, strengths-based, and culturally-focused services and supports. The center will include cross-cultural and multi-generational approaches to solve problems and improve conditions for individuals, families and communities.</p>	<p>The key learning for this project will be to gain insight into how inter-ethnic group collaboration within a multi-cultural center results in increased engagement and improved quality of life for individuals from ethnic communities.</p>
6.	<p>Transitional MH Services to Newly Released Inmates</p> <p><i>\$400,000/year for three years</i></p>	<p>This project seeks to improve outcomes for newly released County inmates by strengthening collaborative efforts between faith-based organizations and the Mental Health Department (MHD), and by connecting newly released inmates to faith communities as natural support networks. The MHD will support the development and training of an inter-faith collaborative to enable faith organizations to work more effectively with this population.</p>	<p>The projects tests whether the MHD support of faith-based organizations through the provision of training and technical assistance results in increased capacity to serve newly released inmates and whether expanded capacity in a faith-based context results in better outcomes for the population.</p>

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7.	Mental Health / Law Enforcement Post-Crisis Intervention <i>\$450,000/year for two years</i>	A team comprised of a peer/family advocate and a mental health clinician will provide timely and systematic post-crisis follow-up for consumers and family members to whom law enforcement has recently responded due to a mental health-related crisis. This project will be piloted with the San Jose Police Department, which receives approximately half of the mental-health related calls in the County.	The project tests whether timely, systematic post-crisis support increases consumers’/family members’ access to services and reduce the need for repeat police responses. The project will collect information on the needs of consumers and family members and will inform the development of engagement and treatment strategies.
8.	Interactive Video Scenarios Training <i>Yr 1: \$225,000 Yr 2: \$75,000</i>	The project will use existing law enforcement interactive video scenario training technology, to create a series of video scenarios that teach law enforcement officers how to recognize, approach, and respond to the needs of mentally ill people in crisis. Interactive video scenario training involves placing officers in decision making roles as they interact with realistic, projected, life-sized scenarios. Video scenarios will be developed collaboratively with consumers and family members.	The project will determine whether the innovative use of an existing training technology assists law enforcement officers during encounters with individuals in a mental health-related crisis. In addition, the project will demonstrate the cost effectiveness and the transferability of mental health interactive video scenario training on a County and Statewide basis.
	\$2,760,000	Year 1 Sub-Total for Work Plans	
	\$276,000	Administration	
	\$276,000	Operating Reserve	
	\$3,312,000	Year One Total	

Enclosures

Exhibits

Title

- A County Certification
- B Community Program Planning and Local Review Process
- C (x8) Work Plan Narrative
- D (x8) Work Plan Description
- E Innovation Funding Request
- F (x8) Innovation Projected Revenues & Expenditures