

Prevention and Early Intervention Program
East Region



Prevention Early Intervention Program East Region

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Prevention Early Intervention Program

Program Overview

The Santa Clara County Mental Health Department has identified the Alum Rock Counseling Center and Catholic Charities of Santa Clara County to work collaboratively with local partners and school districts to deliver Prevention and Early Intervention services to students and their families.

- PEI strives to **prevent, reduce, and eliminate mental health illness** that may be inhibiting academic success and family wellness.
- **4 tiers of service**
 - Family Based and Child Skills Interventions
 - Enhanced Parenting Support
 - School Based Prevention
- **Focus on Evidence Based Practices**



Tier 3 & 4: Family Based and Child & Skills Intervention

MRI Brief Form Strategic Family Therapy
Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
Triple P Level 5- Pathway

Tier 2: Enhanced Parenting Support

- Triple P Level 4- Individual & Group
- Student Behavioral Support Services

Tier 1: School Based Prevention

- Family Workshops
- Case Management
- Touch & Refer Services

Personnel Make-up

Clinical Program Manager

Program oversight, supervision, staff management

Family Partner

Strengthening Family Workshops

Case Management

Touch & Refer

Behavior Specialist

Strengthening Family Workshops

Behavioral-Based Case Management

Triple P Level 4

Clinician

Clinical Case Management

Brief Strategic Family Therapy

Trauma Focused Cognitive Behavioral Therapy

Triple P Level 5

Service Area

School District	# of Schools	Served By	# of Clinicians	# of Behavior Specialist	# of Family Partners
ARUSD		ARCC	2	4	4
MPESD		ARCC	1	2	2
FMSD		CCSCC	2	4	4
Total			5	10	10

Preliminary Status and Highlights

- Services launched January 1st! Referrals are now coming in.
- All ARCC staff is in place
- Majority of CCSCC team is in place with the exception of a Vietnamese speaking staff
- Most trainings are complete, or scheduled
- Program processes and procedures are in place, including tracking
- Strengthening Families Program workshops are either scheduled or in process of being scheduled with first sessions beginning in early February
- Operation and Implementation Teams have started to form in each district; a preliminary meeting took place for each district in December- will expand participation for next session.

Partnership Development

ARCC and CCSCC are long-standing organizations serving the East San Jose communities and have developed a great deal of **external and internal** leveraging opportunities.

- **Schools and School Districts:** these have been the most critical and influential partners thus far including- joining our Operations and Implementation Teams, assisting in developing referral processes, recruiting families for services, providing space for program staff to serve families and to host workshops.
- **Grail Family Services:** Contracted to provide Family Partners services in ARUSD; are able to leverage their expertise in East San Jose and their experience in facilitating workshops.
- **FIRST 5 Santa Clara County:** Serving the 0-5 population, this provider currently contracts with both ARCC and CCSCC and we are able to leverage this program to help with case management of the families we serve that have a 0-5 year old in the home.
- **CORAL:** A afterschool program of CCSCC was instrumental in opening lines of communication in FMUSD, as they have served the district for many years.
- **Case Management:** Core component of PEI requires our teams to make strong connections with local service providers.

Upcoming:

As we establish the programs in the individual districts and gain a better understanding of gaps in services, and opportunities for additional leveraging of partners, we will reach out to CBO's to participate in the Operations and Implementation Teams.

Program Integration

Internal Integration

- PEI will compliment existing programs like CCSCC's CORAL and ARCC's Mobile Crisis Response & Counseling and our respective FIRST 5 programs to provide more comprehensive services.
- Processes and procedures have been developed to adhere to internal controls.
- Internal programs will be leveraged to generate additional referrals and assist with outreach as necessary.
- Program successes and challenges will be shared across agencies.

External Integration

- Processes and procedures have been developed with the feedback and input from school and school district personnel.
- Referral process leverage existing processes and resources from school sites and districts (e.g. SLS Coordinator at ARUSD serving as central point for referrals)
- Next phase of implementation will include streamlining process with other providers on campus

Collaborative Resources

The current collaborative consists of our three partner agencies (ARCC, CCSCC, and GFS), our Mental Health Dept reps, and school & district partners.

Current Capabilities

- Therapy
- Behavior support
- Case Management
- Parent Workshops
- Family Support
- Early Learning Support
- Clinical Supervision
- Training Opportunities
- Quality Assurance
- Mentoring Programs

Gaps in Service

- Transportation assistance
- Psychiatric Services
- Psychological Services

Success and Challenges

Early Successes

- Excellent staff recruited, including 3 Clinical Program Managers
- School district participation in planning
- Space allocation for services in schools
- Established procedures
- Support from Mental Health Department
- 100+ referrals in FMSD!

Immediate Challenges

- Securing Vietnamese speaking staff
- Learning new tools, documentation, and electronic health records
- Placing schools on hold

Long Term Challenges

- Overflow of referrals
- Waitlists in outside provider agencies
- Staff turn-over (we are developing VERY good individuals)

Program Evaluation

PEI will implement/collect the following strategies:

- Program specific evaluation tools (e.g. TF-CBT, Triple P)
- County tools (e.g. CANS)
- Group observations (Supervisors)
- Participant surveys
- Success stories
- Academic achievement
- Behavior incidents in school
- School Attendance

QUESTIONS?