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# Mental Health Department Family and Children's Services

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## Overview of Programs and Levels of Care



October 6, 2011

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# Scope of Services

- Continuum of services and programs to families and children who are experiencing serious emotional distress.
  - Services to approximately 8,600 children, youth and their families each year.
  - Provided in collaboration with the County's 33 School Districts, seven Special Education Local Planning Areas, the Social Services Agency, Departments of Probation and Public Health, FIRST 5 and other community agencies.
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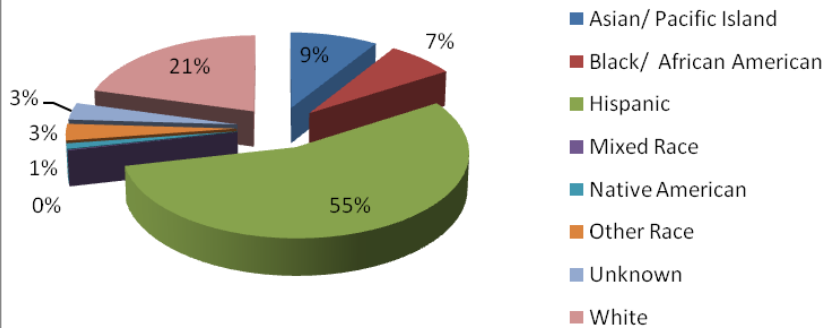
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# Primary Groups Served

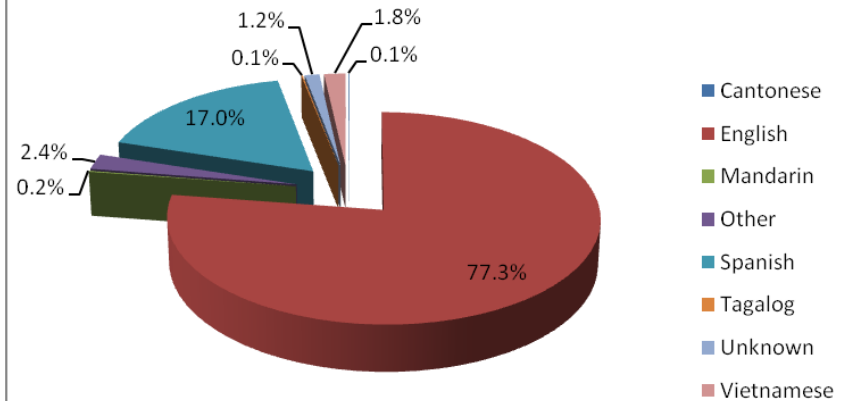
- Children and Families with Medi-Cal, Healthy Families and Healthy Kids Insurance. Unsponsored clients may access County sites.
  - Specialized programs for children/ youth involved with:
    - Special Education Mental Health
    - Department of Family and Children's Services
    - Juvenile Probation Department
    - FIRST 5 System of Care
    - Groups identified in Mental Health Service Act (MHSA) as underserved
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# Primary Groups Served, cont'd

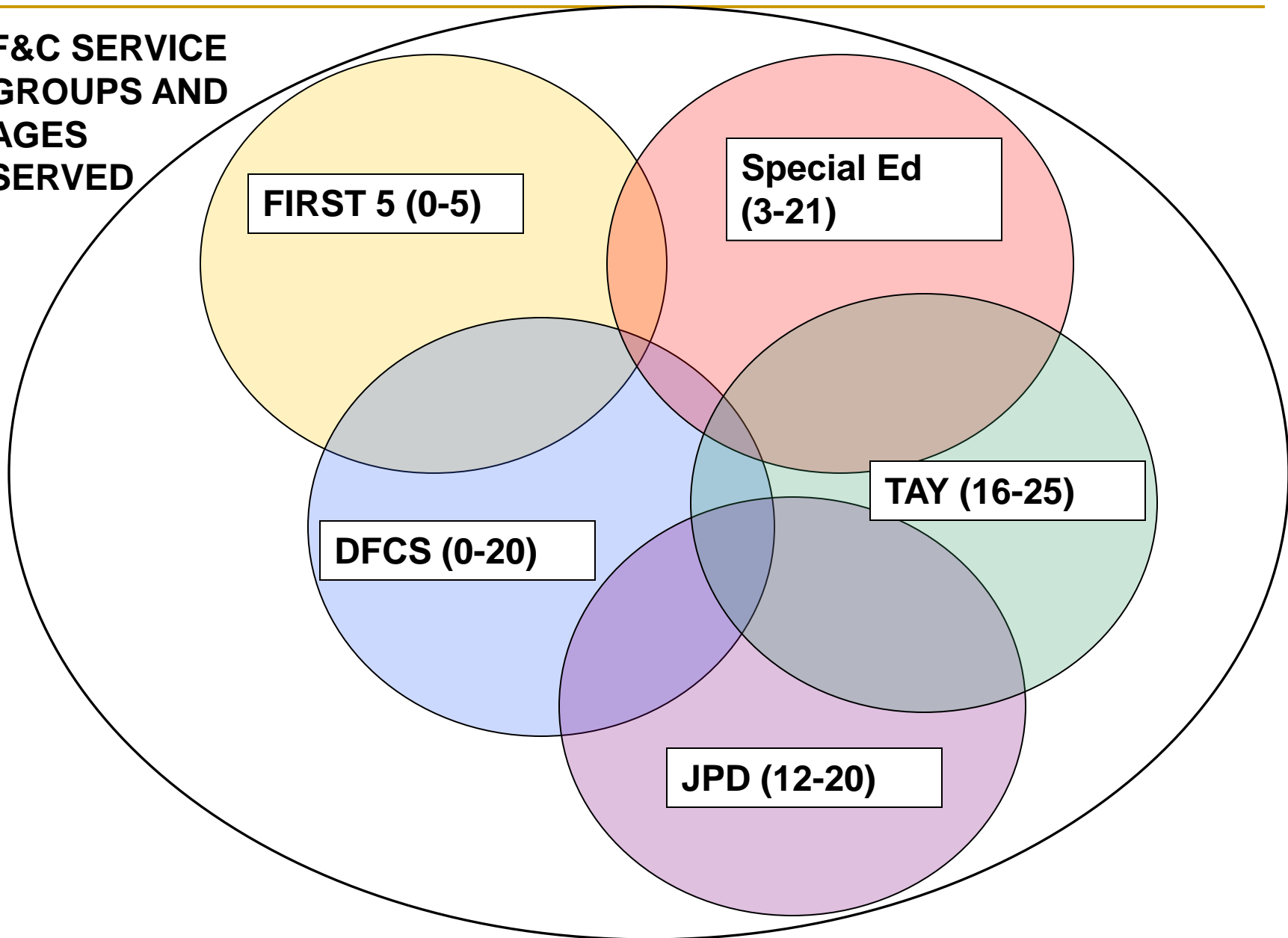
## F&C Total Clients Served by Ethnicity



## F&C Total Clients Served by Preferred Language



**F&C SERVICE  
GROUPS AND  
AGES  
SERVED**



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# Levels of Care

- *Prevention and Early Intervention (PEI)*
  - ***Outpatient Mental Health Services***
  - ***School-Based Mental Health Services***
  - Children's System of Care (CSOC) Intensive In-Home Services
  - Institutional Services (Juvenile Detention and Children's Receiving Center)
  - Wraparound and MHSA Full-Service
  - ***Residential Mental Health Services***
  - Acute Psychiatric Services
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# Outpatient Services Array

## ■ Clinic-based Outpatient Programs

- Services may be accessed through Call Center, direct call to provider, or by transfer from another Mental Health Department network provider. Call Center handled approximately 2,500 Family & Children calls last year.
  - Approximately 4,700 clients served annually
  - 17 Contractor agencies and 2 County Clinics provide outpatient services throughout all regions of Santa Clara County.
  - Services are provided in all threshold Languages
  - Evidence-based practices and/or person-centered initiatives are being utilized by all providers
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# Outpatient Services, cont'd

## ■ Specialized Outpatient Programs

- Culturally Specific Services
- Transition age youth (ages 16-25)
- Lesbian, Gay, Bi-sexual, Transgender and Questioning Youth (LGBTQ)
- Deaf and Hard of Hearing program

## ■ School-based Mental Health Services

- Integrated mental health and special education services in 8 school sites countywide (190 clients annually)
  - Intensive Transition Services also serves students at risk of higher levels of care or transitioning from a higher level of care (60 clients annually)
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# Residential MH Services

- ❑ Serving Youth (ages 6-18) whose mental health needs Require 24 hour residential treatment in a highly supervised program
  - Referred by a Department of Social Services (DFCS), Juvenile Probation Department (JPD) placement worker or School District, (through Individual Education Plan or IEP process).
  - Youth are often a danger to self or others due to a mental health condition and/or have a history of hospitalization.
  - Available intensive home-based programs have been attempted (Wraparound, Therapeutic Behavioral Services, or MHSA Full-Services).
  - Approx. 160 youth are served annually (100 in-County)

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# Residential MH Services, cont'd

- Mental Health services are integrated with the residential and school services provided.
    - Local Social Services Agency or School District funds a residential treatment component
    - Santa Clara County MHD funds Intensive day treatment or a combination of individual, family, rehabilitation MH services and medication management
    - Aftercare (e.g. Wraparound , TBS or CSOC Intensive) is planned during the residential stay and initiated before program completion
    - Youth return to family or foster care with intensive supports
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# Thank You!

- Questions, Discussion

