

**Santa Clara County Mental Health Board
Executive Committee
January 25, 2013**

Older Adult Service NEEDS
Expanding effective Older Adult Services

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Expanding effective older Adult Services

- Current Services
- MH System of Care
- FQHC
- 24 Hour Services
- MHSA Programs
- Future Directions
- Refining/Expanding Effective Models
- Funding Equity
- Affordable Care Act Opportunities

MH System Of Care

- MH System of Care
- FQHC
- 24 Hour Services

MHSA Older adult services

MHSA Community Services and Supports

Older Adult FSP:

Community Solutions, Catholic Charities

Outreach and Engagement:

Catholic Charities Golden Gateway

MHSA Prevention and Early Intervention

Older Adult Behavioral Health Outpatient Redesign:

The Connections Program at Adult Protective Services

City of San Jose Community Centers Plan

MHSA Innovation

INN-04 Elders' Storytelling Project:

AACI, Gardner

The Older Adult Summit

- The Older Adult Summit held on June 1, 2011 included 348 seniors, family members, providers and community members.
- The participants developed a plan of action to address the mental health of seniors and their and families.

- The community's focused statement:

Policy

Physical Health

Service Access

Outreach and Engagement

Education

Family/Caregiver Inclusion & Support

Service Quality & Design

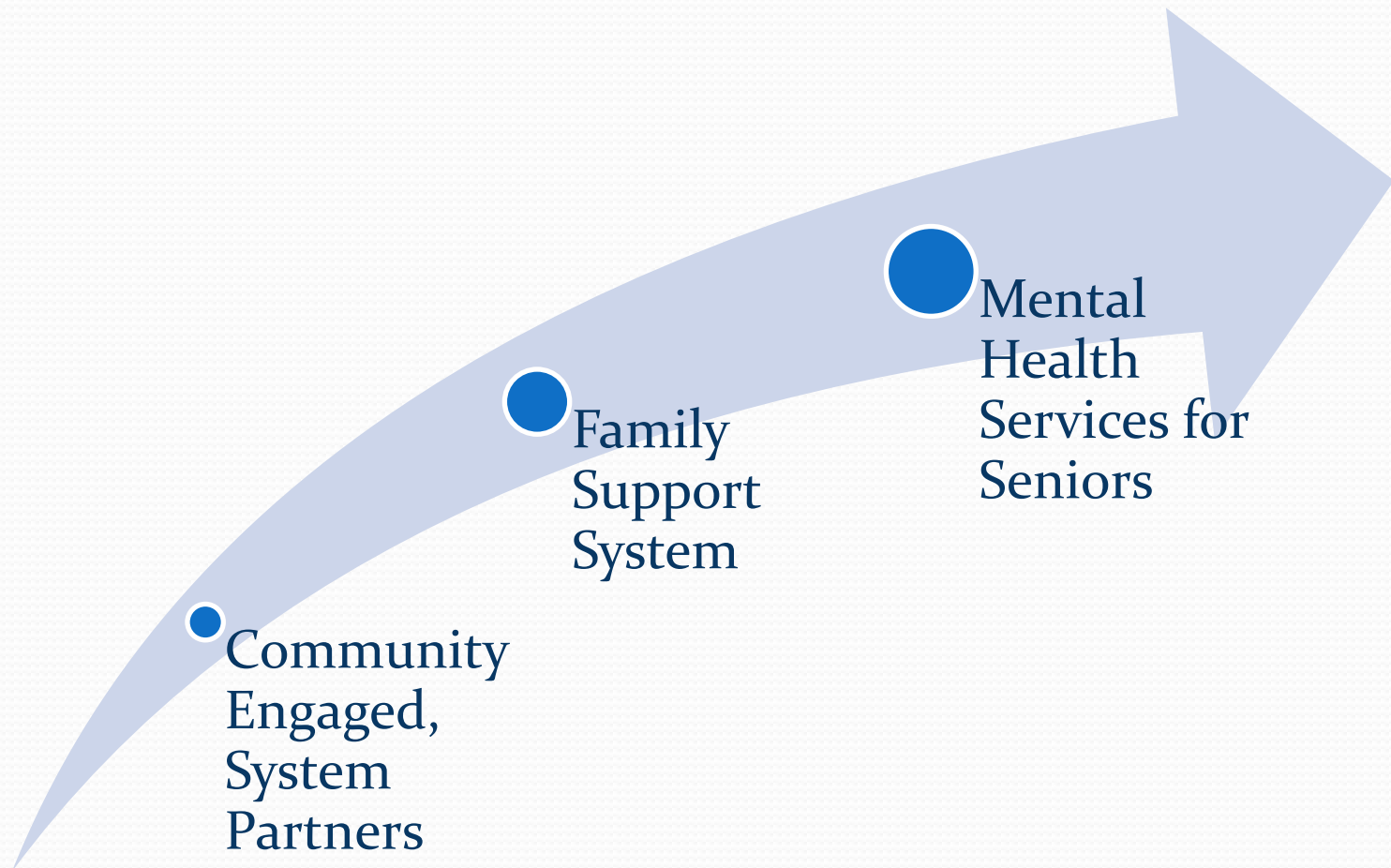
Sigma Reduction

Cultural Competency

Advocacy

Health Insurance & Social Benefits

*One Solution:
Use the continuum to serve seniors*



*One Solution:
Create continuum to respond to
Older Adult summit issues*

Community
Engaged, System
Partners
Policy
Physical Health
Service Access

Family Support System
Outreach and Engagement
Education
**Family/Caregiver
Inclusion & Support**

Mental Health Services
for Seniors
Service Quality & Design
Sigma Reduction
Cultural Competency
Advocacy
**Health Insurance &
Social Benefits**

Older Adult Summit Recommendations

Community Education and Advocacy

Access and Engagement

Service Integration and Quality

Training and Professional Development

Family, Caregiver and Peer Support

Policy Development

The community's thoughtful, comprehensive recommendations are leading us to strategic strategies implemented with our Partners. The OA Summit Plan is a component of the Santa Clara County Senior Agenda initiative.

Older Adult Summit Recommendations

Community Education and Advocacy

Community education to *increase public awareness regarding older adult mental health needs and concerns.*

Access and Engagement

Outreach, engagement and access strategies to *connect older adults served by all county systems to needed mental health services and supports.*

Service Integration and Quality

Increase mental health funded services and implement service delivery strategies that improve mental health outcomes through integration with health, social service and CBOs.

Training and Professional Development

Implement *training to help health, mental health and social service providers to address the holistic social, cultural, emotional, physical and spiritual needs of seniors.*

Family, Caregiver and Peer Support

Implement *strategies that empower and enhance natural support systems to care and provide for elders, their loved ones and caregivers.*

Policy Development

Champion and implement *policies that improve benefits and resources that impact the well-being of older adults.*

* *The community's thoughtful, comprehensive recommendations lead to strategic strategies implemented with our Partners and through revisits to existing System of Care and MHSA.*

* *The OA Summit Plan is a component of the Santa Clara County Senior Agenda initiative.*

Principles and Objectives and OA Summit Recommendations

CSS

ESSENTIAL CSS PLAN PRINCIPLES

Life Span Approach
Community Engaged and Supported
Cultural Competency
Social Ecology Focus
Connectedness Emphasis
Consumer and Family Driven
Based in System Partnerships
Emphasis on Quality and Continuous Learning
Grounded in respect, hope, self-help and empowerment.

OBJECTIVES FOR INITIAL CSS PLAN

Increase
meaningful use of time and capabilities in school, work,
activity
natural supportive relationship network
self-help and consumer/family involvement
safe and permanent housing
Reduce
subjective suffering from mental illness
disparities in services access

MHSA

- > Access easier
- > Services more effective
- > Out-of-home, institutionalization reduced
- > Stigma eliminated

OA Summit

Cultural Competency
Physical Health
Family/Caregiver Inclusion & Support
Services Access
Education
Outreach & Engagement
Advocacy
Sigma reduction
Service Quality & Design
Policy
Health Insurance & Social Benefits

Linking Older Adult summit AND mhsa

OA SUMMIT	MHSA	CSS
Cultural Competency		Cultural Competency
Physical Health		Based in System Partnerships
Family/Caregiver Inclusion & Support		Connectedness Emphasis Increase Natural Supportive Relationship Network
Services Access	Access Easier Out-of-home, Institutionalization Reduced	Life Span Approach Reduce Disparities in Services Access
Education		Social Ecology Focus
Outreach & Engagement		Community Engaged and Supported
Advocacy		Grounded in Respect, Hope, Self-help and Empowerment. Consumer and Family Driven
Sigma Reduction	Stigma Eliminated	
Service Quality & Design	Services More Effective	Emphasis on Quality and Continuous Learning Increase Meaningful Use of Time & Capabilities in School, Work, Activity Increase Self-help and Consumer/Family Involvement
Policy		Reduce Subjective Suffering From Mental Illness
Health Insurance & Social Benefits:		Increase Safe and Permanent Housing

The Recommendation from the Older Adult Summit
match
MHSA consumer and community driven MODEL

Community Education and Advocacy

Access and Engagement

Family, Caregiver, Peer Support
Service



Training and Professional Development

Integration and Quality

Policy Development

Pertinent CSS Programs

	PROGRAM	FY 2012	FY 2013
Ao1	Adult Full Service Partnerships	\$4,545,934	\$4,545,934
Ao2	Adult Behavioral Health Services Outpatient System Redesign	\$11,186,981	\$7,589,738
Ao3	Criminal Justice System Jail Aftercare Program	\$6,930,608	\$6,680,608
Ao4	Urgent Care	\$3,449,971	\$3,523,171
Ao5	Consumer & Family Wellness & Recovery Services	\$1,059,761	\$1,059,761
OAo1	Older Adult Full Service Partnership	\$371,288	\$371,288
OAo2-04	Older Adult Behavioral Health Services Outpatient Redesign	\$1,054,806	\$1,585,042
HC01	Behavioral and Primary Health Care Partnership (<u>moved to Ao2 above</u>)	\$1,502,960	\$5,230,979
HOo1	Housing Options Initiative	\$2,140,791	\$2,437,350
LPo1	Learning Partnership	\$1,593,772	\$1,845,676
CSSADo1	Administration	1,241,341	\$1,573,287

Outreach and Engagement

	Asian/ Pacific Islander		African		Latino		European		Other		Unknown		Total
	Count	Percentage	Count	Percentage	Count	Percentage	Count	Percentage	Count	Percentage	Count	Percentage	
Catholic Charities Golden Gateway Average Age: 67	25	23.3%	2	1.8%	19	17.7%	24	22.4%	12	11.2%	25	23.3%	107

	FY 12 Budget	FY 12 Expenses	FY 13 Budget
Catholic Charities	\$1,075,763	\$1,695,642	\$1,075,763

- Community /Home -based – “whatever it takes” to reach seniors most at need and at risk for mental health services.
- Initial interventions and assessments, and referrals to needed ongoing services.

Full Services Partnership (FSP)

	Asian/ Pacific Islander		African		Latino		European		Other		Unknown		Total
Catholic Charities Average age: 64	4	12.9%	3	9.6%	4	12.9%	16	51.6%	2	6.4%	2	6.4%	31
Community Solutions Average age: 67	0	0	0	0	1	14.2%	4	57.1%	1	14.2%	1	14.2%	7
TOTAL	4	10.5%	3	7.8%	5	13.1%	20	52.6%	3	7.8%	3	7.8%	38

	FY 12 Budget	FY 12 Expenses	FY 13 Budget
Catholic Charities	\$422,189	\$429,301	\$346,228
Community Solutions	\$175,237	\$173,377	\$180,877
TOTAL	\$597,426	\$602,678	\$527,105

- Intensive wraparound to needs of persons with serious mental illness including psychiatric, homelessness or risk of, hospitalization or institutionalization, and risk of physical, financial or psychological harm.
- Update: FY 11 EPS admission decreased by 33%, hospitalization increased by 33% , arrest at zero; increase in European and Latino, decrease in African and Native American, Asian remained the same.

SYSTEM REDESIGN

	FY 13 Budget	Design
Adult Protective Services : County Psychiatric Social Worker/Marriage Family Therapist Pilot Program	\$124,956	
City of San Jose: City Geriatric Specialists in Senior Centers	\$280,000	

- Improved access, engagement, assessment and level of care assignment for outpatient clients.
- Training on transformation principles and intervention, including recovery focused, consumer and family involvement and cultural competency.
- UPDATE:
- Implementation of OA Summit Recommendations
- Training on Cognitive Behavioral Therapy to evaluate depression, and deliver effective clinical interventions for older adults with depression.
- New Program: City of San Jose Geriatric Specialist in senior centers to explore staff ability to identify & address behavioral health needs.
- County Psychiatric Social Worker stationed at Adult Protective Services to provide accessible mental health services to APS referrals. Home based : outreach, engagement, education.

Using the continuum to serve seniors

