

Coming home from service in the Armed Forces is not a “pick up from where you left off” situation. Feelings such as detachment, depression, suicidal thoughts, fear, panic attacks, anger, nightmares and family and social concerns can all be part of the transition back home.



**Mental Health Department
Learning Partnership Division**

Donna Cohen Cretcher, LCSW
Project Manager

Phone: 408-792-3900
Donna.Cretcher@hhs.sccgov.org

1075 E. Santa Clara St. 2nd Floor
San Jose, CA 95116



**Santa Clara County
Mental Health Department**



***Veterans Outreach
Project***

***Supporting, Empowering &
Renewing Veterans***
**Through
Outreach, Referrals and Peer
Support**

Background

Santa Clara County Mental Health Department understands that Veterans have experienced hardship and trauma, and deserve to receive culturally competent services. Some Veterans are not receiving needed mental health services, either due to barriers such as stigma, cultural appropriateness, and lack of resource knowledge; or ineligibility for Veterans Affairs services or other community Veterans programs.

Mission

The mission of the Veterans Outreach Project is to provide outreach, referrals and peer support to Veterans in our community. Veterans who have barriers to access care, and/or who are in vulnerable and high risk life situations will benefit from support such as outreach, education and peer support in accessing mental health and other needed services.

Values

Regardless of discharge status, service experience and personal background, all veterans deserve to receive culturally competent mental health services for their willingness to sacrifice their life for our country.

Welcome Home

From one Vet to another, you are not alone. Call in for support

Michael Roman, MHPSW Intern

**Mental Health Department
1075 E. Santa Clara St. 2nd Floor
San Jose, CA 95116**

408-792-3938

Michael.roman@hhs.sccgov.org



Program Services

Veterans Outreach Project provides outreach to communities where vulnerable Veterans may be found, such as the court system, streets, and crisis centers.

- ◆ *Peer Outreach to where the Veteran is living/staying*
- ◆ *Referrals to mental health and other needed services*
- ◆ *Peer to Peer Supportive Counseling*
- ◆ *Veterans WRAP (Wellness Recovery Action Plan) Group*

Referrals

◆ Veterans Crisis Line

24 hours (800) 273-8255

Connects Veterans and their families with qualified responders through a confidential hotline or text (838255).

◆ Disabled American Veterans

(510) 834-2921

Provides benefit assistance, Informational Seminars, homeless services, and disaster relief.

◆ National Veterans Foundation

(888) 777-4443

VA benefit information, job listings, employment center, veteran service officers, live online chat.

◆ San Jose Vet Center

(408) 993-0729

Services include individual, marital and family therapy, medical and benefits referrals, and employment counseling.

◆ Goodwill Homeless Program

(408) 869-9128

Vocational training, placement, housing, benefits, career center peer-support, mental health counseling.

Santa Clara County Mental Health Call Center

24 hours 1-800-704-0900

For individuals who need mental health services

◆ Catholic Charities-Mission Rebuild

(408) 295-5288

Program provides services to chronically homeless U.S. Veterans.

◆ VET Center

24 hours (877) WAR-VETS

Speak confidentially with a Vet Center counselor at any time.

◆ Suicide and Crisis Service

24 hours (855) 278-4204

Speak to live counselors.