

April 12, 2010

Mr. Paul Taylor
C.E.O.
Momentum for Mental Health
2001 The Alameda
San Jose, CA 95126

Dear Mr. Taylor:

The purpose of this letter is to commend Momentum for Mental Health's successful DBT pilot program in addition to the Momentum staff members who made this effective program possible. Dr. Collins Chiu, Rachel Zioulas MFTI, and Renee Sanguinetti MA, LMFT provided excellent client support and through their positive and professional example displayed great dedication to the principles and mission of DBT, all in service of the clients.

It is not often that I write such letters. However, in this case I was so impressed as were other DBT group members by the support offered by the DBT team that I was compelled to send you this letter of praise and appreciation.

What particularly impressed me about the program was the individual growth which has occurred for DBT group members, evident over a period of time. I am fortunate to have been part of the pilot program and find the skills and tools invaluable in assisting me in living a meaningful life. I equate these skills to a medicine saving my life. It is a great regret to me that the DBT program at this time will not continue in the structured format in which it was originally intended.

In closing, I believe that the DBT staff members deserve congratulations for the excellence they have brought to this effective and meaningful program, and would hope that there will be some further opportunities at Momentum for more clients to receive formal DBT services.

Sincerely,