

TBS Success Story

Susie Q was referred to TBS services on 6/10/2010. Susie Q is a Hispanic and African American teen. Susie Q and caregiver were extremely resistant to TBS services at the start. Susie Q was referred to TBS services for her engagement in physically and verbally aggressive behaviors in the home and educational setting.

Susie Q in Alternative school...

Susie Q in the home setting...

Susie Q in the community...

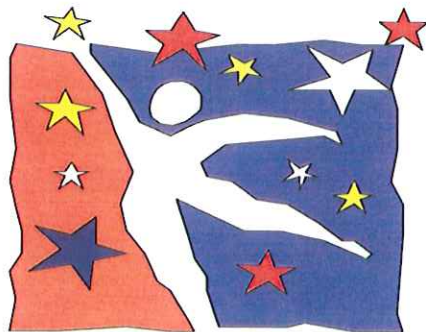
Susie Q in Juvenile Hall...

Susie Q in Comprehensive school...

Susie Q with TBS coach...

Susie Q successful....

Susie Q closed in TBS on 9/9/2011 successfully meeting treatment plan goals.



TBS Success Story

Susie Q would engage in physical altercations in school towards peers and authority figures, she had an explosive temper; had a low level of frustration tolerance, and had violent behaviors and some involvement in gangs while in juvenile hall. Susie Q would become verbally disrespectful to those who she feels have “disrespected her” she lacked respect for authoritative figures and would verbally act out when not knowing how to handle frustrating situations. Susie Q also engaged in verbally aggressive behaviors in the home setting towards caregiver daily. Susie Q experienced regression throughout services and was sent to juvenile hall twice throughout services due to her engagement in physically aggressive behaviors. TBS coach worked with Susie Q on identifying triggers in the home and educational setting and worked with Susie Q on utilizing replacement skills independently as well as effective communication skills. TBS coach taught Susie Q how to utilize deep breathing exercises in the moment, and asking for space when needed in order to refrain from getting upset and engaging in physically aggressive behaviors. TBS coach taught client how to measure action and result before engaging in target behaviors. TBS coach worked closely with the school administration to implement and follow through with behavior contracts in the school setting and assisted school administration with identify possible triggers for client and assisting client with following through with the utilization of replacement skills. TBS coach also attended weekly team meeting with client, caregiver, and primary therapist to address client’s behaviors and assist caregiver with implementing appropriate consequences in the home setting and leading by example due to caregiver having an explosive temper as well. Throughout treatment client was able to decrease the occurrence of physically and verbally aggressive behaviors, get off probation, and return to a comprehensive school from an alternative school. Client and caregiver are now working together to assist client with maintaining positive behaviors in the school setting with all the effective interventions this TBS coach has transitioned over to the family, client is now in JROTC program in high school and maintaining positive relationship with peers and authority figures.

