

**Santa Clara County Mental Health Department – Mental Health Services Act (MHSA)
FY09-10 Annual Update to Community Services and Supports Plan (CSS)**

TAY SYSTEM OF CARE DEVELOPMENT

CSS Work Plan T-01 (Formerly T-01, T-02, T-03 & T-04)	Ongoing MHSA Funds: \$2,665,280	One-Time MHSA Funds: \$100,000								
WORK PLAN DESCRIPTION & PROGRESS	POPULATION TO BE SERVED									
<p>This work plan expands and improves the system of care for TAY priority populations by implementing a continuum of programs and services. System redesign is supported by incorporating the voice and experiences of TAY consumers throughout the development and implementation of this work plan. Specialized outreach, crisis intervention, linkages, self-help, peer support and case management services are provided at a 24-hour Drop-In Center and a community center serving the LGBTQ community. TAY consumers with high levels of need are enrolled in an FSP Program that targets youth “aging out” of other child-serving systems (probation, foster care and special education). FSP providers implement a wraparound model based on the Transition to Independence (TIP) approach developed at the University of Florida, and providers furnish an array of supportive services, including housing assistance. The TIP model focuses on the unique developmental needs of this population and has been extremely successful in engaging at-risk youth involved in the juvenile justice and foster care systems.</p> <p>This work plan’s major programs were fully operational by the beginning of FY09-10. Fiscal years 2007 through 2009 were focused on ramping up the programs and enhancing the system by implementing evidence based practices – Trauma Based Cognitive Therapy (TF-CBT), Motivational Interviewing Transition in Progress (TIP) and Brief Strategic Family Therapy (BFST). Through this work plan the MHD will continue to refine, improve and expand the system of care for TAY consumers and their families. The specific needs of those experiencing the onset of serious psychiatric illness (with psychotic features), will be addressed under Project 3 of the County’s PEI plan.</p>	<p>This work plan serves young people between the ages of 16 and 25 with mental health diagnoses. The specific focus is on youth and young adults in this age group who are adjudicated through the Juvenile Dependency and Delinquency Courts, who are involved in the special education or Mental Health systems, and who are screened and assessed to be experiencing physical, social, behavioral and emotional distress related to mental health and co-occurring conditions. In addition, this work plan provides specialized services to Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) young adults. All those served will be experiencing significant negative impacts resulting from untreated or under-treated mental illness that are impacting one or more life domains. The FSP Program especially targets TAY consumers who are Latino, African American, Native American, LGBTQ or from other ethnic minority communities.</p> <table border="1" data-bbox="905 743 1974 1396"> <thead> <tr> <th data-bbox="905 743 1478 787"><u>Focal Populations:</u></th> <th data-bbox="1478 743 1974 787"><u>Estimated Number of Clients Served:</u></th> </tr> </thead> <tbody> <tr> <td data-bbox="905 787 1478 831">o Youth and young adults (16-25) aging out of systems</td> <td data-bbox="1478 787 1974 831"></td> </tr> <tr> <td data-bbox="905 831 1478 875">o TAY experiencing first break psychosis</td> <td data-bbox="1478 831 1974 875"></td> </tr> <tr> <td data-bbox="905 875 1478 1396"></td> <td data-bbox="1478 875 1974 1396"> Total Unduplicated: 6,053 </td> </tr> </tbody> </table>		<u>Focal Populations:</u>	<u>Estimated Number of Clients Served:</u>	o Youth and young adults (16-25) aging out of systems		o TAY experiencing first break psychosis			Total Unduplicated: 6,053
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CRITICAL CONCERNS	STRATEGIES / GOALS	
<ul style="list-style-type: none"> ○ Juvenile justice involvement ○ Drug and alcohol abuse ○ Lack of Skills/Job/Education ○ Sadness, depression, suicide ○ First Time Breaks (hospitalization) ○ Lack of social support& family network ○ Peer and Family Problems 	<ul style="list-style-type: none"> ○ FSP Program for youth “Aging out” of systems ○ Designing and Implementing a Young Adult -Centered Screening, Assessment and Level of Care System ○ Implementing Improved Treatment Services and Supports through Training on Evidenced Based Models ○ Specialized housing 	<ul style="list-style-type: none"> ○ Drop-in center/crisis team ○ Peer & family involvement ○ O&E to underserved ○ Implementing a “First Break” Major Psychiatric Illness Pilot Program ○ Specialized LGBTQ services ○ Middle college partnership; Educational and Vocational Support
KEY INITIATIVES, PROGRAMS & ACTIVITIES		
<ul style="list-style-type: none"> ○ FSP Program for TAY. This is an intensive program providing up to 53 TAY clients. This model combines components from wraparound, AB2034, and Transition to Independence (TIP) approaches in an articulated framework that addresses the transition needs of youth. In addition to treatment and other support services, TAY FSP clients have access to rental assistance and subsidized housing. This program is operated by contract agencies. ○ TAY Drop-In & Crisis-Center. This program provides TAY consumers and TAY individuals with access to a 24-hour drop-in center. TAY clients can access specialized crisis intervention, linkages, self-help, peer support and case management services. The drop-in center also serves as an excellent hub for reaching out to and engaging young people who may benefit from mental health services or support. This program is operated in down town San Jose by the Bill Wilson Center. ○ LGBTQ Outreach & Engagement. This program provides outreach, engagement, assessment and treatment services to LGBTQ TAY consumers and individuals through the Billy De Frank Center. The program is a collaboration between the Center and Family & Children Services. ○ TAY Involvement & System Development. The TAY initiative is supported by a .50 FTE FSP Coordinator and a 1.0FTE TAY Services Coordinator who are working to enhance and improve the TAY system of care. This work plan also currently funds three TAY consumers who participate in the community planning process, conduct outreach and represent the voices of TAY consumers in system meetings. 		