

Ujima Adult and Family Services, Inc.

Ujima's mission

To improve the lives of African's by providing an African centered behavioral health and support services to the African community. African centered services incorporate African history (Africa and the U.S.) and cultural norms and values and make them the center from which all activities are formed. We advocate on multiple levels to improve and challenge the policies and services in the community.

History

Ujima Adult and Family Services started as Ujima Youth Program of the South Bay Association of Black Social Workers in 1991. As per plan, it spun off and incorporated as Ujima Adult and Family Services, Inc. in 1994. The agency was created from inception to be of the African community and serve the community by developing and providing African centered services. This also includes raising the consciousness of adults, youth and their families by affirming life giving and life saving values that motivate African people toward self-determination and liberation.

Services

Mental Health Programs

Adult Mental Health Services that include: medication support, crisis intervention, case management and rehabilitation. The outpatient community based services are designed to provide the maximum reduction of mental disability and restoration of the highest level of functioning.

Youth Mental Health Services that include: medication support, crisis intervention, case management and rehabilitation. The community based services target African youth involved in the juvenile justice and social services systems. We work with all involved to reduce/eliminate involvement of these systems in their lives and increase family and individual strengths to achieve success.

Community Programs

These are a variety of intervention/prevention community and school based programs designed to reinforce cultural strengths and values. The programs are focused primarily on African youth in various high schools working to increase academic success through increased knowledge of self and building a sense of community.