



Youth Mental Health First Aid

Join the movement

Take a course. Save a life. Strengthen your community.

To register for this
Free 8 hour course contact:
Sharon Rose Torres
(408) 792-3923

Sharon.Torres@hhs.sccgov.org

May 7, 2019 & May 8, 2019
9am-1pm

Learning Partnership
1075 E Santa Clara Street, 2nd Floor
San Jose, CA 95116

Registration form is due one week before the training date. We reserve the right to reschedule the training if less than ten (10) participants are present on the first day of training.

A person you know could be experiencing a mental health or substance use problem.

Learn an action plan to help.

You are more likely to encounter someone in an emotional or mental crisis than someone having a heart attack. Learn how to help a friend, family member, coworker or neighbor in need. Anyone 18 and older can take Mental Health First Aid.



MENTAL HEALTH
FIRST AID USA

FOR ADULTS ASSISTING YOUNG PEOPLE



Family Outreach and Engagement Program

For more information, visit

www.sccbhsd.org/eccac