



SANTA CLARA VALLEY HEALTH & HOSPITAL SYSTEM YOUR BEST CHOICE FOR MEDICATION-ASSISTED RECOVERY SERVICES

The Addiction Medicine and Therapy Program (AMT): Medication-Assisted Recovery Services

The Addiction Medicine & Therapy Program (AMT) is part of the Santa Clara Valley Health & Hospital System specializing in the medication-assisted treatment of substance use disorders (SUD) through the combination of outpatient treatment, group and individual counseling. AMT has been providing treatment services in the community since 1978 and operates three addiction medicine outpatient clinics throughout the County of Santa Clara.

Our Mission and Vision

AMT restores lives by providing state of the art treatment to individuals and their families affected by substance use disorders and particularly with dependence. We provide a multidisciplinary approach to recovery enhancing the lives of individuals, families and the community. Services are flexible, individualized, evidence-based and provided within a healthy and safe environment.

Our Commitment to Quality

AMT is a licensed and accredited narcotic treatment program and operates in accordance with all applicable federal, State and local regulatory guidelines. Our programs operate with a staff of physicians, nurses, medical assistants, licensed counselors, clinical social workers, registered nurses and certified drug and alcohol counselors.

AMT is fully accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and is a Center for Excellence where we are committed to ensuring access to comprehensive, high-quality care that affords every opportunity for recovery.

AMT has Board certified staff physicians who are also certified by the American Board of Addiction Medicine (ABAM).

99% “Always Satisfied” With Their Experience of Care

Patients of the AMT program rate their experience of care and quality of services very highly at 99%. Patients also indicate that their lives have improved since enrolling medication-assisted recovery.



Positively impact the
health and well being
of the people we are
privileged to serve.



AMT is a fully accredited licensed Center for Excellence with a multidisciplinary team of professionally licensed staff and physicians who are certified by the American Board of Addiction Medicine (ABAM)

AMT offers a full-range of comprehensive outpatient medication-assisted treatment services

The National Institute on Health recommends Methadone Maintenance as the treatment of choice for opiate dependence.

Medication-Assisted Treatment

Medication Assisted Treatment (MAT) is the administering and dispensing of Methadone and other federally approved medications at relatively stable dosage levels, in conjunction with appropriate social, clinical, and medical services.

- Methadone Maintenance Treatment
- Suboxone Treatment
- Methadone medically managed withdrawal
- Suboxone Detoxification
- Vivitrol (naltrexone) treatment
- Coordinated care with primary and specialty care referrals

Psychosocial Support Services

- Screening and Assessment (American Society of Addiction Medicine)
- Individual and Group Counseling (evidence-based practices)
- Family Counseling
- Medication Management
- Rehabilitation Services
- Case Management
- Care Planning across multiple dimensions of health

"I am a 43 year old mother of 3 and am married to a peace officer. I became addicted to Vicodin after being prescribed to treat my severe headaches. Over my 4-year addiction history, I "doctor shopped", bought pills on the internet and somehow avoided any legal consequences. After several failed attempts at detoxification, I was finally admitted into methadone maintenance at the Santa Clara County Addiction Medicine & Therapy Program. For 3 years now, the compulsion to use illicit drugs has gone and I am fully in recovery. I work regularly in business and have been a nurturing wife and mother to my family. I am well known in my community and an active parent at my children's school."



Treating the Whole Person with Individualized Care



AMT acknowledges that there is no “one size fits all” approach to addictions treatment that can meet the needs of every patient. AMT uses evidence-based practices where the best quality of care is provided using the most current treatment technologies available. These include the treatment standards as established by the *American Society of Addiction Medicine*, the *Substance Abuse and Mental Health Services Administration—Center for Substance Abuse Treatment*, and the *National Quality Forum Consensus Standards for Substance Use Treatment*.

AMT Outcomes Surpass National Averages

When it comes to helping patients obtain and sustain recovery from compulsive illicit substance use, AMT has shown superior outcomes compared with national averages. The AMT performs exceptionally well with 53% of patients showing sustained functionality for 12 months or longer compared to a national average of 30%. Functionality (improved quality of life) is defined as “a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.” (SAMHSA, 2011).

“I had a long history of Oxycontin addiction and was a frequent visitor to the ER where I would invent physical symptoms to get pain meds. My addiction finally got me in trouble when I got caught stealing pain pills from the hospital I worked at. I came to the Addiction Medicine & Therapy (AMT) program at Santa Clara County where I was ultimately stabilized with methadone and care managed with counseling services. Since then, I have been in continuous and stable recovery for over 5 years now. I can finally be present for my two daughters, work full time at my job as Respiratory Therapist and am in excellent standing with my professional organization.”

CORE VALUES OF AMT

The Addiction Medicine & Treatment Program (AMT) places a focus on empowering each patient to succeed in recovery from addiction. Services are flexible, individualized, evidence-based and provided within a healthy and safe environment.

We are committed to achieving excellence by ensuring each person served is:

- Treated with the utmost level of respect and confidentiality
- Given courteous and responsive service in a professional manner
- Provided honest, compassionate, and meaningful treatment services

Since the mid-1960's, methadone maintenance has been the “gold standard” for the treatment of opioid dependence.
JAMA. 2005. 294
(8);961-3

AMT has 3 Clinic locations throughout the greater San Jose area

Central Valley Clinic
2425 Enborg Lane
San Jose, CA 95128
(408) 885-5400

Alexian Health Clinic
2101 Alexian Drive
San Jose, CA 95116
(408) 272-6577

South County Clinic
90 Highland Avenue
San Martin, CA 95046
(408) 852-2420

SANTA CLARA VALLEY HEALTH & HOSPITAL SYSTEM
MEDICATION-ASSISTED RECOVERY SERVICES

People Recover,
There is Hope,
We Can Help



"Heroin use was only a symptom of other things I needed to learn how to cope with to be successful. I continue to be committed to recovery because when I allowed myself to be open to the process and accept my disease of addiction, I was free. Free to be a loving mother of two, free to contribute to my community, free to share my recovery experiences and free to be a woman I am proud of, honored to be, and will continue to become."

AMT Partnerships

The purpose and value of the AMT Partnerships is to maintain a diversity of research-based perspectives on matters relating to the provision of medication-assisted recovery services for patients served by AMT.

Commission on the Accreditation of Rehabilitation Facilities (CARF) - Opioid Treatment Programs
National research-based standards of care for opioid treatment programs. www.carf.org

National Alliance of Methadone Advocates

Resources for patients and health care professionals that are supporters of quality of opioid agonist treatment. www.methadone.org

Association for the Treatment of Opioid Dependence (AATOD)

AATOD was founded enhance the quality of patient care in treatment programs by promoting the growth and development of comprehensive opioid treatment services throughout the United States. www.aatod.org

California Society of Addiction Medicine (CSAM)

Physicians dedicated to improving the treatment of substance use disorders. A State chapter of the American Society of Addiction Medicine. www.csam-asam.org

National Council for Behavioral Health

Offers state-of-the-science education and practice improvement consulting and resources to ensure mental health and addiction services are efficient and effective. www.thenationalcouncil.org

Stanford University School of Medicine—Addiction Medicine Program

State-of-the-art training in the treatment of patients with addiction, including detoxification, pharmacotherapy for addiction, and consultation for medical and hospital services. <http://psychiatry.stanford.edu>



To establish a partnership, Referral
or more information call us at

(408) 885-3412

Or

(408) 885-5400

