

# Orientation to Behavioral Health Specialty Services for Children, Youth & Families

Santa Clara County Behavioral Health Board  
System Planning & Fiscal Committee

March 4, 2016



# History and Timeline

**2011**  
Family &  
Children's  
Mental Health  
Gap Analysis

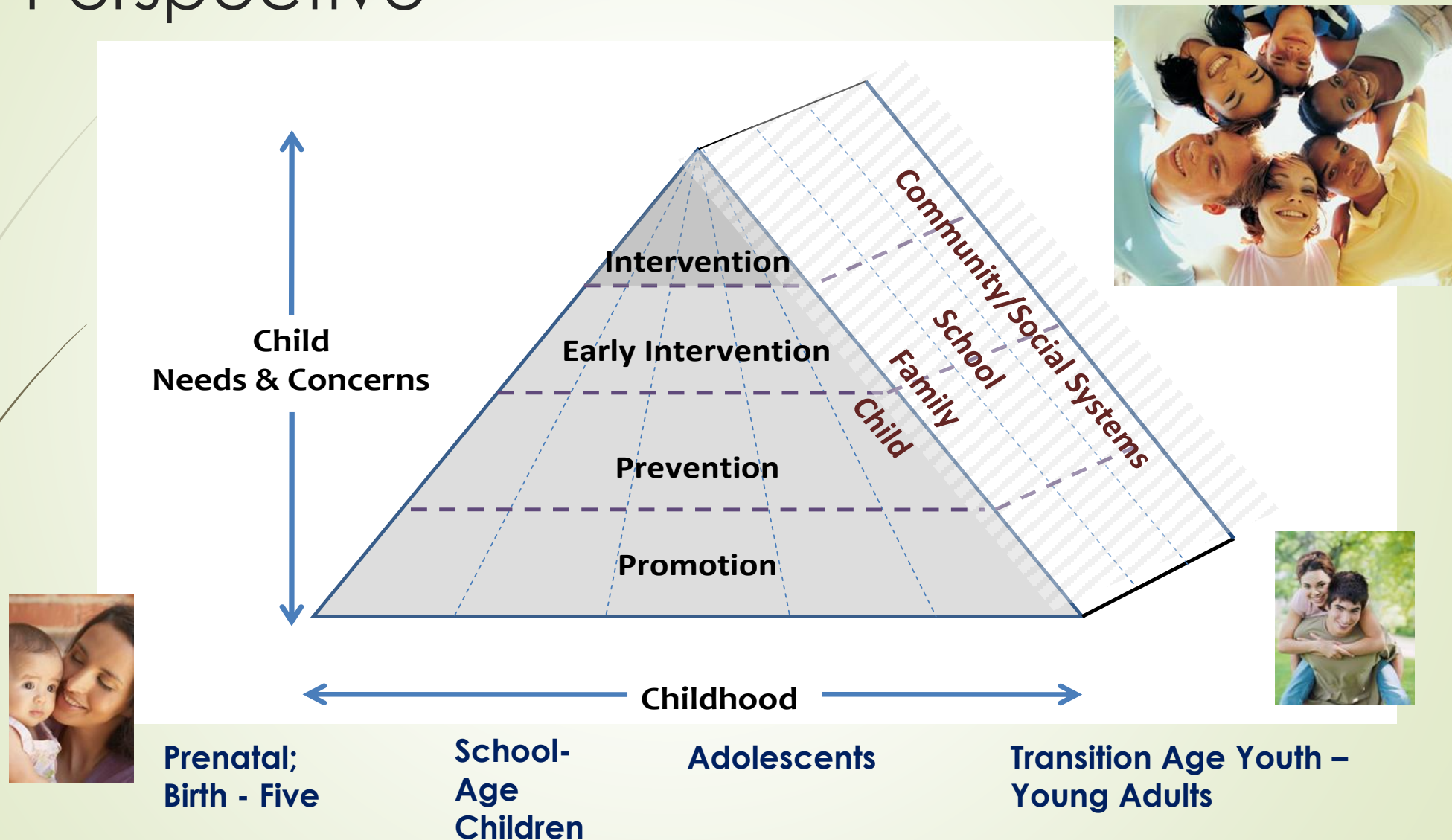
**2012-2013**  
Level of  
Care Work  
Group

**2012**  
Integration of  
Mental Health  
Department  
and  
Department  
of Alcohol  
and Drug  
Services  
begins

**2013**  
Integrated  
services  
planning  
process for  
Family &  
Children's  
Services and  
Youth System  
of Care  
Divisions  
begins

**2014**  
Behavioral  
Health  
releases  
Family &  
Children's  
Outpatient  
Services  
Request for  
Proposal  
(RFP)

# Continuum of Care – Developmental Perspective

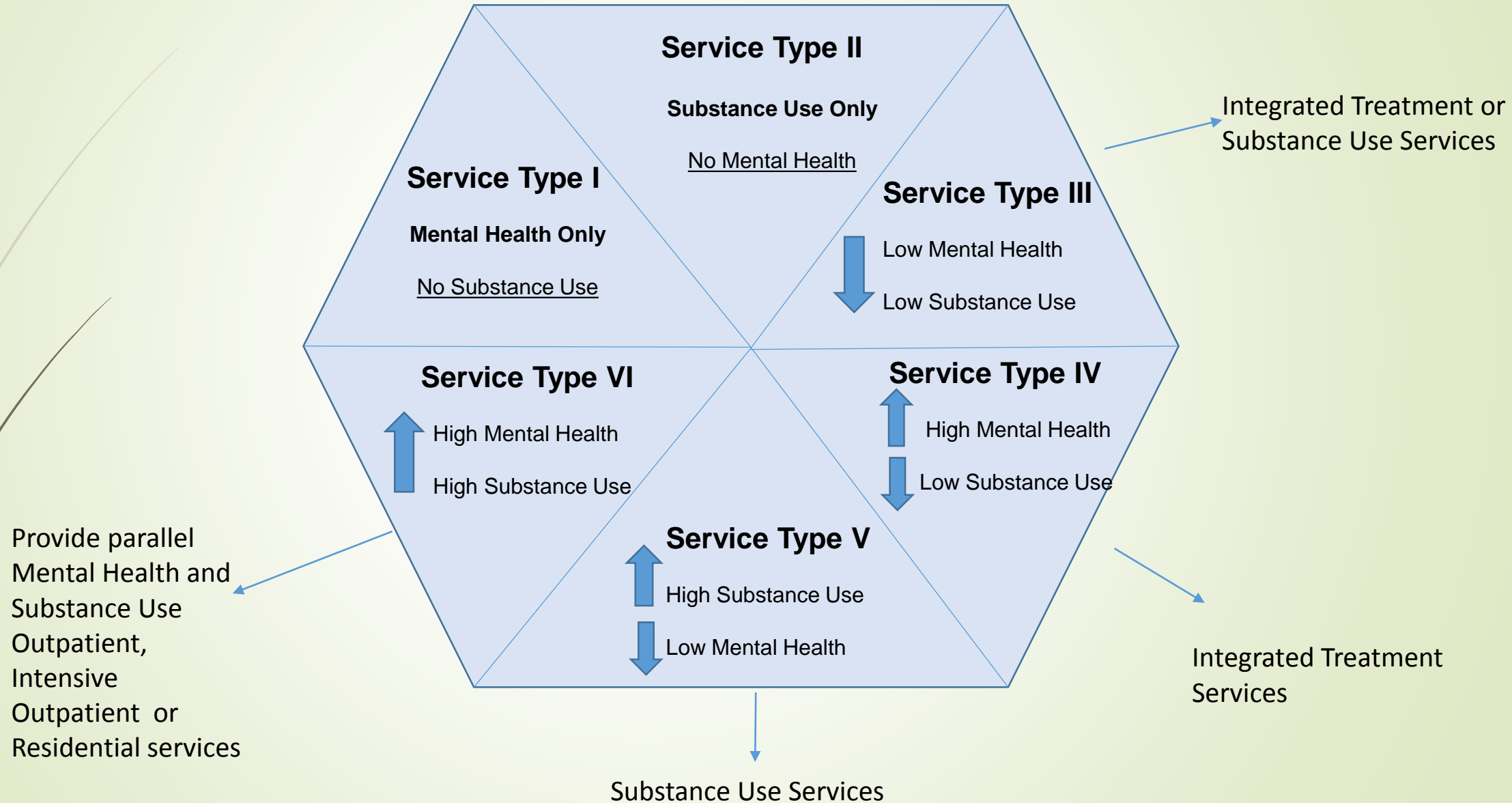


# Four Quadrant Framework



# Expanding the 4 Quadrant Framework

5

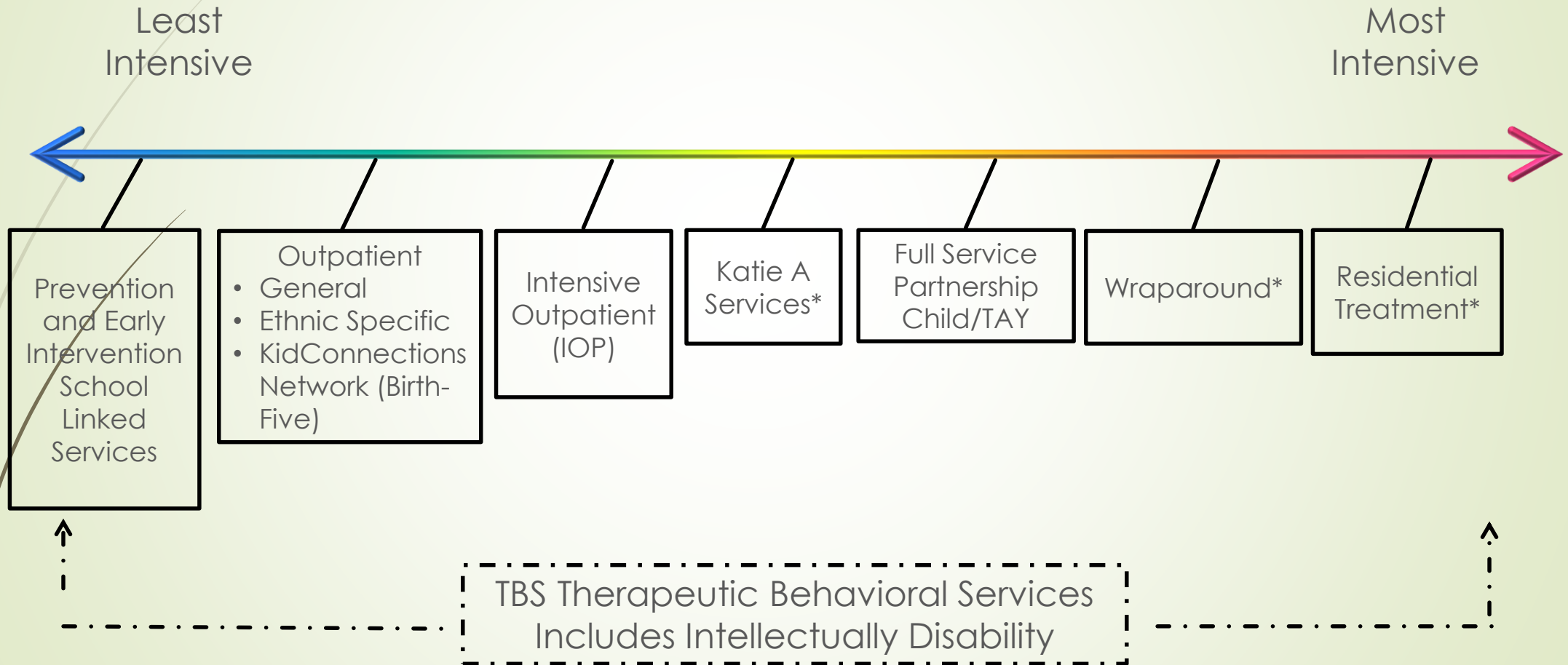


# Continuum of Care



6

## Primary Mental Health Only—Referral to BHSD Mental Health Division



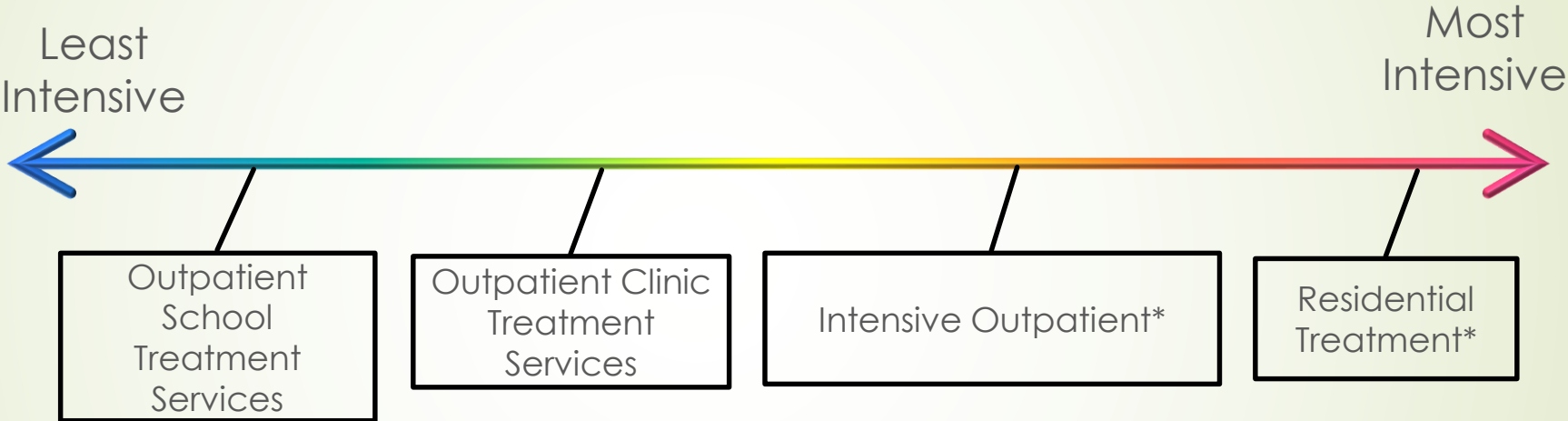
\*Call Center does not refer to these programs

# Continuum of Care



7

➤ **Substance Use Disorder Only—Referral to BHSD Substance Use Division**



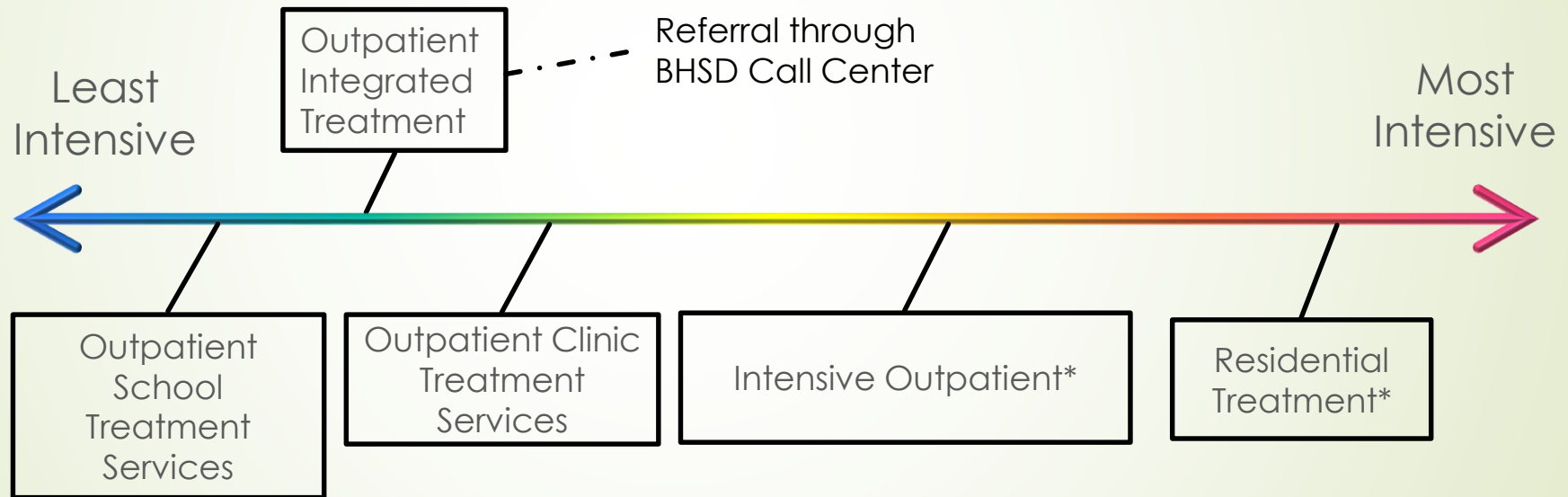
\*Call Center does not refer to these programs

# Continuum of Care – Integrated Treatment



8

- High Severity Substance Use Disorder & Low Mental Health Services- Referral to BHSD DADS Youth System of Care or BHSD Mental Health (Co-Occurring High Mental Health and Low Substance Use Disorder)



\*Call Center does not refer to these programs



# Continuum of Care – Levels of Care

9

Family & Children's Outpatient Program	Average Dosage and Duration	Clients/Year Expected	Active Caseload (Slots)	Total Budget
<b>Outpatient Mental Health Services</b>	4.1 hours per child/month; 8 months length of service	4,114	2,743	\$20,254,459
<b>School Linked Services</b>	4.1 hours per child/month; 8 months length of service	924	616	\$5,090,100
<b>Outpatient Substance Use Services</b>	4.5 hours per child/month; 6 months length of service	813	407	\$845,505
<b>JPD Aftercare and Ranch Services</b>	4 hours per child/month; 7.5 months length of service	122 (Ranch) 119 (Aftercare)	71 (Ranch) 79 (Aftercare)	\$669,355 (Ranch) \$300,000 (Aftercare)
<b>Specialty/Ethnic Specific Services</b>	4.5 hours per child/month; 8 months length of service	251	167	\$1,414,997
<b>Outpatient Integrated Behavioral Health Services</b>	4.5 hours per child/month; 8 months length of service	175	117	\$900,000

# Continuum of Care – Levels of Care

10

Family & Children's Outpatient Program	Average Dosage and Duration	Clients/Year Expected	Active Caseload (Slots)	Total Budget
<b>FIRST 5/Birth to Five Services</b>	<ul style="list-style-type: none"> <li>• Therapeutic Services: 5 hours per child/month; 8 months length of service</li> <li>• Developmental Specialists Services: 5 hours per child/month; 2 months length of service</li> <li>• Home Visitation: 5 hours per child/month; 6 months length of service</li> <li>• Family Court Care Prevention Services: up to 4 sessions per child/family</li> <li>• Family Court Care Coordination: Linkage and coordinated care for families</li> <li>• Parenting Workshops</li> </ul>	<p>935</p> <p>1,010</p> <p>436</p> <p>192</p> <p>96</p>	<p>636</p> <p>187</p> <p>218</p> <p>80</p> <p>16</p>	<p>\$12,173,614</p>

# Continuum of Care – Levels of Care

Family & Children's Outpatient Program	Average Dosage and Duration	Clients/Year Expected	Active Caseload (Slots)	Total Budget
<b>Intensive Outpatient Services</b>	8 hours per child/month; 9 months length of service	746	554	\$7,659,571
<b>Katie A. Services</b>	10 hours per child/month; 12 months length of service	300	300	\$8,673,422
<b>Therapeutic Behavioral Services (TBS)</b>	<ul style="list-style-type: none"> <li>Standard: 10 hours per child/month; 6 months length of service</li> </ul>	455	235	\$4,351,063 (Regular)
	<ul style="list-style-type: none"> <li>Intellectual/Developmental Delay or Disability: 15 hours per child/month; 5 months length of service</li> </ul>	159	65	\$1,855,714 (Intellectual / Developmental Delay)
<b>Substance Use Residential Services</b>	Active Caseload: 8 youth	33	8	\$808,946

# Continuum of Care – Levels of Care

12

<b>Overall Budget</b>	
<b>F&amp;C Services included in BHSD's 2015 Request for Proposals</b>	\$56,323,324
<b>Katie A. Services</b>	\$8,673,422
<b>Total</b>	\$64,996,746

# Service Gaps

- Demand exceeds capacity for Spanish-speaking behavioral health services
- Continued preparation related to training, consultation and supervision for the treatment of Co-Occurring Conditions
- Need additional support for Crisis Stabilization Unit to address the immediate psychiatric needs of children and adolescents experiencing a mental health crisis
- Need for increased children's mobile crisis capacity to meet community demand

## Questions?

### Contact:

Sherri Terao, EdD

Division Director, Family & Children's Services

Santa Clara County Behavioral Health Services Department

828 S. Bascom Avenue, Suite 200

San Jose, CA 95128

p: (408) 885-5776

e: [sherri.Terao@hhs.sccgov.org](mailto:sherri.Terao@hhs.sccgov.org)