Helping Families to Promote Well-Being & Reduce Health Risks for LGBTQ+ Children & Youth

A one-day Family Acceptance Project® Training

AUDIENCE: This training is for Santa Clara County providers who work in behavioral health, health care, school-based, out-of-home and faith-based settings.

LOCATION:
Zoom (online) - login details to be provided. Full visual (webcam) and audio participation is required.

NEW 2021 DATES:
Friday, January 15th
Thursday, February 18th
Friday, March 26th
Friday, April 9th
9:00 am - 4:30 pm
Registration begins at 8:45am
Our Trainings are free!
Register online at either:
- sccLearn.sccgov.org those seeking CEUs and those with an sccLearn account
- www.surveymonkey.com/r/SCCFamilyAcceptanceProject all other providers

LEARNING OBJECTIVES:
After the completion of this training, participants will be able to:
- Discuss the role of family acceptance and rejection of LGBTQ adolescents on their health and well-being.
- Describe specific family behaviors that are related to increased health risks for LGBTQ adolescents, including suicidality, substance abuse, depression and HIV, and family behaviors that protect against risk and promote well-being.
- Discuss Family Acceptance Project® strategies to engage families and to help decrease risk and promote well-being for their LGBTQ children.

--- 6 CEUs are Available! ---

Dr. Caitlin Ryan is a clinical social worker & researcher who has worked on LGBTQ health & mental health for more than 40 years, with a focus on children, youth and families. Dr. Ryan and her team at the Family Acceptance Project® conducted the first comprehensive research and developed the first evidence-based family support model to reduce risk and promote well-being for LGBTQ children and youth - in the context of their families, cultures and faith communities. Her work has established the field of family intervention and acceptance for LGBTQ children & youth and is widely recognized by professional and community groups.

The Family Acceptance Project’s research shows that family rejection contributes to serious health risks for LGBTQ youth, including suicidal behavior, depression, illegal drug use, sexual health risks and HIV, while family acceptance helps protect against risk and promote well-being.

This training will provide an overview of key evidence-based approaches and strategies to increase family support for culturally diverse LGBTQ children and youth, and an opportunity to increase skills for working with their families.