

Training & Coaching Intensive:

Supporting LGBTQ+ Youth in Systems of Care

A 40-Hour Training Program Powered by the RISE Program of the Los Angeles LGBT Center
In Partnership with the County of Santa Clara Office of LGBTQ Affairs & Behavioral Health Services Department

AN URGENT NEED FOR TRAINED HELPING PROFESSIONALS

Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ+) people have long been considered an invisible population in systems of care. Jurisdictions throughout the United States typically lack services and resources that meet the unique needs of this population. Public and private stakeholders are also often unaware of the institutional and individual barriers the LGBTQ+ community experiences.

These service disparities continue despite the extreme overrepresentation in spaces such as systems of care. For example, at least 23% of youth in the child welfare system identify as lesbian, gay, bisexual or questioning. A study by the Administration for Children and Families found that 39% of LGBTQ+ youth were forced from their homes due to their sexual orientation or gender identity. However, across the country, many children and youth's services professionals receive no training on supporting LGBTQ+ youth, their caregivers, and other staff.

CORE CONTENT

RISE has developed the Training and Coaching Intensive (TCI) for potential and existing trainers, coaches, and subject matter experts or "holders" working for public and private agencies. This program focuses on the skills and knowledge needed to deliver the RISE Program's evidence-informed Staff Training on Working with LGBTQ+ Youth in Systems of Care, which is highly adaptable for other sectors, adult populations, etc. The 5-day Intensive is based upon strengths-based, best practices for supporting LGBTQ+ youth, including principles for effective communication.

At the core of the RISE training, is the belief that with skilled, thoughtful, and targeted interventions, LGBTQ+ communities can achieve permanency and positive outcomes. The Intensive is applicable to anyone interacting with the LGBTQ+ community and is especially geared towards community-based organizations (CBOs), providers, and "Helping Professionals" including but not limited to: social workers, probation officers, clinicians, educators, homeless services, and more.

TRAINING OBJECTIVES

1. Participants will increase their familiarity, ability, and comfort with delivering RISE curriculum to staff.
2. Participants will learn and apply effective strategies for managing participants, engaging different learning styles, creating a safe space that encourages learning, and fielding difficult questions.
3. Participants will improve their ability to recognize and respond to instances of anti-gay bias, antitransgender bias, and heterosexism in the training room.

Additional Info

- Instructors: Christian Quijano, Eden Sarkisian, & Doni Tadesse, Training & Coaching Instructors + Ariel Bustamante, Capacity Building Manager
- For questions about accessibility or to request accommodations to fully participate, please contact Ariel Bustamante, abustamante@lgbtcenter.org. Requests should be made as soon as possible but at least two weeks' notice of need for accommodations is requested.
- To report grievances please contact Ariel Bustamante, abustamante@lgbtcenter.org
- Certificate of completion will be provided to participants within 14 business days of course, upon successful completion.

Virtual Courses Offered on a Rolling Basis

Training & Coaching Intensive Outline Course Agenda	Topics
Pre-work (in advance)	<ul style="list-style-type: none"> • Participants will receive a workbook to complete including: agency checklist, agency/individual goals, & content review.
Day 1: Preparing and Promoting Knowledge and Practice	<ul style="list-style-type: none"> • Pre-assessment measuring LGBTQ+ Content Foundation • Review of Agency/Individual Goals • Delivery of RISE Training for Staff
Day 2: Adapting Knowledge and Practice	<ul style="list-style-type: none"> • Additional Module(s): <ul style="list-style-type: none"> ○ The Learning Edge ○ Framework Deep-Dive ○ Privilege + Positionality/Intersectionality
Day 3: Growing Knowledge and Practice Bandwidth	<ul style="list-style-type: none"> • Additional Module(s): <ul style="list-style-type: none"> ○ Gender Affirming Care ○ Setting the Climate for Facilitation & Content Management
Day 4: Assessing Knowledge and Practice of Self	<ul style="list-style-type: none"> • Additional Module(S): <ul style="list-style-type: none"> ○ Youth-Adult Partnerships • Participants Will Be Tested on Facilitation Skills, Content Delivery, And Training Management Strategies. <ul style="list-style-type: none"> ○ Each Participant Will Deliver A Section of The Curriculum. • Participants Will Take A Post-Assessment to Measure LGBTQ+ Content Foundation and Must Pass With A Minimum Score For Course Completion Credit
Day 5: Maintaining and Sustaining Knowledge and Practice	<ul style="list-style-type: none"> • Additional Modules: <ul style="list-style-type: none"> ○ Self & Community Care ○ Gamification exercises • Agency Implementation & Individual Coaching + Technical Assistance

Find Out More: www.riseltgbtq.org
Or to Register Visit: bit.ly/risesantaclara