

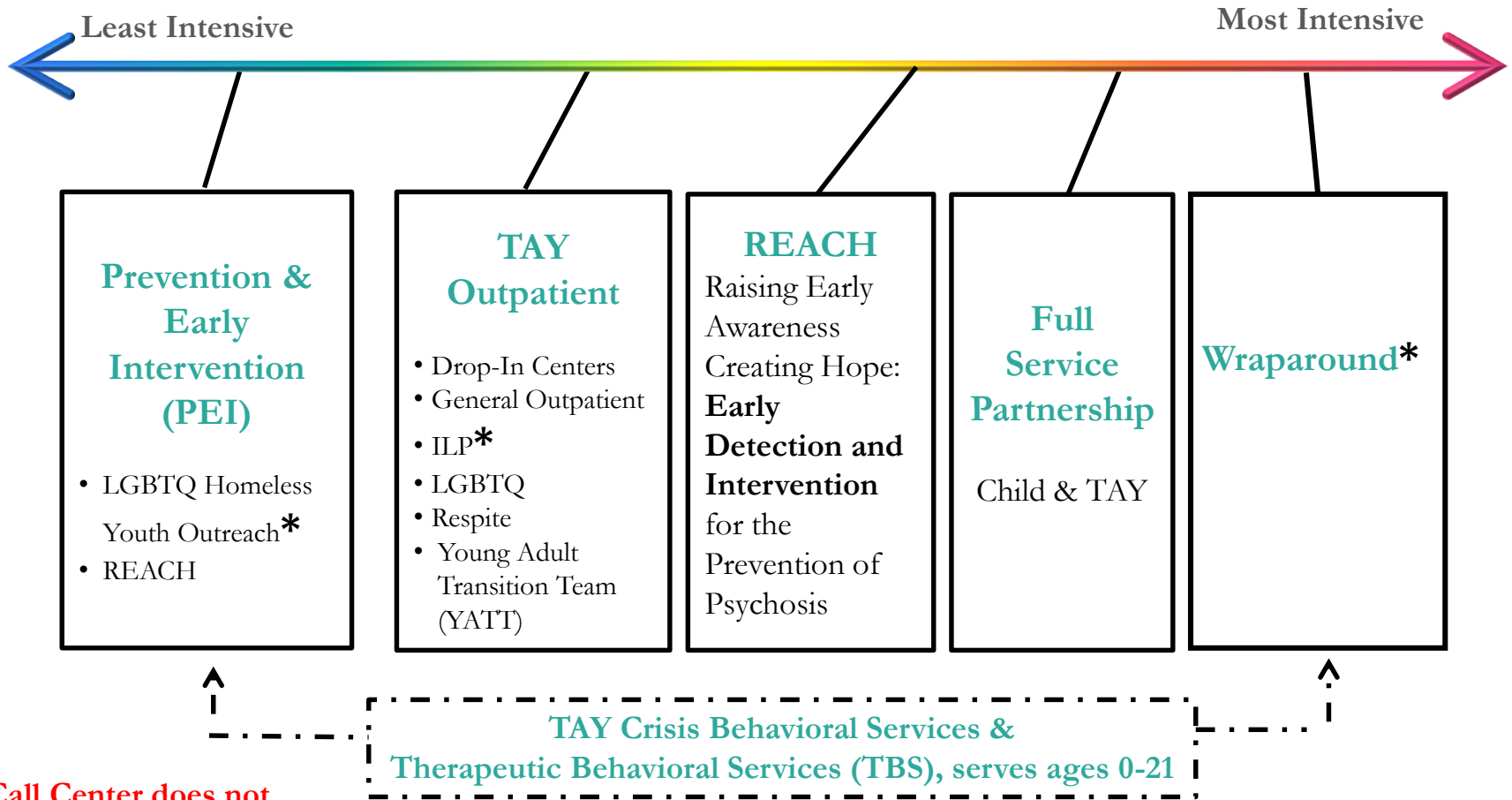


SANTA CLARA COUNTY
Behavioral Health Services

**TRANSITIONAL AGE YOUTH (TAY)
COORDINATED CONTINUUM OF CARE
FAMILY & CHILDREN'S DIVISION**

Rev. June 2018

Transitional Age Youth (TAY) Coordinated Continuum of Care



*Call Center does not refer to these programs

**Types of Programs
for Transitional
Age Youth (TAY)**

**Description of Services *for* Transitional Age Youth (TAY)
*Prevention & Early Intervention***

**LGBTQ Homeless
Youth Outreach**

Specialized Outreach and counseling services to the homeless or runaway LGBTQ youth community, ages 12 to 25. The program objective is to reconnect LGBTQ youth to their families and/or provide other stable living situations for this vulnerable underserved population.

**REACH (Raising
Early Awareness
Creating Hope)**

REACH is a continuum of service that provides early detection, prevention and intervention services to individuals experiencing signs and symptoms related to the early onset of psychosis and schizophrenia, ages 10-25. There is an emphasis on adolescents and Transitional Aged Youth (TAY) ages 16-25.

All services of this program will be guided by the practices and requirements as described by the *PIER (Portland Identification and Early Referral) Model*. Treatment services include assessments, medication evaluation, support services, crisis intervention, individual, group, collateral, family therapy, rehabilitation, and case management/brokerage services. The treatment team may consist of a family specialist, a parent partner, an education and employment specialist, an occupational therapist, therapists, a psychiatrist, and the supervisor. Services will be provided in the community in a variety of settings, including agency, home of the foster parent or biological parent of the child, clinic, school, and community agencies as necessary and as needed by the clients served.

Average length of stay will be 1 year as determined by *Pier Model*, with the understanding that additional time may be required for family crises, hardships, or with clinical justification resulting in services up to 2 years. Criteria for admission will be based on the outcome of the *Structured Interview for Prodromal Syndromes (SIPS)* assessment. If the client meets the admission criteria, then the program will work with the referring provider to begin the transfer process. Informational hotline: 1-855-2REACHUS (1-855-273-2248).

Types of Programs for Transitional Age Youth (TAY)	Description of Services <i>for</i> Transitional Age Youth (TAY) <i>TAY Outpatient</i>
Drop-In Center	A space for TAY, ages 16-25. Services to consist of a safe, welcoming, and inclusive environment for outreach, engagement, basic needs, and direct access to Behavioral Health resources.
General TAY Outpatient	An outpatient services component with an emphasis of treatment for Co-occurring Disorders and use of Trauma Informed Care. Services are for ages 16-25, and include a Drop-In Center, Multi-lingual Crisis/Referral Hotline, brief crisis intervention, case management, self-help and peer support services, outreach, and engagement activities.
Independent Living Program (ILP) Wellness	Services will be available to individuals 16 to 25 years of age and will consist of psychiatric and medication services, case management support, individual and family therapy, community linkage, housing placement and a variety of rehabilitation services that assist youth in developing the functional and emotional skills necessary for recovery and independence. ILP Wellness is designed to best address the needs of current and emancipating foster youth.

Types of Programs for Transitional Age Youth (TAY)	Description of Services <i>for</i> Transitional Age Youth (TAY) <i>TAY Outpatient (continued)</i>
LGBTQ Outpatient	Confidential counseling and medication services are offered to lesbian, gay, bisexual, transgender, queer/questioning youth between the ages of 16-25.
Respite	Night-Time Respite will take place at the Drop-In Center and will be provided from 9 pm to 6 am, 7-days a week to TAY ages 18 to 25 who are homeless, on the verge of homelessness, may have a diagnosis of a mental illness or have early warning signs and symptoms, or may be at risk for hospitalization. Respite is not a safe alternative for hospitalization. They may have substance abuse issues as well. The majority of these youth are either homeless, in need of temporary shelter care as a result of a crisis situation or who are at risk of homelessness and/or in need of a safe alternative place to stay as assessed by Respite and Drop In Center Case Managers. Referrals are received in person at the Drop-In Center or through our TAY Hot line referral number.
Young Adult Transition Team (YATT)	The Young Adult Transition Team is a mental health specialty bridge team between the Family and Children’s Division and the Adult Division of Mental Health in Santa Clara County. The YATT Team works with seriously mentally ill individuals between the ages of 18-25 and strives to provide services that meet the unique needs of the young adult consumer. The team provides Outpatient services consisting of individual, family, and group therapy in addition to medication services. The Young Adult Transition Team also provides intensive case management services that are specifically tailored to the young adult population. This can include linkage to housing resource agencies, employment programs, Social Security, and other community resources.

**Types of Programs
for Transitional
Age Youth (TAY)**

**Description of Services *for* Transitional Age Youth (TAY)
*Full Service Partnership (Child/TAY)***

**Full Service Partnership
(FSP)
Child & TAY**

FSP is a comprehensive intensive mental health service which addresses the needs of children (ages 6-15) and TAY (16-25). FSP provides an array of services based on the needs of the youth consisting of individual/family treatment, 24/7 crisis support, medication services, peer mentoring and case management. The program is designed for children and TAY who are experiencing physical, social, behavioral and emotional distress. Services are provided within a team approach and will address the whole “family,” and support for parents or adult caregivers will be provided.

Outreach services coordinate to assess child/TAY desire and readiness to enter in a partnership with the agency for services. FSP will utilize age-appropriate strategies to engage the youth and their families (if applicable) during a 30-day (maximum) pre-opening Outreach period to inform them about FSP services and to determine if referral will be opened to services with that agency. FSP is able to continue support services to clients despite acute hospitalizations and/or being detained in juvenile custody.

The BHSD Call Center, Behavioral Health Resource Center (BHRC) for Juvenile Probation Department, Department and Family Children’s Services, BHSD 24-hour Care, Community, Self-Referral (former FSP graduates), and BHSD Clinics can make FSP referrals.

Age Parameters	Bill Wilson Center	Community Solutions	Caminar (formerly FCS)	Gardner Family Care	Las Plumas SCC BHS	Momentum for Mental Health	Starlight Community Services	Uplift Family Services
Child/TAY - Full Service Partnership		<u>TAY</u> Ages 16-25	<u>Child</u> Ages 6-15		<u>Child</u> Ages 6-15	<u>TAY</u> Ages 16-25	<u>TAY</u> Ages 16-25	<u>Child</u> Ages 6-15
Drop-In Center	(ages 16-25) Open to Community		(ages 13-25) Open to Community	(ages 16-25) Open to Clients		(ages 10-25) Open to Clients		(ages 16-25) Open to Clients
General TAY Outpatient	Ages 16-25			Ages 16-25		Ages 14-25		Ages 16-25
Independent Living Program (ILP) Wellness	(ages 16-25) *must have min. 1-day of foster care							
LGBTQ Outpatient	Ages 16-25		Ages 16-25					
LGBTQ Homeless Youth Outreach	Ages 12-25							
Multi-lingual Referral Hotline (serves clients)	Ages 16-25		Ages 16-25	Ages 16-25		Ages 16-25		Ages 16-25
REACH						Ages 10-25	Ages 10-25	
Respite	Ages 18-25							
Young Adult Transition Team (YATT)					Ages 18-25			

Health Insurance	Bill Wilson Center	Community Solutions	Caminar	Gardner Family Care	Las Plumas BHSD	Momentum for Mental Health	Starlight Community Services	Uplift Family Services
Child/TAY - Full Service Partnership		✓ Medi-Cal ✓ Uninsured		✓ Medi-Cal ✓ Uninsured		✓ Medi-Cal ✓ Uninsured	✓ Medi-Cal ✓ Uninsured	✓ Medi-Cal ✓ Uninsured
Drop-In Center	✓ Medi-Cal ✓ Uninsured		✓ Medi-Cal ✓ Uninsured	✓ Medi-Cal ✓ Uninsured		✓ Medi-Cal ✓ Uninsured		✓ Medi-Cal ✓ Uninsured
General TAY Outpatient	✓ Medi-Cal ✓ Uninsured			✓ Medi-Cal ✓ Uninsured		✓ Medi-Cal ✓ Uninsured		✓ Medi-Cal ✓ Uninsured
Independent Living Program (ILP) Wellness	✓ Medi-Cal							
LGBTQ Outpatient	✓ Medi-Cal ✓ Uninsured		✓ Medi-Cal ✓ Uninsured					
LGBTQ Homeless Youth Outreach	✓ Open to Community							
Multi-lingual Referral Hotline	✓ Open to Community		✓ Open to Community	✓ Open to Community		✓ Open to Community		✓ Open to Community
REACH						✓ Medi-Cal ✓ Uninsured	✓ Medi-Cal ✓ Uninsured	
Respite	✓ Medi-Cal ✓ Uninsured							
Young Adult Transition Team (YATT)					✓ Medi-Cal			

Referral Pathway & BHSD Call Center

System Entry Points

- *Pediatricians
- *Self Referrals
- *Priority Referrals
- *Family Resource Centers

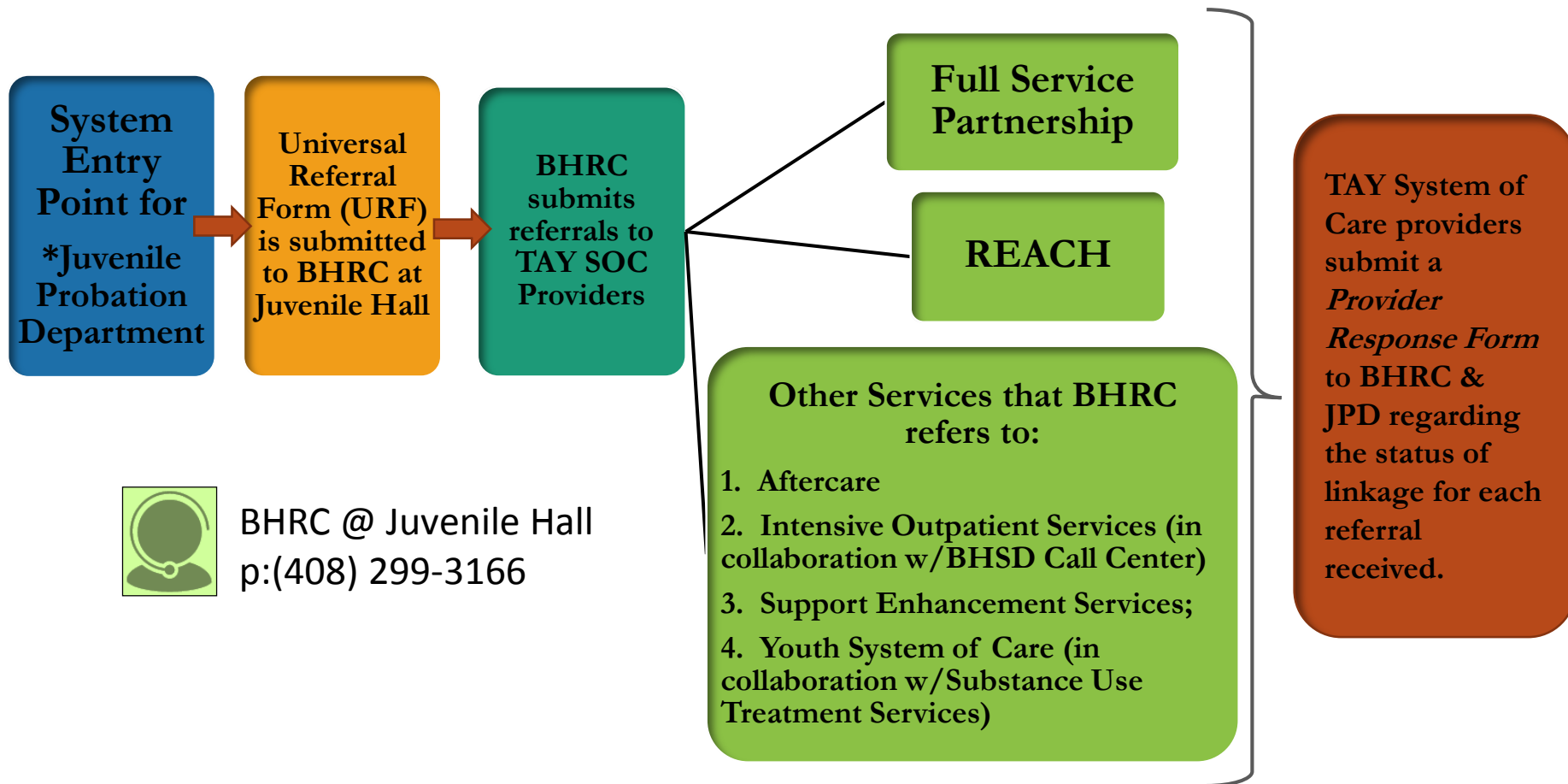


BHSD Call Center
1-800-704-0900

TAY Services

- *REACH
- *Outpatient
- *LGBTQ
- *Young Adult Transition Team
- *Full Service Partnership

Behavioral Health Resource Center (BHRC) & Referral Pathway at Juvenile Hall



Agency	Contacts	Programs
Bill Wilson Center	3490 The Alameda Santa Clara, CA 95050 Phone:(408) 243-0222	<ul style="list-style-type: none"> • TAY LGBTQ • LGBTQ Homeless Youth Outreach • TAY Outpatient/Drop-In/ Respite • Independent Living Program (ILP) Wellness
Community Solutions	9015Murray Avenue, #100 Gilroy, CA 95020 Phone: (408) 842-7138	<ul style="list-style-type: none"> • Child FSP • TAY FSP
Caminar (formerly FCS)	452 South First St. San Jose, CA 95113 Phone: (408) 343-7940	<ul style="list-style-type: none"> • TAY LGBTQ “Youth Space”
Gardne Care Corporationr Family	160 E. Virginia St., Suite 100 San Jose, CA 95112 Phone: (408) 287-6200	<ul style="list-style-type: none"> • Child FSP • TAY Outpatient

Agency	Contacts	Programs
<p>Momentum for Mental Health</p>	<p>185 Martinvale Lane San Jose, CA 95119 (408) 207-0070</p>	<ul style="list-style-type: none"> • TAY FSP • TAY Outpatient • REACH
<p>Starlight Community Services</p>	<p>6203 San Ignacio Ave San Jose, CA 95119 Phone (408) 284-9000</p>	<ul style="list-style-type: none"> • Child FSP • TAY FSP • REACH
<p>Uplift Family Services</p>	<p>232 E Gish Rd San Jose, CA 95112 Phone (408) 453-7616</p>	<ul style="list-style-type: none"> • Child FSP • TAY Outpatient



Questions & Comments?

Contact:

Linda Hsiao, LCSW

Infant Family Early Childhood Mental Health Specialist

TAY Services/Dually Involved Youth Manager

Santa Clara County Behavioral Health Services

Family & Children's Division

725 E. Santa Clara St., 3rd Floor, Suite 301

San Jose, CA 95112

Linda.Hsiao@hhs.sccgov.org