



California Association of Local Behavioral Health Boards and Commissions

Minutes for Friday April 22, 2016

Gold Rush Ballroom

Members Present: Larry Gasco, Julie Crouch, Mae Sherman, Beryl Nielsen, Carole Marasovic, Luvenia Jones, Terri Bohrer, Lyndal-Marie Armstrong, Debra Allen, Keng Cha, Steve Clavere, Janet O'Meara, Leslie Wilson, James Cavener, Merilla Scott, May Farr, Karyn Bates, Mohamed Asiad

Liaison: Daniell Daniels

Absent: Herman DeBose

Excused Absence: David Wood

Guests: Susan Wilson, Jane Adcock, Shoshana Zatz, Duane Chapman, Susie Martin, Kate Gaston, Maria Correia

President, Larry Gasco, gave a report to the Planning Council at 9:00am.

The meeting was called to order at 1:05pm by President Larry Gasco. Welcome and roll call. Changes were made to the agenda and approval of the minutes was changed to Saturday. Jane Adcock, Executive Director of the Mental Health Planning Council, and Susan Wilson, Liaison to the CMHPC, gave a report. This year the Planning Council's programs will focus on children and youth. The Data Notebook for this year will have sections for data on the homeless population, more on children and youth, and what schools are doing with Mental Health problems. Shoshana Zatz from CiBHS talked about how many Mental Health Boards had been trained. More focus on outcomes of trainings.

Toby Ewing, Executive Director of MHSOAC, met with David Wood, Steve Clavere, Terry Bohrer, Leslie Wilson, and Mae Sherman April 1st. Direction for growing our Association was given.

Toby Ewing, Executive Director for the MHSOAC and Matt Lieberman, Associate Governmental Program Analyst, were invited to speak from 2:00pm-3:30pm. Some things shared by Mr. Ewing were having better oversight over Local BH/MH Boards. Finding out what Local Boards are doing and how effective are the services. There is 52 million of

unspent MHSA funds to help expand services of the Criminal Justice System, Mental Health in schools and especially to the Veterans and underserved. Mr. Ewing also shared that an RFP would be out in the next three weeks and should be responded to by July 1st. 2016. One of the questions asked was, "What is Prudent Reserve money?" The answer was, "It is a fiscal lock box set aside to spend when the economy drops".

Regional Coordinators met with each other and attendees from each Region.

We recessed at 5:00pm to prepare to have dinner at Terry Bohrer's home. A lot of planning went into this so once again, a big THANK YOU to Ms. Bohrer for the wonderful and elegant dinner.

Minutes for Saturday April 23, 2016

Reconvene

California/Washington Room

Members Present: Larry Gasco, Julie Crouch, Mae Sherman, Beryl Nielsen, Carole Marasovic, Luvenia Jones, Terri Bohrer, Lyndal-Marie Armstrong, Debra Allen, Keng Cha, Steve Clavere, Janet O'Meara, Herman DeBose, Merilla Scott, May Farr, Karyn Bates, Mohamed Asiad, Leslie Wilson, James Cavener

Liaison: Daniel Daniels

Excused Absence: David Wood

Guests: Duane Chapman, Susie Martin, Kate Gaston, Maria Correira

President Larry Gasco, called the meeting to order at 8:05am. Welcome and Roll Call.

The January minutes were approved with a motion from Karyn Bates and second by Leslie Wilson. The minutes were thought to need a correction, but after reading them again there was no correction needed. They stand as written.

Cary Martin is not currently on his local board, so with the recommendation of Steve Clavere, President Larry Gasco appointed Janet O'Meara be interim Regional Coordinator for the Central Region.

Reports were given by the following Committees: Finance, Communications, Policies and Procedures, Bylaws, Legislation, Training, Treasurer.

Finance Chair, Karyn Bates, reported that 46 Counties had paid their dues. January 14, 2016 – April 9, 2016, Checking Balance was \$102,498.00, with \$20,046.00 withdrawn for travel and hotels.

Communications and Policies & Procedure's Chair, Julie Crouch, reported the Web Site was current and she is having Go To meetings.

Bylaws Chair, Cary Martin was absent, no report was given.

Legislation Chair, Terry Bohrer, reported that the Committee was looking into Mental Health Legislation and how it affects Local Mental Health

Training Chair, Carole Marasovic, suggested that Local Boards in each Region should have training three times a year. The Committee will work on a curriculum for those kinds of trainings.

Treasurer Report, Beryl Nielsen, name has been changed at the bank from Mental Health to Behavioral Health. More Counties have paid the dues than last year. Trying to find a CPA to do an audit, may cost \$1,000.00 - \$1,500.00, depending on the kind of audit needed.

Newly formed Ethics and Recognition Committee Chair, Mohamed Asiad, reported that the committees will meet to decide what needs to be done. Mohamed passed out forms to nominate Counties for best services.

Discussion as held about collaborating with other Mental Health Organizations. A motion was made by Debra Allen with a second from Terry Bohrer, that Dave Wood and Steve Clavere would be designated to be the Liaisons for MHSOAC and CMHDA and others. The motion passed with 10 ayes, no nays, and 3 abstentions

A motion was made by Terry Bohrer with a second from Steve Clavere to establish the Association in California Statute for its existence. The language will be presented at the June meeting. The motion passed with 14 ayes, no nays, and 4 abstentions

Discussion on Strategic Plan and was decided that it needed work. Terry Bohrer made a motion with a second from Janet O'Meara, to send it to all the Directors to propose modifications and send to President Larry Gasco before the Executive meeting. The motion passed with 16 ayes, no nays, and 1 abstention.

A motion was made by Lyndal-Marie Armstrong with a second from Karyn Bates to change the wording in the Bylaws Article XVI., Section 2. The suggested change to the wording is: "The CALBHB/C may amend the Bylaws at any regularly scheduled meeting. Any amendments must be approved by a two-thirds vote of all Directors present. The motion passed with 16 ayes, no nays, and one abstention.

A suggestion was made to change wording in the Bylaws Article VII, section 1 B. The suggestion was to change the wording to, "Directors serving as officers on the CALBHB/C shall be allowed to fulfill term of office even if the term on their Local Board is over. There was no action taken on the suggestion.

An Ad Hoc Committee was formed to respond to the upcoming RFP from the MHSOAC. The Committee members are: Larry Gasco, Terry Bohrer, Dave Wood, Carole Marasovic, and Steve Clavere.

Senator Jim Beall was scheduled to speak at 1:30pm, but was unable to attend.

3:00pm-3:30pm----Completion of claims and reimbursements.

The meeting was adjourned at 3:30pm with the consensus of the board.

After adjournment, Bay area elections were held. The Directors elected: Carole Marasovic, Beryl Nielsen, Luvenia Jones, Lyndal-Marie Armstrong. Alternates elected: Marie Correira, Susie Martin, and Duane Chapman. The Directors chose Carole Marasovic as Regional Coordinator.

Next meeting is June 16, 17, 18 2016 in Ontario at the Ontario Airport Hotel.

Respectfully Submitted by Mae Sherman, Secretary



California Association of Local Behavioral Health Boards and Commissions

Annual Report for FY 2014-15

FY 2014-15 marked a time of great change within the California Association of Local Mental Health Boards and Commissions (CALMHB/C). As of June 20, 2015, we are the California Association of Behavioral Health Boards and Commissions (CALBHB/C). CALBHB/C will be used exclusively after the Articles of Incorporation are amended. On July 1, 2014, newly elected Officers assumed their offices and new responsibilities. The newly elected officers included Larry Gasco, Los Angeles County, President; Cary Martin, San Joaquin County, First Vice President; Marsha Ramstrom, Shasta County, Second Vice President; Mae Sherman, Lassen County, Secretary; and Debra Allen, Kings County, Treasurer. At its annual meeting in June 2015, it revised its bylaws to reflect a change in the name of the Association to the California Association of Behavioral Health Boards and Commissions (CABHB/C) and elected new officers. The newly elected officers included Larry Gasco, Los Angeles County, President; David Wood, Tulare County, First Vice President; Julie Crouch, Riverside County, Second Vice President, Mae Sherman, Lassen County, Secretary, and Beryl Nielsen, Napa County, Treasurer. Cary Martin will serve as the most recent Past President. They assumed office July 1, 2015. The Association is in the process of amending its Articles of Incorporation with the Secretary of State to reflect its new name.

CALMHB/C, now CALBHB/C, is a statewide organization that supports the work of local mental health boards. The Association was established in 1993 as a 501(c)(3) non-profit corporation (Tax ID #33-05816682). Its primary mission is to assist local mental health boards and commissions to carry out their mandated functions as specified in the Welfare and Institutions Code, Section 5600-5623.5 and to advocate for the concerns of local mental health boards and commissions in a unified voice at the state level. The Association seeks to improve the quality, quantity, and cultural competency of mental health services provided to the residents of California. Its constituency includes the mental health boards of 58 counties and the City of Berkeley and Tri City Mental Health Center. The Welfare and Institutions Code requires each mental health board to be composed of no less than 50% consumers and family advocates.

The CALMHB/C Board of Directors consists of 25 members and the most immediate past President. All members of the Board of Directors shall be a current member of a county mental health board or commission. The Board of Directors includes a significant number of consumers and advocates. Each of the Regions described below is represented by five Directors, one of whom serves as the Regional Coordinator. Its Officers including the President, First Vice President, Second Vice President, Secretary, and Treasurer, are elected at the annual meeting by the Board of Directors and county mental health boards not represented on the Board of Directors who are in attendance.

The following description provides the framework in which the Association operates. The Association's Board of Directors is and will be in perpetual flux. The terms of some Directors on their county mental

health board may end or the Director may choose to pursue other endeavors. Although many talented Directors are lost, their replacements bring new vigor and talents to the Association.

In order to encourage intra- and inter-regional cooperation and coordination, the Association is divided into Regions. These Regions coincide with the regions of the former California Mental Health Directors Association, as follows:

The Superior Region includes the counties of Butte, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Nevada, Plumas, Shasta, Sierra, Siskiyou, Tehama, and Trinity.

The Central Region includes the counties of Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Madera, Mariposa, Merced, Mono, Placer, Sacramento, San Joaquin, Stanislaus, Sutter-Yuba (Joint Powers), Tulare, Tuolumne, and Yolo.

The Bay Area Region includes the counties of Alameda, Contra Costa, Marin, Monterey, Napa, San Benito, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, plus the City of Berkeley.

The Los Angeles Region includes the County of Los Angeles.

The Southern Region includes the counties of Imperial, Kern, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, and Ventura, plus Tri-City (Pomona, Claremont, LaVerne).

The Southern Region includes the counties of Imperial, Kern, Orange, Riverside, San Bernardino, San Diego, Santa Barbara, San Luis Obispo, Tri-Cities, (Claremont, La Vern), and Ventura

The CALMHB/C provides a forum for each Director to exchange information about their respective mental health board/commission activities and issues. Each of the local mental health board/commissions is invited to attend regional meetings to discuss issues, keep informed of legislation and receive training on best practices and current affairs. At the Regional meetings, the five Directors who serve on the Board of Directors are elected. At the annual meeting, all local boards/commissions are invited to attend. At the annual meeting, a representative from each of the local boards/commissions in attendance is eligible to cast a vote for the election of the Officers and to amend the bylaws when that action is necessary. When local boards and commissions are informed of issues before them and members are empowered to perform their duties and responsibilities, the mental health departments and the people they serve will benefit.

During the past year, CALMHB/C demonstrated its growing organizational maturity. At the request of the President, a Director drafted a strategic plan. One of the products of this work was the change in the name of the Association. Because lack of funding limited the Association's ability to assist local mental health boards, two of the priority areas in the plan dealt with having the Association established in state law and securing a significant increase in funding from private and public sources. The remaining areas are ongoing areas that need our focused attention. They include education, outreach and advocacy, and infrastructure. These critical areas are essential in improving our ability to assist local mental health boards/commissions. There was extensive discussion on issues related to the draft strategic plan by the Directors at the quarterly meetings. Another product of this discussion was the creation of a Resource Development Committee.

The Association committees meet quarterly and are encouraged to meet more frequently. The President appointed an Ad Hoc Nominations Committee. This committee canvassed the Directors to ascertain

their interest in serving as candidates for office. The Nominations Committee conducted the election at the annual meeting. In addition to the candidates who had expressed interest in serving, the committee accepted nominations from the floor. The Executive Committee met monthly by teleconference and responded to business and issues that arose between the quarterly meetings. Among other activities, the President and First Vice President met with Senator Jim Beall at his San Jose office. It plans to meet with other members of the legislature and representatives of statewide mental health organizations. The Bylaws Committee made the necessary changes in the bylaws to reflect the change in our Association's name. The revisions were approved at the annual meeting. The Legislative, Communications, Training, and Finance Committees met quarterly. The Policy and Procedures Manual Committee met throughout the year but was unable to complete a draft for review and approval by the Board of Directors. This task was carried over to the next fiscal year.

The Board of Directors is considering changing its meeting structure to allow additional time to focus on infrastructure development and other issues critical to the Association. For the past several years, the Association has given a full day of one of its quarterly meetings for the CiBHS statewide training. This is something it may not do in the future. There was consideration of modifying its relationship with the California Mental Health Planning Council. One of the recommendations was to free additional time for the Association committees to meet. This would be achieved by not attending a portion or all of the Planning Council's last session, usually held Friday morning.

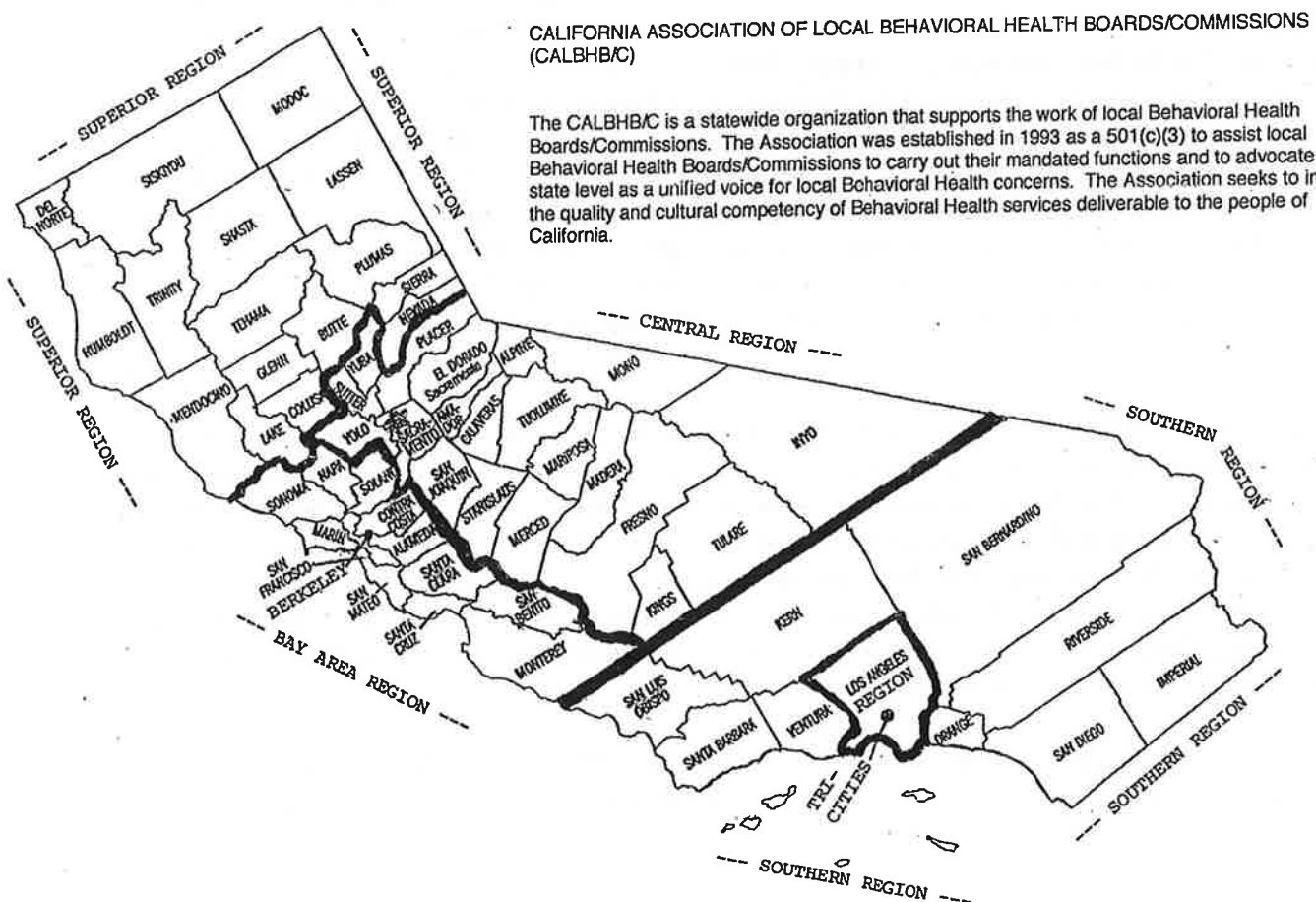
Although the Association focused on developing its infrastructure, it continued a robust education and training program at each of its quarterly meetings as it has for the past three years. Because of limited funding, the Association only reimburses the Directors for attending quarterly meetings. The Directors' travel and lodging are paid by the Association. They are reimbursed for other travel, incidentals, and per diem expenses. All local mental health board members are invited to participate. Members of the Association attending the quarterly meetings were exposed to a wide variety of presentations on innovative programs and training on topics critical to local mental health boards to discharge their mandated responsibilities. For example, Margot Mendelson gave a presentation advocating for Reforming Conditions of Confinement for Prisoners with Mental Disabilities in California State Prison. Roselyna Rosado, Shanna Talant, and Elizabeth Heinz talked about the I-Hot program, San Diego County's alternative to Laura's Law. Geoff Millard, Swords to Plowshares, spoke about Cultural Competency in interacting with veterans and the challenges facing veterans seeking employment and housing. Marla Kingkade, Lt. Debbie Farrar, and Christopher O'Neal talked about the joint law enforcement and mental health collaborative effort to respond to crises. Linda Garret, Risk Management Services, talked about California laws on Mental Health Confidentiality and Privacy to consumers.

At the request of Sonoma and Santa Cruz mental health boards, Directors provided training on the mandated responsibilities of the local mental health boards. The training was well received. One reason for this is that the training is provided by peers who deal or have dealt with many of the same issues in their respective mental health boards. At both training sessions, there was extensive dialogue between our Directors and the members of the local mental health boards. A consistent theme is that the county mental health boards for the most part are not provided sufficient resources. It is important to note that the Association Directors who provide this mental health board training are not reimbursed for expenses incurred because of funding limitations.

The Association continued to collaborate with the California Mental Health Planning Council (CMHPC) and the California Institute of Behavioral Health Solutions (CiBHS). Time is allocated on

our quarterly meeting agendas for their representatives to make brief reports and the President of the Association makes a report at CMHPC meetings. The Association assists CMHPC by supporting its efforts to have county mental health boards complete the Data Notebook. Association Directors from the Los Angeles Region facilitated and coordinated a presentation by Los Angeles County District Attorney Jackie Lacey and Dr. Marvin Southard, Director of the Los Angeles County Department of Mental Health on the District Attorney's initiative to divert people with mental health issues from the criminal justice system. District Attorney Lacey deserves kudos for leading this herculean effort. Dr. Southard has played a critical role in educating other task force members on available mental health services. The Task Force includes representatives from the District Attorney's office, Public Defender, law enforcement, mental health, probation, the Mental Health Commission, and staff members of the Los Angeles County Board of Supervisors. The Association collaborates with CiBHS. This organization has a state contract to train county mental health boards. It is the position of the Association that it could use this funding more effectively. The Association and CiBHS staff and contractors negotiated a two year plan. Each year, CiBHS will provide a statewide training session. It would provide two regional trainings. For this fiscal year, the Superior and Central Regions received the training. Next fiscal year, Bay and Southern/Los Angeles Regions will be the sites for regional training. There was a great turnout for this year's statewide training thanks to the efforts of Association Directors who contacted and encouraged attendance.

Although the Association was very active in FY 2014-2015, the lack of staff and an office made it very challenging to address the education and training needs of the local mental health boards. The Board of Directors appreciated the consistent support of CMHPC members in its efforts to secure additional resources. The members of the Board of Directors are very dedicated and unpaid both for their service on their local mental health board and the Association. Unfortunately, those most penalized are consumers of mental health services in the public mental health system. We look forward to a more positive FY 2015-16.





California Association of Local Behavioral Health
Boards and Commissions

Annual Treasurer's Report 2014-2015

October 17, 2015

The current balance in our checking account is , rounding, \$102,000. We also keep \$25,000 in reserve in a savings account.

In the last year , we have spent a total of \$63,000 on our quarterly meetings (\$25000 for hotel lodging, \$36,000 for food and travel, and \$3000 for miscellaneous meeting expenses). At each Quarterly meeting there are about 20 Counties sharing and taking feedback to their respective Behavioral Health commissions. Our contract totaling \$55500 with MHSOAC ,reimburses 26 Directors who attend these meetings. The remainder of the \$8000 deficit expense this year comes from reserves and from voluntary dues payments by counties. This year, our income has been from 46 counties which have paid \$500 each.

Other outlays have been for a Central Regional meeting and training, Mental Health Board trainings for Sonoma County and Santa Cruz county, Coordinator Outreach to Santa Clara and Sonoma, and guests invited to our annual June meeting. These expenses have totaled \$4000. Extensive mailings of our president's Annual Report , thank you notes from our Finance Committee to all counties paying dues, and invitations to the annual board meeting have been done this year by Kings County and we appreciate this support as well as extra support from several other counties.

Annual Audit is conducted in October. All transactions, bank statements, balance sheet, cash flow and Reports from our 501 (c) (3) exempt corporation to government agencies our reviewed and reported to the full Board of Directors at that time.

Finance Committee and Treasurer have prepared a budget for the year 2015-2016, with line items emphasizing the work we do supporting and training Mental Health/Behavioral Health Boards, empowering consumers and family members in our communities, and advocating for Behavioral Health at the state level. This budget, allocating \$20000 anticipated dues income , was voted on at the Annual meeting , June 2015.

Beryl Nielsen, Treasurer

Respectively submitted

