



Help Me Grow Network (KCN)/ Help Me Grow

Developmental screening with connection to early intervention services for children under the age of 6 is an effective approach to supporting children's health development, school readiness, and lifelong success

DEVELOPMENTAL SCREENING

Developmental screenings are accessible to all children under age 6 through Santa Clara County Help Me Grow (HMG) partners such as FIRST 5 Family Resource Centers, and Pediatric offices. When a child is identified as needing further assessment, parents/caregivers and HMG partners are connected to the KidConnections (KCN) System of Care for behavioral health services. To access KCN services contact: 1-800-704-0900 or submit a STARTS referral at kcn.referral@hhs.sccgov.org.

KIDCONNECTIONS

KCN is a collaboration between the County of Santa Clara Behavioral Health Services Department (BHSD), FIRST 5, and Community-Based Organizations. KCN provides high quality early screening, assessment, and in-home/ community base treatment services utilizing an array of evidence-based practices and models such as but not limited to: Brazelton Touchpoints Approach, Reflective Practice, Trauma-Focused CBT, Child-Parent Psychotherapy, and Triple P Positive Parenting Program. In addition, KCN provides case management services to ensure children and their families access educational, and community resources to meet individual family needs. KCN services are reimbursable through Medi-Cal and FIRST 5. KCN levels of care include, but not limited to:

- **SCREENING & ASSESSMENT**

Providers utilize comprehensive, evidence-based screening and assessment tools, which look at the developmental, social-emotional, and relational needs and strengths of the child. Screening and assessments are completed in partnership with parents/ caregivers and in the context of their family and community setting.

- **THERAPUTIC SERVICES**

Services are provided by a clinical provider who utilizes a collaborative approach to strengthening the child-family relationship, with the goal of addressing and remediating any concerns that were identified during the screening and assessment process. Treatment goals and interventions are developed in partnership with parents/caregivers and utilize evidence-based age-appropriate treatment models that support individual, dyadic and family needs.

- **FAMILY DEVELOPMENT SERVICES**

Services are provided by a Family Specialist who offers support, guidance and coaching to strengthen the knowledge of parent/caregiver while reducing the prevalence of developmental and behavioral health challenges.

- **PARENTING WORKSHOPS**

Positive Parenting Program (Triple P) individual and group parenting workshops that aim to help caregivers develop and manage children's behavior in a constructive way using positive strategies that are based on building good relationships between the parent/caregiver.

KIDCONNECTION NETWORK OF PROVIDERS: PARTNER AGENCIES

- Alum Rock Counseling Center
- Kidango, Inc.
- Community Solutions
- Rebekah Children's Services
- Gardner Park @ Uplift Family Services
- Uplift Family Services
- KidScope BHSD
- Las Plumas- BHSD
- Sunnyvale- BHSD

For more information about KidConnections visit:

<https://bhsd.sccgov.org/information-resources/children-youth-and-family/birth-5-kidconnections-network-kcn-providers> or contact Crystal Nava, Early Childhood Mental Health Program Manager, crystal.nava@hhs.sccgov.org