



COUNTY OF SANTA CLARA  
**Behavioral Health Services**

Program funded by  
Mental Health Services Act (MHSA)  
<http://www.sccbhsd.org/mhsa>



WELLNESS • RECOVERY • RESILIENCE



Office of Consumer Affairs Program (OCA)  
**Esperanza Self-Help Center**



For more information, please contact:

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Requests for Peer Support can be emailed to::

[BHSDPeerSupport@hhs.sccgov.org](mailto:BHSDPeerSupport@hhs.sccgov.org)

Website [www.sccbhsd.org/esperanza](http://www.sccbhsd.org/esperanza)

1235 First Street  
Gilroy, CA 95020  
(408) 852-2460

*"We can accomplish more together  
than we can alone."*



## Community Resources

**Behavioral Health Call Center** .....1-800-704-0900

- Press 1: Mobile Crisis or Crisis & Suicide Prevention Lifeline
- Press 2: Referrals for Mental Health & Substance Use services
- Press 3: Assisted Outpatient Treatment
- Press 4: Navigator and General Information
- Press 5: Grievances

**Crisis & Suicide Prevention Lifeline** .....988

**Emergencies** .....911  
Ask for a **Crisis Intervention Trained (CIT) Officer**

**Crisis Text Line—English only**.....Text RENEW to 741741

**Domestic Violence Hotline**  
Next Door Solutions .....1 408-279-2962

**Report Child Abuse & Neglect Hotline**...1 833-SCC-KIDS

**Report Elder Abuse & Neglect Hotline**...1 800-414-2002

**Youth Substance Use Treatment Services Call Center**  
M – F 9:00 A.M. – 6:00 P.M. ....1 408-272-6518  
After Hours .....1 800-488-9919

**NAMI Santa Clara**.....1 408-453-0400  
National Alliance on Mental Illness

Behavioral Health Services Department Website  
[www.sccbhsd.org](http://www.sccbhsd.org)



## Office of Consumer Affairs Self-Help Centers

Free Peer Support Services,  
Groups and Education:

- Support Navigating the Public System
- Individual 1:1 Peer Support
- Resources, Linkages and Referrals
- Psychoeducational Groups
- Peer Support Groups
- Peer Social Groups
- Wellness Recovery Action Plan® (WRAP)
- Presentations on Community Supports
- Wellness Workshops
- Consumer Learning Center
- Computer Lab and Classes in Basic and Intermediate Computer Skills



## Program Vision

Through peer support, we see people advance in wellness and recovery, employment, education, housing, and engage in meaningful activities. We see individuals transform their lives, reach for their highest potential, engage in a vibrant social life and enjoy satisfying relationships in the community.

## Community Vision

To help people navigate multiple systems; link them to resources, provide emotional support, and education. Through these actions, we nurture personal empowerment, wellness and recovery.

*The Power of Community Heals*