



COUNTY OF SANTA CLARA
Behavioral Health Services

Program funded by
Mental Health Services Act (MHSA)
<http://www.sccbhsd.org/mhsa>



Office of Consumer Affairs Program (OCA)
Esperanza Self-Help Center



For more information, please contact:

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*"We can accomplish more together
than we can alone."*



Community Resources

Behavioral Health Call Center1-800-704-0900

Press 1: Suicide and Crisis

Press 2: Adult Mobile Crisis Services

Under the age of 18: 1 408 379-9085

Press 3: Behavioral Health Urgent Care 8:00 A.M. – 7:00 P.M.

Press 4: Referrals for Mental Health & Substance Use

Press 5: General Information

Suicide and Crisis Hotline 1 855-278-4204

Crisis Text Line–English only.....Text RENEW to 741741

Domestic Violence Hotline

Next Door Solutions 1 408-279-2962

Report Child Abuse & Neglect Hotline...1 833-SCC-KIDS

Report Elder Abuse & Neglect Hotline...1 800-414-2002

Youth Substance Use Treatment Services Call Center

M – F 9:00 A.M. – 6:00 P.M.1 408-272-6518

After Hours1 800-488-9919

Emergencies911

Ask for a **Crisis Intervention Trained (CIT) Officer**

NAMI Santa Clara..... 1 408-453-0400

National Alliance on Mental Illness

Behavioral Health Services Department Website

www.sccbhsd.org



Office of Consumer Affairs Self-Help Centers

**Free Peer Support Services,
Groups and Education:**

- Support Navigating the Public System
- Individual 1:1 Peer Support
- Resources, Linkages and Referrals
- Psychoeducational Groups
- Peer Support Groups
- Peer Social Groups
- Wellness Recovery Action Plan® (WRAP)
- Presentations on Community Supports
- Wellness Workshops
- Consumer Learning Center
- Computer Lab and Classes in Basic Computer Skills



Program Vision

Through peer support, we see people advance in wellness and recovery, employment, education, housing, and engage in meaningful activities. We see individuals transform their lives, reach for their highest potential, engage in a vibrant social life and enjoy satisfying relationships in the community.

Community Vision

To help people navigate multiple systems; link them to resources, provide emotional support, and education. Through these actions, we nurture personal empowerment, wellness and recovery.

The Power of Community Heals