For more information, please contact:

Karen Flink, Lead
Mental Health Peer Support Worker
Phone (408) 792-2146
karen.flink@hhs.sccgov.org

Francisco Marquez
Mental Health Peer Support Worker
Phone (408) 852-2157
francisco.marquez@hhs.sccgov.org

Website www.sccbhsd.org/esperanza

"We can accomplish more together than we can alone."

Office of Consumer Affairs Program (OCA)
Esperanza Self-Help Center

Program funded by Mental Health Services Act (MHSA)
http://www.sccbhsd.org/mhsa

1235 First Street
Gilroy, CA 95020
(408) 852-2460
**Community Resources**

Behavioral Health Call Center ...................... 1-800-704-0900
Press 1: Suicide and Crisis
Press 2: Adult Mobile Crisis Services
Under the age of 18: 1 408 379-9085
Press 3: Behavioral Health Urgent Care 8:00 A.M. – 7:00 P.M.
Press 4: Referrals for Mental Health & Substance Use
Press 5: General Information

Suicide and Crisis Hotline ...................... 1 855-278-4204
Crisis Text Line—English only .......... Text RENEW to 741741

Domestic Violence Hotline
Next Door Solutions ...................... 1 408-279-2962

Report Child Abuse & Neglect Hotline... 1 833-SCC-KIDS
Report Elder Abuse & Neglect Hotline .. 1 800-414-2002

Youth Substance Use Treatment Services Call Center
M – F 9:00 A.M. – 6:00 P.M. ...................... 1 408-272-6518
After Hours ...................................... 1 800-488-9919

Emergencies .............................................. 911
Ask for a Crisis Intervention Trained (CIT) Officer

NAMI Santa Clara .............................. 1 408-453-0400
National Alliance on Mental Illness

Behavioral Health Services Department Website
www.sccbhsd.org

**Office of Consumer Affairs**

Self-Help Centers

Free Peer Support Services, Groups and Education:

- Support Navigating the Public System
- Individual 1:1 Peer Support
- Resources, Linkages and Referrals
- Psychoeducational Groups
- Peer Support Groups
- Peer Social Groups
- Wellness Recovery Action Plan® (WRAP)
- Presentations on Community Supports
- Wellness Workshops
- Consumer Learning Center
- Computer Lab and Classes in Basic Computer Skills

**Program Vision**

Through peer support, we see people advance in wellness and recovery, employment, education, housing, and engage in meaningful activities. We see individuals transform their lives, reach for their highest potential, engage in a vibrant social life and enjoy satisfying relationships in the community.

**Community Vision**

To help people navigate multiple systems; link them to resources, provide emotional support, and education. Through these actions, we nurture personal empowerment, wellness and recovery.

*The Power of Community Heals*