



# WELLNESS SPEAKERS BUREAU

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INTERESTED IN JOINING A PANEL?

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## LGBTQ Wellness

A program of  Family & Children Services  
of Silicon Valley

[www.fcservices.co/lgbt-wellness](http://www.fcservices.co/lgbt-wellness)

452 S. 1st Street, San Jose, CA 95113

## Our Mission:

The Wellness Speakers' Bureau promotes awareness and education about issues of gender and sexuality. We share our stories to educate the community about our pasts, and provide a forum to discuss ways we can ensure a positive future for LGBTQ persons. The goal of the Wellness Speakers Bureau is to eliminate stigma associated with being LGBTQ, and to provide a supportive environment for all persons willing to listen.

## Who we are:

The Wellness Speakers' Bureau is a group of lesbian, gay, bisexual, transgender, and rainbow identities who speak about our personal experiences as members of the LGBTQ community. We are a group diverse in age, ethnicity, gender, sexual orientation, religion, ability, and socioeconomic background.

## About LGBTQ Wellness:

LGBTQ Wellness is a program of Family & Children Services that provides mental health and cultural education to residents of all ages in Santa Clara County. We serve individuals who identify as lesbian, gay, bisexual, transgender, queer, questioning, and all other gender and sexual identities. We also partner with community agencies throughout the county to provide free trainings, events, and workshops in order to celebrate LGBTQ identities.

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