



Stigma, discrimination, and inadequate access to culturally appropriate mental health services create a disproportionate burden for LGBTQ communities. As a result, LGBTQ Californians are unserved, underserved, and inappropriately served by the California public mental health system.

#Out4MentalHealth engages LGBTQ people throughout California to develop a mental health equity agenda and offer tools and resources that address these disparities and make our shared goals a reality. Over the next three years, we are working on:

State of the Community Report

- Increase knowledge & understanding of LGBTQ mental health needs
- Focus on diverse LGBTQ topics and needs
- Create recommendations to close LGBTQ disparities
- Distribute the Report as an advocacy tool for all LGBTQ people in California

Training & Education

- Train decision makers about LGBTQ mental health needs and system barriers
- Provide LGBTQ-affirming trainings
- Provide education to LGBTQ communities on vital LGBTQ health concerns
- Support agencies to provide effective transgender and bisexual programming

Outreach & Engagement

- Keep you up-to-date about the latest LGBTQ mental health news through our blog, newsletter, Facebook, and Twitter
- Host town halls throughout the State to hear feedback from local LGBTQ communities on mental health
- Link LGBTQ communities with local mental health services

Advocacy

- Advocate for policies to improve LGBTQ wellbeing and drive State and local investment in addressing disparities
- Create and coordinate county LGBTQ task forces to advocate for laws, policies, and services that support LGBTQ wellbeing
- Train community members to be effective health care advocates

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And Contact us at info@out4mentalhealth.org

#Out4MentalHealth

is a collaborative effort of



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and is excited to work alongside the following organizations:

Equality California brings the voices of LGBTQ people and allies to institutions of power in California and across the U.S., striving to create a world that is healthy, just, and fully equal for all LGBTQ people. We advance civil rights and social justice by inspiring, advocating, and mobilizing through an inclusive movement that works tirelessly on behalf of those we serve.



genderspectrum

Gender Spectrum's mission is to create a gender-inclusive world for all children and youth. To accomplish this, we help families, organizations, and institutions increase understandings of gender and consider the implications that evolving views have for each of us.



LOS ANGELES LGBT CENTER

The LA LGBT Center's programs, such as the youth RISE Project, the STOP Violence Program, and the Senior Services Department, provide community training and services to support LGBT health in LA and beyond.

Project RISE is a research team at UC Santa Barbara that develops and studies interventions to support LGBTQ individuals and communities.



USC School of Social Work

LGBT Health Equity Initiative

The USC LGBT Health Equity Initiative (HEI) was created to lead scientific inquiry into the physical, emotional, and social health of LGBT youth, adults and families, and guide best practices for achieving health equity for this population.

The LGBT Cancer Network is best known for its LGBTQ cultural competence training for health and human service providers, having created a nationally recognized curriculum and toolkit.



and Seth Pardo, PhD., who provides expertise for our evaluation and data analysis efforts.

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