Intervention Workgroup Meeting Notes

1. Welcome/ introductions
   - Suicide Prevention Week: Academic coffee, Uproar brewing, and Veros Coffee are participating in the EMM coffee shop activity.
   - AFSP South Bay Walk will take place on 10/20/19, register at afsp.org/southbay.
   - MHSA Stakeholder Leadership Committee Kick Off Event: Tuesday, October 1, 2019 from 3:00-5:00pm at Santa Clara Valley Specialty Center, Room BQ160.
   - NAMI walk at arena green on 8/21/19.
   - National Action Alliance Network, “Self-care for Faith Leaders After a Suicide” video launches next week.
   - Angst screening and mental health panel on 10/26 from 6:30-9pm at Saint Francis of Assisi.
   - Mego met with Dawn Brown from NAMI Faithnet and invited us to a conference for faith leaders on self-care.

2. Update/summary from last meeting
   - Adapt strategies for PI community.
   - PHD presented on PI health data.
   - PI outreach locations: Momentum for Mental Health, Tafatolu Bingo Hall, First Samoan Congregational Church of San Jose, Tafatolu Congregational Christian Fellowship Hall, First Tongan United Methodist Church of Palo Alto, and Island Reggae Festival (survey distribution not permitted).

3. Presentation by San Mateo Pacific Islander Initiative- DannyBoy Naha-Ve’evalu and Sue Vuna
   - The name of the presentation is, “No one can speak for us but us.”
   - Representation for all islands.
   - Current mountain protection in Hawaii from telescope development.
   - Monna means ocean. Think of the ocean as part of the islands as well. “We are ocean, we are land.”
   - Melanesia (melanin islands) Fiji, Papua New Guinea, West Papua, Solomon Islands, Vanuatu, and New Caledonia.
   - Polynesia (many islands) Hawai’i New Zeland, Samoa, Tonga, Easter, Cook Islands, French Polynesia, Tuvalu, Tokelau, and Niue.
   - U.S. citizens: Hawai’i and Guam.
   - We also find Tonga and Fiji in populations in SCC.
   - Values: Knowledge, deference, belonging, reciprocity, duty, and respect.
   - Went over NHPI statistics from 2014 demographic report (see attachment).
   - Deaths by suicide are kept under the radar.
• Go into the community, sit with the community, and determine how can they be a part of the process.
• PI are often excluded from coming up with solutions or strategies for themselves.
• Digital stories can be found on the San Mateo Pacific Islander Initiative website.
• Village voices responses will be emailed.
• Suicide Prevention Portrait Series developed for so the community can tell their own stories. Social media analytics showed 15k shares for SP portrait series.
• Provide familiar formats like a panel and open dialogue.
• Healing Paint: centered around mental health. 4 sessions.
• Oral history project with a suicide prevention focus. Archive stories online so they’re accessible to the community when they need some support.
• Elder week program in San Bruno about their life back home and here in America.
• Some religious institutions we can target are Methodist, Catholic, and Assembly of God.
• Partner with churches, community members, and youth leaders.
• Materials can be shared but will have the San Mateo County logo.

4. Brainstorm discussion- next steps and other partners to work with

### Attendees:

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<tr>
<th>Name</th>
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<tr>
<td>Mego Lien</td>
<td>Suicide Prevention</td>
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<td>Evelyn Quintanilla</td>
<td>Suicide Prevention</td>
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<td>Jasmine Lopez</td>
<td>Suicide Prevention</td>
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<td>Chris Miller</td>
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<td>Daniel Naha-Ve’evalu</td>
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<td>Sue Vuna</td>
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<td>Ana Hermosillo</td>
<td>SACS</td>
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<td>Barbara Zahner</td>
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<td>Vic Ojakian</td>
<td>NAMI</td>
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<td>Luisa Sempere</td>
<td>Suicide Prevention- volunteer</td>
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<td>Mary Ojakian</td>
<td>AFSP/ HEARD Alliance</td>
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