



**HAVING SUICIDAL THOUGHTS?**  
**Let's talk about it.**

**Call the Suicide & Crisis Hotline**  
**1-855-278-4204**

Trained volunteer counselors available 24/7

Free and confidential

[scchope.org](https://www.scchope.org)

Better Health for All



COUNTY OF SANTA CLARA  
**Behavioral Health Services**