

# Young Adult's Meet-Up Group

**Fridays from 1:30-3:00**

Zephyr Self Help Center

1075 E. Santa Clara St

San Jose, CA 95116

(Back Of the Building)

(408) 792-2140



You want a place to hang out with friends and meet new people? Zephyr's young adult meet-up group is a group that helps individuals meet their goals. We cover different areas from job resume building, art projects, school readiness, and discuss community resources available to young adults. Each group offers a step toward independence and self-sufficiency.

Come Join Us!



[www.sccbhsd.org/zephyr](http://www.sccbhsd.org/zephyr)



COUNTY OF SANTA CLARA  
**Behavioral Health Services**

Supporting Wellness and Recovery